



Ursula Rodriguez

IS AN ACCOMPLISHED ARTIST, MOTIVATIONAL SPEAKER AND WORKSHOP GUIDE.

AS FOUNDER AND CEO OF SOLEIL VIDA STUDIO, URSULA HOSTS DIY CRAFT WORKSHOPS, THAT GUIDE WOMEN TO EMPOWER THEIR INNER CHILD THROUGH THE HEALING POWER OF CREATIVITY.

COLLABORATIONS



LET'S GET SOCIAL



Signature Workshops

CONNECT WITH YOUR INNER MIJA TO WALK INTO YOUR PODEROSA ERA

- Acknowledge her
- Validate her
- Nurture her with Creativity
- Empower her

YOUR INNER GLOW UP FRAMEWORK FOR EMPOWERMENT

- Connect with your Inner Mija
- Healing in Comunidad
- Mind-Body Connection
- Healing Transformation

HARNESS THE TRANSFORMATIVE HEALING POWER OF CREATIVITY

- G- Growth Mindset
- L- Love
- O- Openness/ Acceptance
- W- Worth

DURING SOLEIL VIDA'S WORKSHOPS, URSULA ENGAGES ALL 5 SENSES TO CREATE A POWERFUL HEALING EXPERIENCE FOR ALL AND INSPIRES CREATIVITY THROUGH ARTS AND CRAFTS TO ALLEVIATE EVERYDAY STRESS AS ATTENDEES LEAVE FEELING EMPOWERED.

TESTIMONIAL

“ FROM THE CONVERSATIONS TO THE ENERGY IN THE CRAFT ROOM, CREATING IN SUCH A WORRY FREE ENVIRONMENT SURROUNDED BY OTHER BADA\$\$ WOMEN BROUGHT ME SO MUCH JOY. - CHRISTINE ”

IN THE PRESS

