

WEDDING PLANNING CAN BE STRESSFUL, HUH?

If you're feeling stressed, overwhelmed, or unsure where to start with wedding planning... You're not alone.

I've spoken with so many couples who feel the weight of pressure - too many choices, too little time, and the worry of getting it "just right." But here's the good news: it doesn't have to be that way.

This guide was created to give you simple, practical steps that cut through the chaos and help you feel clear, confident, and excited again. Think of it as your shortcut - so instead of drowning in endless research, you'll know exactly how to move forward and start planning the beautiful, memorable day you've been dreaming of.

Let's make this season joyful, not stressful.

Your dream wedding starts here.

STEP 1: BE ON THE SAME PAGE



One of the things that can be the most overwhelming at the very start of planning of figuring out what you both want, and getting the visions or ideas out of your heads and onto paper. Have an **open and honest conversation** with each other about what you both want, how much you think you'd like to spend, and any other expectations you have. Try to forget about outside influence or opinions from other people, and focus on what it is that the two of you want. Try not to rely on Pinterest boards or Instagram for this part!

TIP: Write a list of all the things you each want, swap the lists, and compare them. Figure out the most important things and write a combination list, prioritising everything. You could get extra creative and make vision boards together - it's productive and could be a super fun date night idea!!

STEP 2: REACH OUT VENDORS ASAP

Next, once you've figured out what the most important things are, **get in touch with those priority vendors.** If you don't already know how you want to get in touch with, check Instagram and Google, read more about them and what they offer, check out reviews and if you get a good vibe from them, reach out. Even if **you don't have a date, it's never too early to reach out.** You can even share your vision boards with them to really help present your ideas.

TIP: It's just as important to choose vendors who like as people, as much as it to choose them based on their work. Schedule a phone call or meeting with them to get to know them and figure out if they're the type of person you want to be working with for the months leading up to your wedding. Having an actual conversation will help you cut through the noise of vendors available and find the perfect fit for you and your wedding day.

STEP 3: KEEP TRACK OF WHERE YOU'RE AT



This might sound like a boring step, but **keep track of your progress & budget**. Knowing exactly what's due when, how much you've got left to pay, contact information and other deadlines will help relieve a lot of unnecessary stress. It also means that both of you know exactly where things are up to rather than one person having all the information.

TIP: To keep it super simple, create a simple spreadsheet, use a folder or write in a journal to house all the important details. You can also utilise a shared online calendar for things like payment schedule reminders and appointments.

STEP 4: NAIL THE TIMELINE

Having a well thought out timeline for your wedding day is a no brainer. It helps you know what's happening when, but also makes sure vendors are in the know with every detail of the day and means everyone in charge of running the day can keep things on track. This means less stress for you, and (hopefully) less questions need to be asked of you.

TIP: Lean on your expert vendors to help you put together a timeline that flows and suits your plans for the day. People like photographers, planners and coordinators are experts at this. So use them!

Last but not least, **ENJOY THE PROCESS**. This is a once in a lifetime experience, don't waste the opportunity to make it a fun, memorable journey that can help bring you closer together as a couple before the best day of your lives!!

For more tips, follow along on Instagram at [@amyallencreativeco](#)