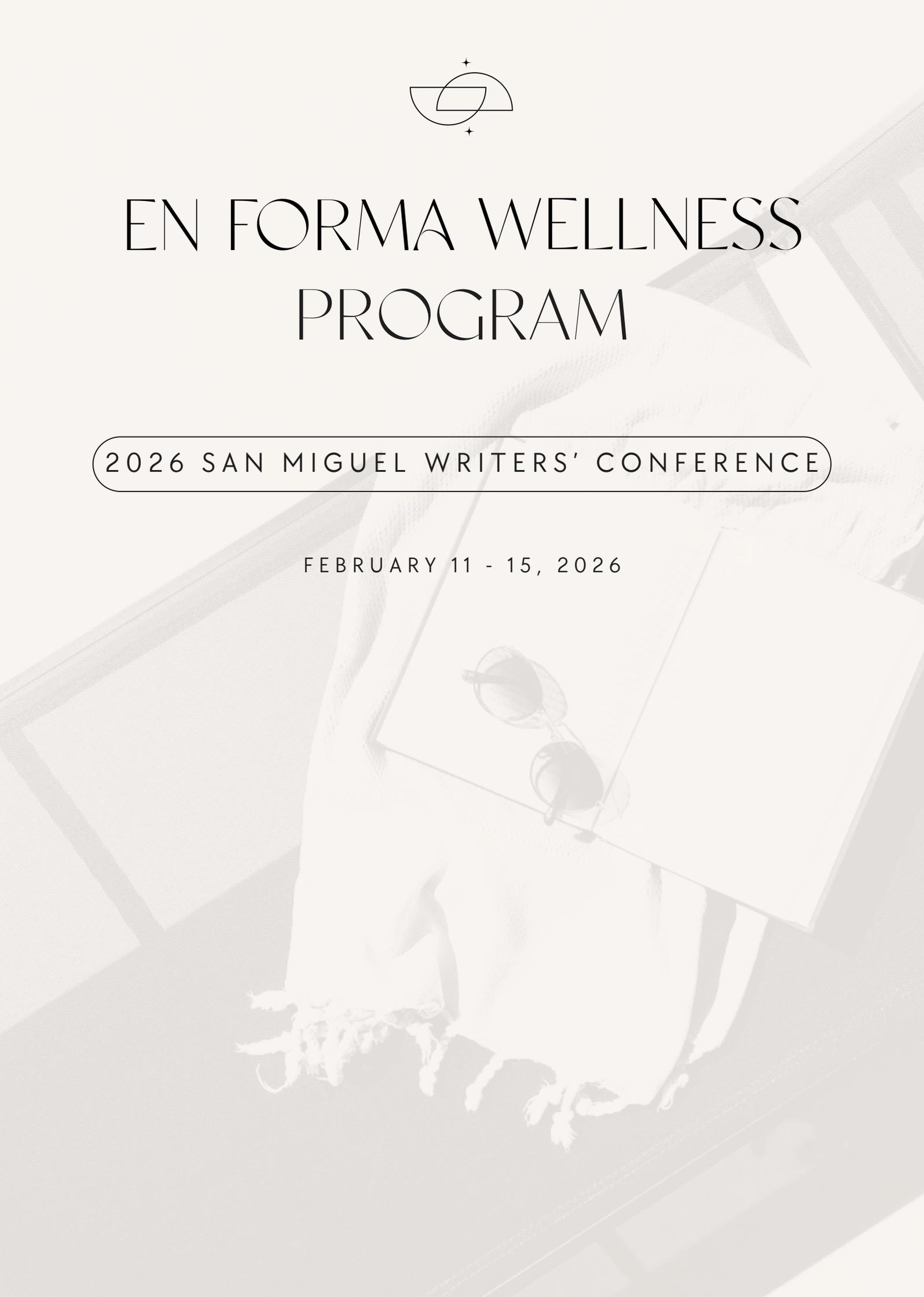
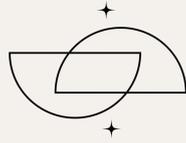


EN FORMA WELLNESS PROGRAM

2026 SAN MIGUEL WRITERS' CONFERENCE

FEBRUARY 11 - 15, 2026





DAY ONE

FEBRUARY 11

7:30 AM - 8:15 AM

Community Class - Morning Yoga with Sara DiVello

8:30 AM - 12:00 PM

30 Minute Massages - Lakshmi Massage

30 Minute Oracle Readings & Native Flute - Briam Boyle

12:30 PM - 1:30 PM

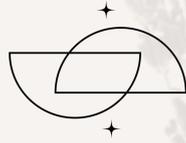
Community Class - Sound Healing with Mena & Briam

2:30 PM - 5 PM

30 Minute Breathwork/Meditation - Brittany

Mayan Kin (Wavespell) Readings - Mena Calvert

Quantum Healing Machines - Mena & Briam



DAY TWO

FEBRUARY 12

7:30 AM - 8:15 AM

Community Class - Morning Yoga with Sara DiVello

8:30 AM - 12:00 PM

30 Minute Tarot Readings - Sixto

30 Minute Oracle Readings & Native Flute - Briam Boyle

12:30 PM - 1:30 PM

Community Class - Tarot Reading Workshop - Sixto

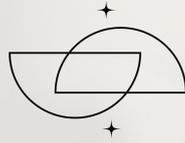
2:30 PM - 5 PM

30 Minute Massages - Lakshmi Massage

30 Minute Tarot Readings - Sixto

Mayan Kin (Wavespell) Readings - Mena Calvert

Quantum Healing Machines - Mena & Briam



DAY THREE

FEBRUARY 13

7:30 AM - 8:15 AM

Community Class - Morning Yoga with Sara DiVello

8:30 AM - 12:00 PM

25 Minute Aromatic Alchemy - Vrylak Faemanna

30 Minute Oracle Readings & Native Flute - Briam Boyle

12:30 PM - 1:30 PM

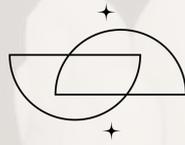
Community Class - Intuitive Chanting & Voice Activation - V Faemanna

2:30 PM - 5 PM

30 Minute Massages - Lakshmi Massage

Mayan Kin (Wavespell) Readings - Mena Calvert

Quantum Healing Machines - Mena & Briam



DAY FOUR

FEBRUARY 14

7:30 AM - 8:15 AM

Community Class - Morning Yoga with Sara DiVello

8:30 AM - 12:00 PM

30 Minute Massages - Lakshmi Massage

30 Minute Oracle Readings & Native Flute - Briam Boyle

12:30 PM - 1:30 PM

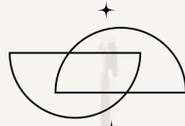
Community Class - TBC

2:30 PM - 5 PM

45 minute Rose healing vibrational calibration - V Faemanna

Mayan Kin (Wavespell) Readings - Mena Calvert

Quantum Healing Machines - Mena & Briam



DAY FIVE

FEBRUARY 15

7:30 AM - 8:15 AM

Community Class - Morning Yoga with Sara DiVello



8:30 AM - 12:00 PM

30 Minute Massages - Lakshmi Massage

30 Minute Tarot & Oracle Reading - Vrylak Faemanna

12:30 PM - 1:30 PM

Community Class - TBC

2:30 PM - 5 PM

30 Minute Massages - Lakshmi Massage

30 Minute Tarot & Oracle Reading - Vrylak Faemanna