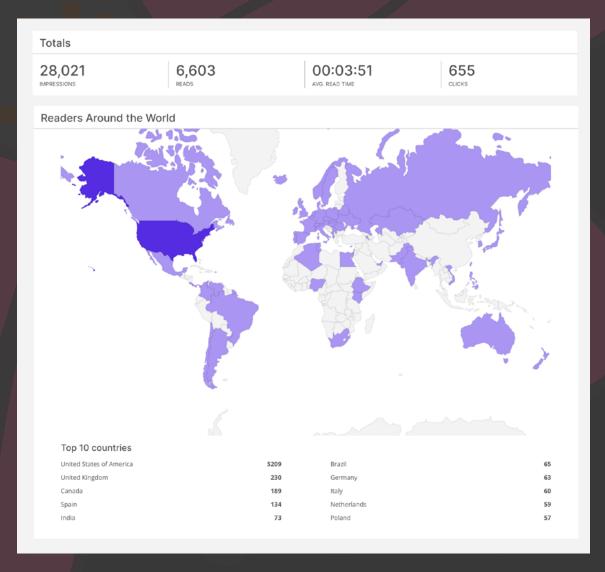


# MAGAZINE audience snapshot issuu.com as of 04.28.23



distribution Frequency: Monthly, 12x/year

issuu.com/BeneathYourBeautiful

Available for print-on-demand

byb.li/PrintOnDemand

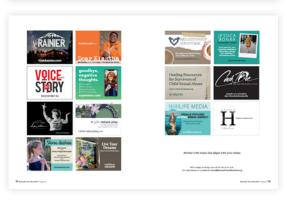


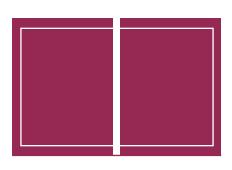
**Hara Allison** *Publisher*, *Designer* 

208.964.2787 | hara@BeneathYourBeautiful.org

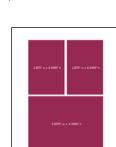


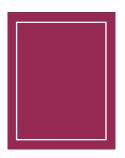






2 PAGE SPREAD \$1500/issue 17.25"w X 11.25"h Safe area: 16"w x 10"h, Spine: 1"





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# PODCAST audience snapshot buzzsprout.com as of 04.28.23

## 10,362 downloads since published.



COUNTRIES/TERRITORIES (87 Total)			CITIES (1271 Total)		
United States	84%	8,713	Spokane, Washington	13 %	1,337
Canada	5 %	530	Coeur d'Alene, Idaho	6 %	641
₩ United Kingdom	2 %	235	Seattle, Washington	4%	430
Germany	1%	157	Tampa, Florida	3 %	317
■ Kenya	0 %	101	Dallas, Texas	2 %	259
India	0 %	86	Navarre, Florida	2 %	252
France	0 %	64	Kalispell, Montana	2 %	202
Australia	0 %	53	Lutz, Florida	1%	170
Russian Federation	0 %	30	Post Falls, Idaho	1%	158
Sweden	0 %	27	Tacoma, Washington	1%	147

distribution Frequency: Weekly, 52x/year

byb.li/BYBpodcast

## **PODCAST kudos**



Beneath Your Beautiful won in the following categories of the 2022 International Positive Change Podcast Awards:

- Self Help 1st Place
- Health & Wellness (Mental Health) 1st Place
- Personal Journal 2nd Place
- Inspiration/Motivation 3rd Place



Beneath Your Beautiful was **The Publisher Podcast Awards 2023**nominee in the category of
Health & Wellbeing.



Beneath Your Beautiful podcast ranks in the top 5% on Listen Notes. "This podcast is one of the top 5% most popular shows out of 3,086,154 podcasts globally, ranked by Listen Score (the estimated popularity score)."



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10 episode minimum = \$200

## **PODCAST reviews**

#### **Customer Reviews**

5.0 out of

37 Pating





1fab629, 12/30/2022

#### Time well spent

I have listened to about 10 of Hara's podcasts do far and find them so compelling, so engaging, and, depending on the specific one, I learn something, feel something, or total more



The Nocturnal Therapist, 12/29/2022

#### Awesome podcast!

This is a truly beautiful podcast and an authentic hosts. I am grateful for the opportunity to have encountered such a sincere podcast.



