



Unwrap *health* this holiday season

OUR SEASONAL SPECIALS

HBOT Holiday Healing | \$525

Rejuvenate with 10 hyperbaric oxygen therapy sessions and receive a complimentary wellness consult including HRV with our FM provider (valued at \$1150).

Mud Bath Bliss | \$300

Indulge in a package of 5 serene mud baths for the ultimate escape (valued at \$375).

Relax RX | \$100

Enjoy 5 sessions of Brain Tap or Alpha Stim with LED light therapy to alleviate inflammation and anxiety.

Sauna Serenity | \$100

Warm up this winter with 10 sessions of 50-minute sauna bliss (valued at \$500).

Inner Harmony | \$525

Invest in your mental wellbeing with our counselling special (valued at \$640).

Myers Cocktail Cheer | \$365

Revitalize your wellbeing & combat seasonal stress with 3 Myers Cocktail IV therapy sessions (valued at \$405).

Ozone Therapy Joy | \$800

Breathe in wellness with 10 ozone therapy sessions, inclusive of a complimentary consult from our FM provider (valued at \$1100).

Festive Savings

Enjoy a 10% discount on DPs through the year's end and save \$250.