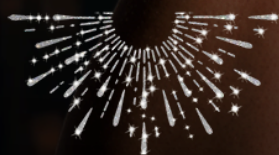


# THE *GOLD* CODE

THE WEALTH  
REALITY WORKBOOK

REWRITE YOUR WEALTH REALITY  
WITH THE ENERGETICS OF  
MULTIPLYING MONEY



JOCELYN KELLY REID



# JOCELYN KELLY REID

Hi gorgeous!

**Welcome to The Gold Code Wealth Reality Workbook**

Let's take everything we chatted about in this module deeper

Do not judge yourself for anything that comes up

I have been through every financial reality you can possible imagine from \$100k in debt and choosing between gas and food to rising into millions cash received in a few short years

Yet, even at \$50k cash months my bank account was flat lined, before I learned everything I teach inside my signature wealth building program Overflow which  
The Gold Code is Module 1 of!

Commit to yourself, fall in love with this journey, be a woman who believes in magic created on purpose because that's what we're doing here

Let's go.

# INTRODUCTION



LOVED our first call! Here are the questions to journal and be with in advance of our next call

I know it's easy to skip this step after listening to the content, however I encourage you to allow yourself the deepening that occurs when you move from learning "passively" to allowing further self discovery through writing and intentionally guided contemplation

The Wealth Reality Workbook is not your basic worksheet. It's an energetic portal designed to move frequency inside you and ignite new action

Please complete before moving into Call 2!





## Communication & Life Patterns

When it comes to the **directness, clarity, and potency** of  
How you communicate...  
Your relationships...  
How you spend your time...  
The level of conversation you entertain—with yourself and  
others

What you say matters to you vs. how you show up for it

Where are the energetic leaks?  
Where are you operating in ways that no longer serve your  
evolution?





What new actions and ways of being are you committing to no matter what? Higher levels of wealth come with higher standards that are held consistently





## Reactivity Patterns

Where are you still thinking, living, deciding in reaction to money?

Really clock this behavior and look at how  
you can more powerfully *LEAD* money  
instead





## Receiving Money

When you receive money at the level you're used to, more than you're used to, and less than you'd like — what stories do you tell?

Practice receiving ALL amounts of money as evidence that money comes to you always, all ways. As evidence that even more is on its way to you now because why would it be any other way? You simply exist *in Overflow*





## Holding Money

When it comes to holding money, what masculine structures are not yet firmly in place around your money? It's time to be the CEO who knows her numbers, where her money is coming in from, and where it's going

Anywhere you would like a number to go up, or down, set an *energetic intention* and know that intention is the *frequency activation* into the moves you make going forward around money. Skip telling stories and bringing “little girl energy” to your money







## Numbers are simply neutral information

If you find yourself triggered — take the trigger deeper than "I feel bad because I didn't make more money."

It's never about the money on its own. Lean into what *actually* makes you uncomfortable, then go another level deeper and keep going until it's like BOOM that's what is....and feel that release.





## RAPID GROWTH INSIGHT

What we think is the problem is never the core of the “problem.” There is normally a way we are not being fully self honest. Take the lens of self honestly as you observe yourself and see when you try to outsource the "problem" to money vs the ways in which you're thinking, seeing, and moving.

Increased self awareness solves a great majority of life's problems.

Most humans are simply not as self aware as they think they are which is also why we have support to see more clearly!





## Growing Money

When it comes to growing money are you being creative with how you do so? For ex is all your money sitting in a checking or standard savings account that does not make you any money?

**TAKE ACTION.**



## For Example

\$10k in a high yield savings account, if you continue to put in \$10k a year for 5 years with a rate of 4.5% this would net out to \$67k in 5 years

While of course there are other ways to accelerate your money faster, it simply makes sense for the cash you sit on to be working for you and small numbers add up over time when you consistently add to your pot. Wealth is about playing the long game.

If you need financial advice of course you can speak with a financial advisor and there is an enormous amount of free investing education on the internet.

