

# September Birthdays

Lucy G.	Sept 3	Michael U.	Sept 19
Linda R.	Sept 3	Clinton E.	Sept 21
Thelma T.	Sept 5	Norma I.	Sept 24
Shirley E.	Sept 16	Gerald B.	Sept 29
Ham W.	Sept 18	Khan H.	Sept 30



## RESPECT

Find out what it means to us



Remind yourself we always have a reason to be grateful and to offer someone else a smile!

## Birthday Teas

Wed., Sept 8 - Magnolia & Camelia (in Camelia)

Wed., Sept. 29 - Rose & Willow (MPR)

Both at 2 pm



## Message to our Family and Friends

from Blake Armstrong, Executive Director of Buchanan Lodge,

I am writing to update you on some important changes that have taken place in the last few weeks.

### Director of Resident Services

I am very pleased to announce that Marivic Reyno has accepted the position to be our new Director of Resident Services. Marivic replaces Sara Gardner whose last day at Buchanan Lodge was August 5, 2021. While it was sad to see Sara leave, we are happy that Sara continues her professional growth in a new and challenging position. Marivic brings to Buchanan a wealth of experience - a strong formal education combined with hands-on experience as an RN and as a senior leader at other LTC homes. Her start date is September 7<sup>th</sup>.

### Clinical Care Coordinator

I am also very pleased to let you know that Mandeep Brar accepted the position of Clinical Care Coordinator (CCC). Doris Harris resigned from this position and stepped into the DRS position temporarily while the search for a permanent DRS was underway. Mandeep also brings to Buchanan a strong formal education background, plus substantial experience as an RN and in Care Leadership.

### Doris Harris (RN, CCC & DRS)

After 40 plus years as an RN and various leadership positions at Buchanan Lodge including CCC and DRS, Doris has decided it is time to retire. While she has threatened to retire for as long as I've known her, this time I think she really means it! When that day arrives, we will miss her dearly and remain grateful for her dedication to our residents and all of us at Buchanan. That said, she will continue on as a casual RN at least to the end of the year.

### COVID-19

With the roll out of vaccinations earlier this year, we were hoping that by now we would be able to start thinking of COVID in the past tense. That, of course, is not the case. COVID is on the rise and still very much a threat to all of us. We thank all of you for continuing to do your part in keeping Buchanan free of COVID-19.

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## BUCHANAN LODGE

### September



The golden-rod is yellow;  
The corn is turning brown;  
The trees in apple orchards  
With fruit are bending down.

The gentian's bluest fringes  
Are curling in the sun;  
In dusty pods the milkweed  
Its hidden silk has spun.

The sedges flaunt their harvest,  
In every meadow nook;  
And asters by the brook-side  
Make asters in the brook.

From dewy lanes at morning  
The grapes' sweet odors rise;  
At noon the roads all flutter  
With yellow butterflies.

By all these lovely tokens  
September days are here,  
With summer's best of weather,  
And autumn's best of cheer.

But none of all this beauty  
Which floods the earth and air  
Is unto me the secret  
Which makes September fair.

'Tis a thing which I remember;  
To name it thrills me yet:  
One day of one September  
I never can forget.

Helen Hunt Jackson

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# Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

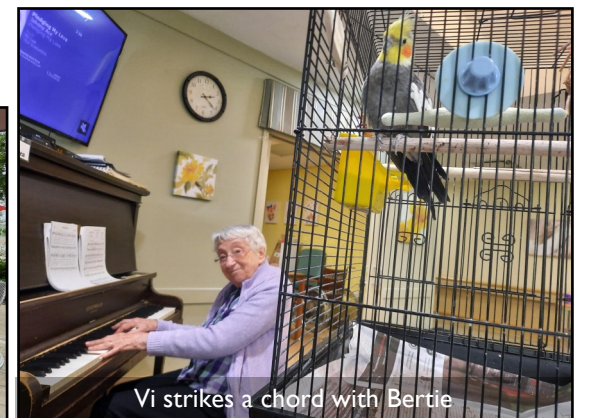
SEPTEMBER 2021



## Precious Memories



So good to have Alastair & his music back



Vi strikes a chord with Bertie



Welcome Sebastian - our new Bingo caller!



Ross & Ethyl loved our summer steak BBQ



When Josie's feeling blue it means she's happy!



