

Spring | Summer 2016



CONTRIBUTORS

Editor's Note



ROBIN FISHER

Founder & Editor-in-Chief

It's something about the the Spring and summer seasons that rejuvenates me, and gets me excited to live my life to the fullest. Maybe because at my core, I know I'm a Cali girl living on the east coast. During the fall and winter months, I honestly crave the heat of the sun, colorful flowers blooming, and the sound of the water. I guess you can say pure old nature. My favorite part about this time of year is people start showing a little skin, wearing bold color combinations, and don't get me started on the great makeup!

In 2016, I'm learning and growing to understand that life is not something you master, but something you experience. I'm a confessed control freak and workaholic, and the only thing that can slow me down is good old life! My biggest lesson this year is, "No one is promised tomorrow", so on that note, let's commit to getting ourselves together, being happy and start living the life we truly desire today! @polishedimage.



JEFF ENRIQUEZ

Beauty expert Jeff Enriquez was formally trained as an artist at Duke Ellington School of the Arts and Corcoran College of Art and Design where he obtained his Bachelors in Fine Arts degree. Today, he brings an artist's eye to his work applying the rules of light, undertones, blending and color theory to the faces of the everyday woman. @makeupmachine



DELORES HOLLOWAY

A wife and mother of three, created "a little bit of whimsy photography" with the idea of capturing visuals that document a moment in time. Delores is extremely passionate about her work and ultimately it's importance to the clients that step in front of her camera. "Capturing that moment in time that will last a lifetime is fundamental to my business. When this is achieved with honesty and truth, relationships are formed, always. @alittlebitofwhimsyphotography

Magazine Cover Photographer



FOR THE POLISHED WOMAN

SS 2016 POLISHED TREND EDIT

By Robin Fisher

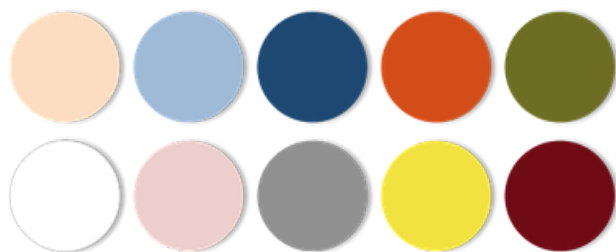


This season the runway was filled with vibrant silhouettes, and punchy color combinations that exhibited a much more relaxed vibe than previous seasons. The flair bottom trousers returned, and fabrics that flowed dominated through all categories (tops, bottoms, and dresses). I'm pretty sure it's safe to say, good bye for now to the 100% ultra tailored and structured looks of past seasons.



The 70's trends that I told you were coming last season, have arrived! Don't panic, you can still wear your skinny and cropped pants, along with those comfortable wedge sandals. However this season consider adding a few prints you love, some bold color basics, and a couple of strong accessories to set off your looks! When shopping remember the vibe for the SS 2016 season is all about enjoying life, and living to the fullest.

POLISHED APPROVED TRENDS:



COLOR PALETTE

1. 70's Looks
2. Gypsy Details
3. Tucked in Shirts
4. Denim Anything
5. Lace-Up Sandals
6. Interesting Layers
7. Distressed Denim
8. Punches of Color
9. Flair Bottom Pants
10. Tailored Jump Suits



