ZI BRIDAL JOURNEYS

Bride Radiance

Allow us to pamper you for your walk down the aisle. Start with a 90 minute Tranquility Body Polish includes Swedish Massage, followed by a Spa Facial. Then enjoy the Seasonal Manicure and Pedicure, ending with a delicious and healthy spa lunch.

Bridal Soirée

Spend a relaxing day of stress-free pampering with your bridal party in our private party suite. Each person receives a Mini Massage, Facial Cocktail, a Bella Express Manicure and Pedicure. Includes spa lunch, glass of wine or juice. (minimum 3 people)

2½ hours.....\$260 per person

COUPLE'S JOURNEYS

Sweet Romance

A relaxing side by side Swedish Massage and a glass of wine or beverage. 60 minutes......\$245 per couple

Ultimate Indulgence

The perfect couples retreat. Enjoy a side by side one hour Swedish Massage followed by our one hour Spa Facial in our romantic couples suite. The relaxing continues with a cheese/fruit plate and wine. 2 hours\$530 per couple

Zi MAN ESCAPES King for the Day

Enjoy a 60 minute Deep Tissue Massage followed by a therapeutic Foot Reflexology. 90 minutes......\$195

ZI DAY ESCAPES

Body & Sole

A refining journey to balance and relax the body and pamper your feet. Enjoy a 60 minute full body Swedish Massage followed by our Seasonal Pedicure.

2 hours......\$190

The Perfect Gift

The perfect balance to relaxation. Enjoy a 60 minute full body Swedish Massage followed by a Spa Facial.

2 hours.....\$255

Queen for a Dau

A royal journey to empower your senses of well being, this day features elements to Renew, Rebalance, and Revitalize. Nourish and Soothe with our Jasmine Rose Herbal Wrap followed by a full body Swedish Massage, Spa Facial, Seasonal Pedicure and Manicure ending with a healthy spa lunch.

5 hours......\$545

Breathe

Open the mind and calm the senses. This package features elements to relax and reduce stress. Start with our Spa Facial to nourish the skin, then enjoy a Swedish Massage for the ultimate relaxation and our Seasonal Pedicure. End with a delicious spa lunch and a glass of wine.

3½ hours. \$345

GIRLS DAY OUT

Perfect for Mother's, Daughters, Girlfriends, Special Occasions, Birthdays, Office Parties, Bridal and Bachelorette Parties. (minimum of 2 people with 2 treatments each) Create your own escape from reality and choose 2 services from

50 minutes.....\$145 per person

Mini Massage

Mini Facial Cocktail

■ Foot Reflexology

Haircut Design Make-up Application
 Bella Express Pedicure

the following list, each at 25 minutes, plus a cheese/fruit tray:

Or choose 2 one hour treatments from the following services.

 Swedish Massage Herbal Wrap

Foot Reflexology (50 min)

■ Spa Facial

Signature Zi Pedicure Tranquility Body Polish

7: MATERNITY JOURNEY

Pure Heaven

Enjoy a customized pregnancy massage, followed by a Spa Facial, then break for a healthy spa lunch, and end with a Seasonal Pedi

31/9 hours\$360

BODY TREATMENTS

Signature Tranquility Body Journey

A Total Tranquility Experience... begins with a full body tranquility sugar scrub exfoliation to renew the skin. A warm coconut oil hair conditioning treatment is used, then indulge in an infinity SOK laden with tranquility bath oil, while sipping a beverage of choice. Emerge from the bath for a soothing, full body massage with velvety, rich tranquility essential oils. This is truly a unique journey.

2 hours \$265

Thermal Mud Detox Journey

A delicate, warm, liquid exfoliation is smoothed onto the skin before thermal, Tuscan-imported Bagni Di Pisa Mud is massaged into the skin. As the body is wrapped, the detoxification and anti-cellulite benefits begin before experiencing a D-Age cream full body massage. 2 hours.....\$265

Full Body Polish

Start with a full body exfoliation, then experience a Green Tea Body Butter Massage to soothe, hydrate, and restore your skin.

Weekday (Mon-Thurs)/ Weekend (Fri-Sun/Holidays) 90 minutes \$190 / \$200

Body Wraps

Jasmine Rose Herbal Tea Wrap: Start this detoxing wrap with dry brushing to stimulate the lymphatic system, exfoliates, and reduces cellulite. Take the dry brush home as a gift for continued use.

60 minutes......\$135 / \$145 90 minutes.... \$190 / \$200



JOURNEY INTO A NEW DIMENSION OF BEAUTY & WELLNESS

1859 N. Lakewood Dr. Suite 302 Coeur d'Alene, ID 83814

> Phone: 208-765-9400 zispas.com

^{*}Prices subject to change without notice.

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Weekday / Weekend (Mon-Thurs) (Fri-Sun/Holidays)

Signature Sublime

Spa Facial

A prescription facial according to your skin condition & concerns, whether it be deep purification, intense hydration or soothing remedy. Rebalance the skin with a customized facial leveraging the power of natural-origin active ingredients. Additionally, enjoy an assortment of different massage techniques designed to provide recovery from stress.

60 minutes\$130 / \$140

Clinical Facial

Reveal vibrant, younger looking skin while actively correcting imperfections and protecting against further damage. Provides active cellular renewal and nutritional replenishment for depleted or acneic skin.

