

Introducing Radiant Counseling

Darren Waite



We're excited to announce the launch of **Radiant Counseling**, a new ministry under the **Radiant Collective** umbrella, officially opening its doors on **March 1st!**

At Radiant Church in Pleasant Hill, Iowa, we're dedicated to being a church and community movement bringing hope and healing to our city every day of the week. Radiant Counseling builds on this mission by providing compassionate, faith-centered professional counseling to help individuals, couples, and families flourish amid life's challenges.

Why Now? The Need Is Greater Than Ever

Recent surveys paint a sobering picture of the mental and emotional strain many Americans are experiencing today:

- **60%-80% of U.S. adults** report feeling overly stressed, reflecting persistent pressures from daily life, societal concerns, and more (as highlighted in various polls and reports from organizations like the American Psychological Association).
- A **Gallup poll** reveals that Americans' self-reported mental health is at its lowest point in over 20 years, with ratings continuing to decline in recent data.
- Less than one third of adults now consider themselves in excellent mental health—**only 29%** described their mental health as "excellent" in the latest Gallup findings (down significantly from 43% pre-pandemic), marking a new low in long-term trends.

These figures reflect widespread struggles with stress, anxiety, relational difficulties, burnout, and a sense of disconnection—challenges that touch people in our own neighborhoods and across the country.

What Radiant Counseling Offers

Radiant Counseling responds with biblically grounded, professional care delivered in welcoming and accessible ways:

- **In-person sessions** at our Pleasant Hill, Iowa campus, offering a safe, personal space for meaningful connection.
- **Virtual online sessions** available anywhere in the U.S., ensuring help reaches those who need it, no matter their location.

Under the guidance of professionals like Darren Waite—an Ordained Wesleyan Minister since 2004, Certified Biblical Counselor through the American Association of Christian Counselors, and Certified Prepare-Enrich Facilitator—our approach blends evidence-based counseling with timeless scriptural truth. We specialize in supporting individuals through personal trials, enriching marriages and relationships, addressing anxiety and depression, healing from past wounds, and helping people step confidently into the abundant life God designed for them.

Whether you're preparing for marriage, navigating relational strain, seeking personal growth, or working through difficult seasons, we're here to journey with you in empathy, confidentiality, and Christ-centered hope.

Join Us in This New Chapter

The March 1st launch of Radiant Counseling represents a vital expansion of our vision as part of the Radiant Collective. If you, a family member, or a friend could benefit from this support, we warmly invite you to connect with us. Visit our website or reach out today to learn more about our services, approach, and how to get started.

Together, let's pursue restoration, peace, and the radiant, God-intended life for every story.

Radiant Counseling: Bringing hope and healing, one story at a time.