Mary brings the outdoor beauty indoors



# Thought for September



Summer is wonderful, but if we wanted it year-round we'd move to Mexico! We here in BC welcome the cooler weather and the turning of the leaves, especially the leaves of our children's or grandchildren's textbooks!

September may be the time when the younger generation heads back to school literally, but we the older generation can and should do the same thing, at least figuratively. Henry Ford said: "Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young." Amen to that!

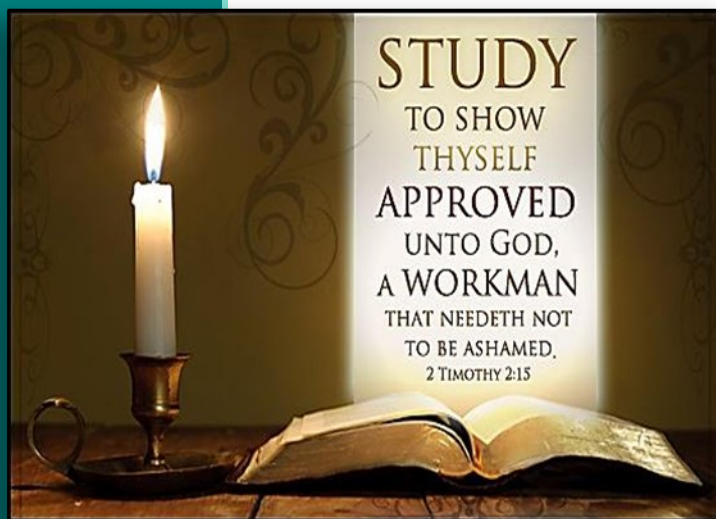
When I retired after 27 years as president of a theological college, I figured I could relax. No more teaching for a while, so no more learning was needed. But God challenged me to keep studying. This verse came to mind: "Follow the whole instruction the Lord your God has commanded you, so that you may live, prosper, and have a long life" (Deut. 5:33).

I committed to reading at least three chapters of the Bible each day and posting a devotional blog based on that reading (check it out: [www.robbuzza.blogspot.ca](http://www.robbuzza.blogspot.ca)). I do it because the Bible is God's instruction manual for life on this earth and beyond. I like this acronym for the B.I.B.L.E.: **B**asic **I**nstruction **B**efore **L**eaving **E**arth.

What do you want to learn this fall? Maybe add some extra knowledge for our trivia contests, keep current with current affairs, develop another life skill, learn how to do a new craft, or figure out a new way to help someone else?

May I recommend a great book to study that will not only change your life, but could also change the lives of those around you. It's time to go back to School - Bible School that is!

*Chaplain Rob Buzza*



## Afternoon Drives

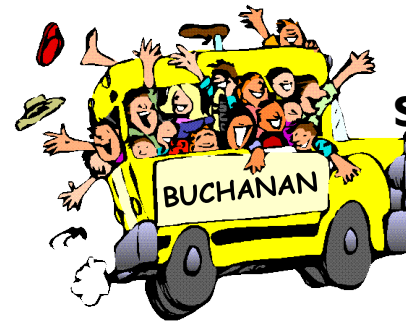
Thursday, Sept. 9

for Rose Garden

Saturday, Sept. 25

for Magnolia

Both at 1:30 pm



## MUSIC ON THE PATIO



We will continue to host outdoor entertainment for each house on the patio areas as



### SPIRITUAL REFLECTIONS

#### Mondays

10 am Rose Garden

11 am Willow Creek

#### Tuesdays

10 am Magnolia Grove

11 am Camelia Park

#### CHAPELS

##### Thursdays

10 am Rose & Willow - MPR

##### Sundays

10 am Magnolia & Camelia - MPR

#### CATHOLIC MASS

11 am 1<sup>st</sup> Wed. each month

#### COMMUNION

11 am 3<sup>rd</sup> Wed. each month



### STEAK BBQs

### 12 pm HIGH NOON

Thursday

September 2

In Camelia

Cost: \$20 per person

## Fall entrepreneur...



## ARMCHAIR TRAVEL

with Chaplain Darlene

### ARGENTINA

Monday Afternoons

Sept. 13 - Willow & Camelia

Sept. 20 - Rose & Magnolia

1:45 & 3 pm

### ARGENTINA