Advanced Corrective Treatments

* 10% discount applies to a prepaid series of 3 or more microderm and peel treatments.

Skin Medica Peels: Perfect for aging, fine lines, sun damage and acneic skin.

Mild / Medium / Aggressive \$110 / \$150 / \$170

Microneedling

Dermaplaning

Dermaplaning is a facial exfoliation treatment that carries the added bonus of removing fine vellus hairs, often referred to as "peach fuzz." Our estheticians use a straight-edged blade to gently remove the top layer of dead skin cells, revealing the brighter, smoother skin underneath. There is no downtime and dermaplaning can easily be combined with other facial treatments.

Signature Hydrafacial

Weekday / Weekend (Mon-Thurs) (Fri-Sun/Holidays)

Uncover a new layer of skin with gentle exfoliation and relaxing resurfacing. Remove debris from pores with painless suction.

Nourish with intense moisturizers that quench the skin. And finally, saturate the skins surface with antioxidants and peptides to maximize your glow.

30 minutes\$199 / \$209

Special Pricing 3 for \$540

Platinum Hydrafacial

All the love of our Signature treatment, plus a deeply infused serum of your esthetician's expert selection, LED light therapy, and light suction lymphatic drainage.

60 minutes.....\$275 / \$285

Special Pricing 3 for \$750

ADD ON TREATMENTS

- Hydrafacial Lip Perk a refreshing treatment that exfoliates, hydrates and plumps your lips. \$40 Add on
- Hydrafacial Eye Perk provides a refreshing treatment that leaves the delicate eye area toned, firmed and hydrated. \$40 Add on
- Dermaplaning \$45 Add on Eye Treatment \$40 Add on

EXPRESS TREATMENTS

When short on time, choose one of Zi Spa's Express Services. All treatments are 25 minutes.

Facial Cocktail	\$75
Neck Shoulder Back Massage	\$70
Bella Express Manicure	\$50
Bella Express Pedicure	\$60
Foot Reflexology	\$75

MASSAGE THERAPY

Swedish Massage

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60 minutes	\$115 \$125
75 minutes	\$145 \$155
90 minutes	\$170 \$180
120 minutes	\$260 \$270
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Weekday / Weekend

(Mon-Thurs) (Fri-Sun/Holidays)

Deep Tissue Massage

60 minutes	\$125 \$135
75 minutes	\$155\$165
90 minutes	\$180 \$190
120 minutes	\$270\$280

Dragon Ice Pain Relieving Massage

This topical pain relieving massage delivers fast, cooling relief on contact to soothe muscle pain, strains, and achy joints.

60 minutes......\$120 / \$130

Stone Massage

Warm stones are used to obtain deep relaxation and improved sleep quality as they soothe tense, sore muscles.

0	minutes	9	\$ 1	135/	\$145	
0	minutes	9	5 -	195 /	\$205	

Pregnancy Massage: Assists in relieving lower back & hip pain, water retention and sciatica problems.

60 minutes......\$130 / \$145 90 minutes\$190 / \$200

Deluxe Foot Therapy: Rich Chia seed scrub eliminates dead skin and hydrates feet while using the ancient art of reflexology. Stress and pain are alleviated through pressure point massage on your hands, feet and scalp. Complete with revitalizing leg gel for immediate relief for tired, swollen legs.

50 minutes.....\$135 / \$145



HAND & FOOT JOURNEYS

All manicures and pedicures include basic grooming, cuticle care, nail shaping, scrub and hydrating massage, and your choice of polish.

	Weekday (Mon-Thurs)/ Weekend (Fri-Sun/F	Holidays)
Zi Manicure	\$50,	/\$55
Zi Pedicure	\$70	/\$75

Signature Zi Pedicure

The ultimate Zi Spa pedicure starting with a lush, warm oil foot bath, nail shaping, cuticle work and exfoliating sugar scrub. Ending with a relaxing and moisturizing foot and calf massage. Warm paraffin is then applied to the feet for the ultimate indulgence, with or without polish.

Signature Manicure - 50 minutes	.\$60/	\$65
Signature Pedicure - 60 minutes	\$80/	\$85

Nail Enhancements

She	llac Gel Polish	\$55/\$60
Rem	nove and Redo	\$65/\$70
Para	affin Wrap - Hands or Feet	\$15 Add on
Call	lus Remover	\$15 Add on

Callus Remover	\$15 Add on
SALON SERVICES	*Starting prices vary by stylist
Women's Haircut	\$65
Men's Haircut	\$40
Child's Haircut (under 10)	starting at \$45
Shampoo/Style from	\$50
Shampoo/Style/Heat Set	\$60
Partial Weave	starting at \$100
Full Weave	starting at \$125
All Over Color	starting at \$90
Regrowth Color	\$75
Corrective Color	upon consultation
Make-up Application	\$70
Updos starting at	\$80

Bridal Updosstarting at \$125

Bridal Make-up Application.....\$100

Airbrush Makeup Brides (includes prebridal consult) \$175

Eyelash Extensions (full set)\$195Eyelash Extensions Fill\$95Balayagestarting at \$160Bang Trim\$20Hair Extensionsupon consultation