



**2026 Ocean City Swim Team Spring Schedule: 4/13 - 6/19/26**

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Yellow</b>	<b>5:00 - 6:00PM</b>	<b>OFF</b>	<b>5:00 - 6:00PM</b>	<b>OFF</b>	<b>5:00 - 6:00PM</b>	<b>OFF</b>	<b>OFF</b>
<b>Blue</b>	<b>5:00 - 6:00PM</b>	<b>OFF</b>	<b>5:00 - 6:00PM</b>	<b>OFF</b>	<b>5:00 - 6:00PM</b>	<b>OFF</b>	<b>OFF</b>
<b>Bronze</b>	<b>5:00 - 6:30PM</b>	<b>5:00 - 6:30PM</b> <b>Dryland: 6:15-7:00PM</b>	<b>5:00 - 6:30PM</b>	<b>5:00 - 6:30PM</b>	<b>5:00 - 6:30PM</b>	<b>OFF</b>	<b>OFF</b>
<b>Silver</b>	<b>6:00 - 8:00PM</b>	<b>5:00 - 6:30PM</b> <b>Dryland: 6:15-7:00PM</b>	<b>5:00 - 8:00PM</b>	<b>5:00 - 7:00PM</b>	<b>6:00 - 8:00PM</b>	<b>OFF</b>	<b>OFF</b>
<b>Gold</b>	<b>6:00 - 8:00PM</b>	<b>5:00 - 6:30PM</b> <b>Dryland: 6:15-7:00PM</b>	<b>5:00 - 8:00PM</b>	<b>5:00 - 7:00PM</b>	<b>6:00 - 8:00PM</b>	<b>OFF</b>	<b>OFF</b>

Practice times are subject to change. You will be notified via email while changes happen.