Dee's Dolphins Swim Schedule 2022

Adult triathlon swim training OR Adult swim lessons by appointment Mornings and weekends. \$80.00 hr.

<u>Monday May 9th -31st</u>: Private lessons/ semi private @5005 Royalton Dr 2:00, 2:30, 3:00, 3:30, 4:00pm \$45.00/ \$50.00 semi private ages 3-up

ALL morning sessions begin June 6th taught at Lakes pool 7502 Venice Dr. All afternoon sessions taught in backyard home pool

<u>June Group Sessions:</u> Monday-Thursday 8 thirty minute classes <u>9:00am OR 4:00pm Level 1</u> Intro. Into water skills (No previous lessons) <u>9:30am OR 4:30 pm Level 2</u> Fundamental Aquatic skills (can put face in water and blow bubbles, ready to float on stomach and back)

10:00am OR 5:00pm Level 3 Stroke Development (can float on stomach and back unassisted)

10:35am OR 5:30 pm Level 4 Stroke Improvement (can freestyle and backstroke)

11:10 am Level 5-6 Stroke Refinement (all 4 strokes are taught)

Sessions:

<u>June 6-16</u>

<u>June 20-30</u>

<u>July 5-14</u>

<u>July 18-28</u>

<u>August 1st-31st</u> classes can be created afterschool on an "as needed basis" since school will be starting for most ISD's.

Sept. 6th-16th will also be offered "as needed basis"