Make sure to tune into Bonus Call 6 with my accountant who helped me pay only \$13k in taxes on my first million dollar cash year, where we chat about tax free wealth building — legally, later in the program

Also ask your accountant about ways you can grow your money that also optimize your taxes. There are endless ways to grow the money you already have, not to mention to keep more of it vs handing an absurd amount over to the government, while also of course growing your company or standing firm in raise after raise if you're in corporate







## Flowing Money

When it comes to flowing money, where do you move in hesitation, and think of flowing as "paying bills," a loss, a dip in the account or any other lower frequency way of being with flowing vs seeing the flow as an activation into more

An energetic exchange for things you want and are unwilling to go without?

For example, I am totally unwilling to go without the lights on in the house, so I do not look at paying utilities as an "expense." Instead I'm like thank f\*ck I have light.  
Moving on with my day.





## Practice flowing money from an energetic place of OVERFLOW

*"This money comes back to me ten fold. This money flow nourishes my cup for xyz reason. I LEAD money so when I flow money in ways that are aligned for me, obviously I am a match for it to replenish itself right now...and compound."*

After you flow money be mindful that you do not outsource your power or drop your energy — eg this is the investment that will "fix" everything, this "has" to work out, wondering when you will "make your money back," leaning into mentorship from a place of being saved or with disempowered frequencies, bringing a panting relationship to the receiving of money because you just flowed money.

*It's AFTER the flow that most people drop the ball, and wonder why the money isn't replenishing quickly. They are back to living in reaction to money. Bring self awareness to this pattern and choose differently.*





## Bank Account Integration

Practice looking at your accounts and simply deciding, "I'm in OVERFLOW" every time you see the numbers, without feeling like you're intensely repeating affirmations all day. This is not an affirmation or mind game — it's an energetic decision. Just let it be casual and light. When you see the account spike, decide this is the new baseline without going into constriction or stress to try to maintain the number — trust the process and know that everything we are anchoring in the program is adding up

Instead flow from alignment, be abundant in the frequency you carry after you flow, and allow the money to come right back and compound without looking for it to which slows it down. Then start playing with bigger numbers in the accounts and let it be fun.

Money is just a game.





## Attuning Your Life to Wealth *Your Way*

In what areas are you not leading yourself, your money, your life in alignment with the felt frequency of the wealth you desire?





What tangible changes is it time to make?

Make the upgrades you know it's time for big  
and small. Do not underestimate the  
compound effect of small aligned moves over  
time — they are just as potent energetically as  
the big moves





## KEY WEALTH FLOW INSIGHTS

Move cleanly with money. When you sign up for something make all your payments, make them on time, be resourceful and figure it out.

Pay people in general in your life and biz on time, put your "bills" on auto pay, stop stalling to pay for things you know you're going to pay for anyway, and "thinking things over" for ages

Successful people are VERY good at making swift decisions. Of course there are times where you need to sit for a second - practice discernment. No ways of being are black or white.

And remember the vibe is not to just flow money to whatever whenever and decide it's abundance. The vibe is to simply start moving powerfully in aligned and at times required ways with money both **before you flow it, when you flow, and very importantly AFTER you flow it.**





You are the source of the abundance always. You are in the driver's seat. You dictate the level of money game you play. Watch the part of you that wants to blame outside circumstance and "play victim" to any external condition



The more self honesty, self awareness, new choice, and no shame you bring to the game, the more easily the money and all of life flows.

Money is DEEPLY an inside game, that is amplified of course through our actions, but you get the idea, it starts with you. Love you, and feel free to message me on Instagram to let me know how this all lands for you!

I can't wait for you to experience Call 2!

If you have not yet upgraded into Overflow to unlock the full program you can do so HERE and be sure to check your emails for your limited time exclusive pricing

Feel free to email [assistant@jocelynkellyreid.com](mailto:assistant@jocelynkellyreid.com) with any questions

Love you!

