

THANK YOU BEAR activity one



TIME ALLOTTED: 3/5

OBJECTIVE:

Learn to be grateful for all things big and small

EDUCATION INVOLVED:

Reading, story comprehension, and writing skills

MATERIALS:

"Thank You Bear" by Greg Foley | Unstuffed Bear Fluff | Writing Activity Sheet | Writing Utensil





Let your little one(s) build Bentley the Bear! Have them stuff the empty bear with the fluff material and then Velcro it shut.





Snuggle up with your little one(s) while reading "Thank You Bear." Read the story aloud to them or let them read it to you!



3 DISCUSSION POINTS

Once you are done reading, use the following bullet points as a guide for diving deeper into the meaning behind the story with your little one(s). Encourage them to use Bentley to explain their thoughts.

- What it means to be thankful
- How Bear showed he was thankful for Mouse
- How Bear's Gift made mouse feel
- The simplicity of Bear's Gift
- Why giving someone a gift shows you appreciate them
- Small things in your life you are thankful for



Use the Writing Activity Sheet to allow your little one(s) to practice their writing and/or tracing skills.

WRITING ACTIVITY SHEET
Then Mouse crawted
and said tt's the
greatest Ming e



READ ALOUD

View video #1 for a follow-along reading of "Thank you Bear" that your kiddo(s) can enjoy over and over again!



MESSINESS: 4/5

TIME ALLOTTED: 5/5

OBJECTIVE:

Show gratitude by making a gift for someone you appreciate

EDUCATION INVOLVED:

Pattern making, sorting, counting, and fun facts about acorns

MATERIALS:

Acorn craft set | Paintbrush | Craft mat | White Glue Water | Scissors (optional)





Sort your tissue paper pieces by color. Then, choose one color and estimate how many pieces you think are in that pile. Count to see how close your estimation was!



Get your craft mat out and follow the Acorn Instructions below OR watch video #2 for a step-by-step tutorial explaining how to create your acorn craft.



Create your tissue paper glaze by mixing glue with a small amount of water until the glue is a thin liquid.



Use your paintbrush to apply the glaze to one side of the clear sheet.



Place the tissue paper pieces on the glaze and apply another layer of glaze on top.



While the glaze is drying watch video #3 to learn more about acorns. After the video, move on to the "Make a Pattern" Activity.



Once the glaze is dry, trim away any excess tissue paper that is hanging off of the clear sheet.



Fold the string in half and secure it between the clear sheet and the foam frame pressing the frame down.



While your craft is drying, use your tissue paper pieces to build three different patterns. Get creative and have fun! After this feel free to use something from your home (like a blow dryer) to help speed the drying process up, or move on and come back to step 5.



Just as Bear from the story does, have your little one(s) think of someone they would like to show their appreciation for by giving their acorn craft to this person. Discuss with them why they want to choose this person and how making something for someone is a good way to show that you are grateful for them.



ACORN CRAFT TUTORIAL

View video #2 for a step by step tutorial.



GRATITUDE CARDS activity three

Messiness: 1/5

TIME ALLOTTED: 4/5

OBJECTIVE:

Get moving while thinking of all aspects of life that you are grateful for

EDUCATION INVOLVED:

Counting, number recognition, number ordering, even vs odd

MATERIALS:

Gratitude Cards



1 LEARN ABOUT GRATITUDE

Pull up video #4 for a lesson about finding ways to be grateful in all aspects of life. While your kiddo is watching the video, hide the gratitude cards around your entire home or a few rooms in your home where you know that they will be able to find them.



Once the video is over and the cards are hidden, allow your kiddo to begin their hunt! Encourage them to keep searching until they find all 15 cards.

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After all the cards have been found, have your little one(s) work on their number recognition skills by using the number side to place them in numerical order from 1-15. If they know another language get them to say the numbers in that language! Take it above and beyond by challenging them to separate the numbers into two piles of even and odd numbers.

GRATITUDE IN ACTION

Go through each card with your little one(s) and have them name each thing that they are grateful for. Then discuss the ways each card says that you can show gratitude or give back to the things you care about through your actions. Throughout the next few days and weeks, challenge your little one(s) to complete each gratitude action from the cards. Once they complete the action, have them place that gratitude card into their Kids Night In Box until they have no more left!





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View video #4.





Messiness: 1/5

TIME ALLOTTED: 4/5

OBJECTIVE:

Create a keepsake as a reminder of the big and small things that you are thankful for

EDUCATION INVOLVED:

Tree facts & writing skills

MATERIALS:

Foam Tree Kit | Giving Tree Card | Glue Pen or Marker



LEARN ABOUT TREES

Use the Giving Tree Card as a reference while discussing with your little one(s) all the ways that trees give back to us and why we should be grateful for them.

2 CREATE YOUR LEAVES

Have your little one use a drawing utensil to write something they are grateful for on each leaf.

BUILD YOUR TREE

Peel both foam tree pieces out of their background piece. Then slide the two pieces together to make the tree stand. Use your glue to attach each leaf somewhere on the trees' branches. It is easier if you place the glue onto the tree itself rather than the leaves and remember LESS IS MORE!

Once you are finished and the glue is dry, place your tree somewhere that it can be seen. Use this as a way to continue conversation in later days about having a grateful heart for the important things in your life.





GRAB YOUR WAYS TO CONTINUE CARD ONCE YOU HAVE COMPLETED THIS CARD!