



TOX

PRE AND POST CARE (Botox/Dysport/Daxxify/Jeuveau)

PRE-TREATMENT CARE

- If okayed by your healthcare provider, do not take any blood thinning medications such as Ibuprofen, Advil, Vitamin E, Fish oil, Excedrin, Aleve, etc. for at least two weeks prior to your treatment.
- Avoid alcohol and caffeine at least three days prior to your appointment. This will help diminish the bleeding, bruising, and swelling during and after your injections, which will result in making the overall procedure and recovery more comfortable for you.
- Stay hydrated and avoid coming in on an empty stomach. This will also help provide comfort during your appointment.
- Any antibiotics taken need to be completely finished two weeks prior to injection appointments.
- Separate any dental visit out two weeks before/after any injection appointment.
- Separate any immunizations or booster injections out 4 weeks before/after any injection appointment.

POST-TREATMENT CARE

- Stay upright for 4-6 hours post-injection
- Avoid alcohol, exercise, hot tubs, saunas for 24 hours.
- Avoid wearing makeup for 24 hours. Sleep with your head elevated. Do not massage your face aggressively or press/manipulate the treated area.
- If okayed by your healthcare provider, avoid taking any blood thinning medications (listed above) for at least 48 hours after treatment.
- Stay well hydrated.

If you have any questions before or after your appointment, you can email us at info@lakeshoreskinandbody.com or call/text us at 906-273-0512. Thank you for choosing Lakeshore Skin + Body!