KayPee5, 09/07/2022

#### A place

A safe place to explore yourself and other people's stories 💗



ariatargaryan, 08/29/2022

#### Such a good listen!

Hara provides a safe place to hear authentic, inspiring stories. Hara is so inspiring and exudes openness and kindness and love. Such a good podcast for your soul.



Amanda Durocher, 08/29/2022

#### Great podcast, highly recommend

Love this podcast, it's filled with so many interviews with such a diverse group of individuals, each episode is so unique. Hara is a great host. I especially enjoyed the epismore



OrganizerJanet, 08/29/2022

#### This so needed!!!

Thank you for this it so needed especially when we focus so much on social media instead of knowing we are enough.



GIRLIFE Empowerment, 08/29/2022

#### Beautiful Podcast!

So much wisdom here. Thank you so much for sharing this with the world!



AndreaWilWoods, 08/29/2022

#### You are beautiful

Hara's podcast about seeing beneath your beautiful is lovely and she interviews many guests from all walks of life. The Terry Tucker episode is one of my favorites!



Reinvention Rebel, 06/16/2022

#### Powerful and profound conversations

Hara features fascinating guests with powerful stories to share. These men and women are inspiring, the stories often painful. Yet they've persevered. You can't help be more



AdaE77, 06/13/2022

#### Amazing stories of strong women!

I especially enjoyed the Heather Vickery episode, and Hara's voice is so beautiful. Thank you for making this!



Stephanie Keith, 06/06/2022

#### Great podcast!

This podcast is so inspiring and really eye opening to see different viewpoints and perspectives. Well done!



Barbara Steve, 06/06/2022

#### Great show!

So inspiring to listen to and learn about other journey's of her guests. It really helped me see how much I have grown and felt connected to your guest. Bri



Maya Acosta- Health Lifestyle, 06/06/2022

#### **Heart Felt Stories**

A powerful podcast about real people overcoming adversities. One episode about a Mexican woman who was a victim of childhood sexual abuse was difficult to limore



Tarzan Korleh, 01/24/2022

#### A must listen!!!

This is the dopest podcast on the MF planet!!



dmbprincess, 01/13/2022

#### **Engaging and Informative**

Hera Allison takes great care and crafting her podcast. She said to perfect tone with visuals to advertise, and also the music which accompanies each episode. She is an more



jeremycreates, 01/05/2022

#### Deep and meaningful conversations

Hara delves into subjects that mean something. She doesn't shy away from asking important questions in a respectful manner. Hearing stories of hardship transformed more



Maspring, 06/11/2021

#### Powerful Conversations

Real, raw conversations that hit home! We all at some point struggle to see our full beauty, or the Divine potential within. Hara has a gift of pulling out the stories that inspire you more



MAnderson-23, 03/28/2021

#### Real Talk

Enjoying the conversations, keep up the good work!



LGKatz, 03/24/2021

#### Great Conversation

These two women were so open and natural while chatting. I loved the honesty which made me feel like I wanted to join in and share my feelings too.



GmaBerky, 03/24/2021

#### Beautiful conversation

I enjoyed every minute of this conversation. Such wonderful thoughts. Thank you for sharing.



Imsonotkidding, 03/21/2021

#### Insightful

I love how Hara gives her guests space to share what is important to them in an accepting and loving way.

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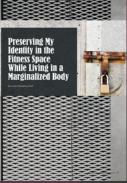
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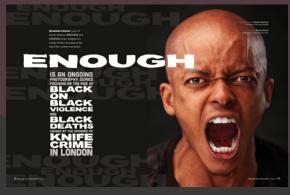










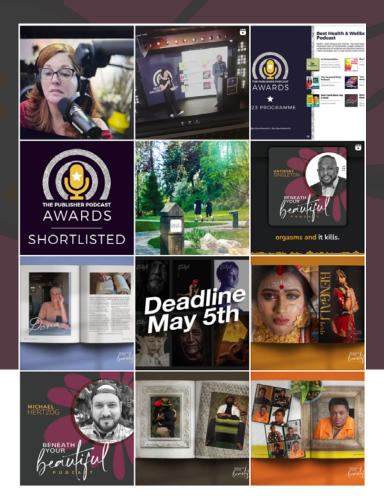












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