Steven Alan Optical



Markus Luper



Karine Sultan



Ralph Lauren



Joe's Jeans



Theory



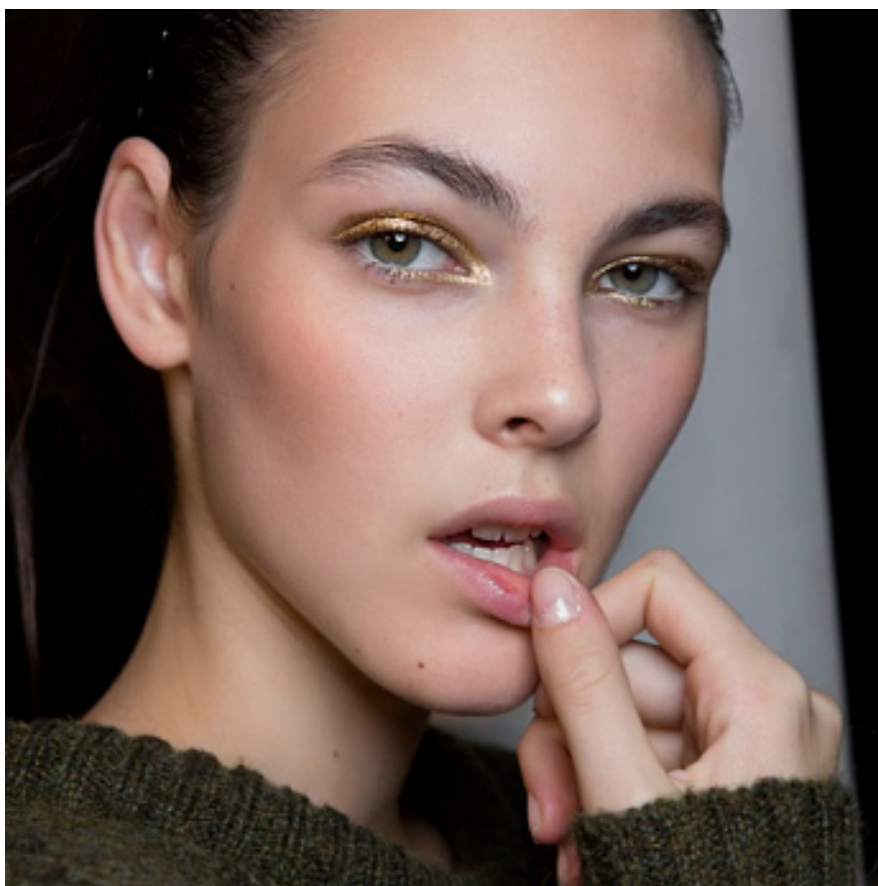
Top Shop



Ancient Greek Sandals



River Island



Makeup Trends to Rock

By Jeff Enriquez

Image: Pinterest

SPRING / SUMMER 2016

With Spring 2016 officially upon us, beauty addicts everywhere will surely be swapping their oxblood lips and muted eyeshadow palettes for brighter, punchy shades in the weeks ahead. If you're planning to emphasize your lips or eyes this season, try taking your makeup inspiration from the spring runways. Here are a few striking statement looks from the catwalks which will surely breathe new life into your beauty regimen.

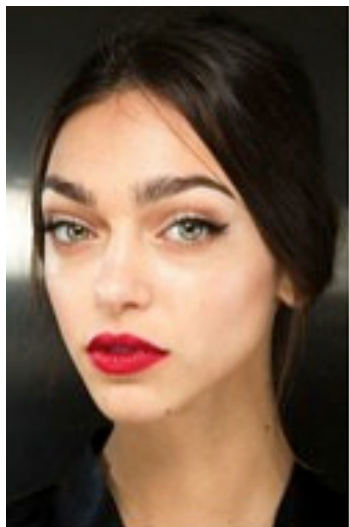


Image: Pinterest

Brow Wow

If you prefer to leave your brows in their natural state, this is most certainly the year to do so. Michael Kors, Alberta Ferretti and Versace girls hit the runway with sexy natural arches that were neither filled in nor cleaned up. The brows look almost unkempt, the lids all over covered in neutral tone shadows or shades that subtly enhance the eye color. This seasons brows are on the natural side for the most part, thicker and more appealing to those of us that have gotten used to seeing things without artificial effects. Thicker feral brows are trending quite strongly, proving that the bolder brows are not going anywhere anytime soon. If you're not comfortable sporting this trend in its overall glory, I suggest using a lighter hand and resist the urge to overfill, over pluck and perfect them.



Image: Pinterest

Blue Hue

From cobalt to turquoise, blue added eye-popping dash to makeup on the Spring 2016 catwalks. While the azure looks were eye-catching and gorgeous, a lot of women are still scared to experiment with the shade that brings on bad memories of frosty blue eyeshadows of the 70s and 80s. But unlike the look of that era, the blues right now are modern, fresh and easy to wear. For those who need baby steps, an easy way of incorporating the color blue into your makeup is by adding a touch of the hue to the lower lash line. Use your regular shadows for the top of your lids, but add the surprising shot of color to the bottom of your eyes for a fresh, updated look.

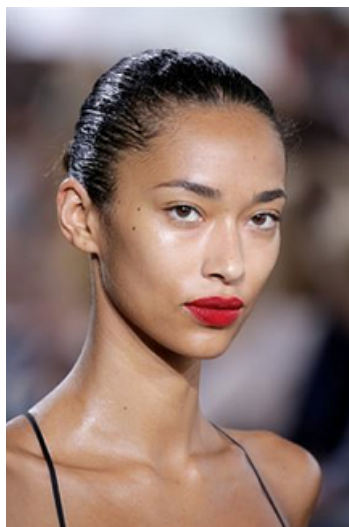


Image: Pinterest

Candy Apple

This season, the brilliant red pout is officially back with a vengeance, as evidenced on the runway by the bevy of candy apple-toned lip colors. At Jason Wu, shockingly red matte lips contrasted against a barely-there makeup look and flawless skin. Meanwhile, Céline paired a slightly understated red lipstick shade with full brows and funky winged black eyeliner. Oscar de la Renta's approach to the vivid scarlet lip trend was incredibly feminine, with glowing complexions and darkly lined eyes showcasing the color. The best way to show off this look is to focus on the lips with a matte red and leave the rest of your face fairly plain.

Shopping List

BEAUTY UPDATES...



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