



Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Liability Waiver and Photography Release

I, \_\_\_\_\_ hereby agree to the following:

1.) I am participating in yoga classes, workshops and/or wellness, body work, therapy, and exercise (collectively "The Activities") offered by Maitland Harmony Yoga, LLC and/or its owners, managers, instructors, workshop presenters, employees and independent contractors (collectively called "The Studio")

2.) I recognize that I must be in adequate physical and mental health to participate in the Activities. I understand that the Activities may require physical exertion, and I represent and warrant that I am physically fit enough to participate and I have no medical condition which would prevent my full participation in The Activities. I recognize that the Activities may cause or aggravate a physical injury or medical condition. I understand that it is my responsibility to consult with a physician before my participation in the Activities. If I have done so, I have taken the physician's advice. I understand that the Studio reserves the right to refuse my participation in any Activity on medical, fitness or any other grounds.

3. I agree to assume full responsibility to any risks, injuries or damages, known or unknown, which I might incur as a result of participating in the Activities at the Studio. I knowingly, voluntarily waive any "Claim" I may have against the Studio that I may sustain as a result of participation in the Activities at the Studio even if the claim arises from the negligence of any Released Party or anyone else.

4. I agree to indemnify and hold harmless each Released Party from any loss or liability incurred in defending any claim made by me or anyone making on my behalf.

5. I acknowledge that I have carefully read this agreement and fully understand its content. I voluntarily and knowingly agree to the terms and conditions herein.

#### 6. Photography Release

I agree to allow myself to be photographed. Because of the virtual nature of our studio, we cannot guarantee that your identity won't be represented online either audibly or visually. We also rely heavily on image-based social media, and use studio and member shots to promote our business. We make every attempt to ask for permission to post, but please let instructors or representatives of Maitland Harmony Yoga if you wish to not be photographed. We will do our absolute best to ensure your privacy but cannot guarantee it.

\_\_\_\_\_  
Signature of Participant.

\_\_\_\_\_  
Date