



CHRISTOPHER G. RAO, M.D, F.A.A.F.P.

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PERSONAL

Two Children. Interests include Music, Writing, and Art.

CREDENTIALS

Board Certified Family Practice by ABFP, 2016-present

Fellow of the American Academy of Family Physicians 1997-present

Certified and Physician Partner in Age Management Medicine, Cenegenics Institute, Tokyo and Las Vegas

Member American Academy of Lasers in Medicine and Surgery, American College of Phlebology, and American Academy of Anti-Aging Medicine

EDUCATION

Internship and Residency, Florida Hospital Family Practice Residency, Orlando, FL 1992-95

M.D. from Louisiana State University in New Orleans, 1992-95

B.S. from University of New Orleans in Biological Sciences, 1983-87

Research Fellowship, LSUMC and Xavier Universities. Published and Interest: Nephritis, 1988-90

APPOINTMENTS

Medical Director, WellMed/Optum Health-Treasure Coast, FL 2012-2021

Lead Physician, Wellmed/Optum Health-Stuart, FL 2010- present

President, Martin County Medical Society 2001, 2004, 2010-Present

SLMC Hospital Ethics Committee 2005, 2006

MMHC Hospital Bylaws Committee, 2000-01

Medical Director, Dixon Medical Rehab Center, Covington, LA 1995-6

Clinical Professor, LSU and Tulane Medical Centers, 1995-6

Vice Chairman of Florida Medical Association RPS Section, AMA Delegate, 1993-95

AWARDS

“Medical Resident of the Year“, Florida Hospital, 1995

“Family Physician of the Year“, Louisiana Academy of Family Physicians, 1992

Gerald H. Gehringer Award, LAFP, 1992

EXPERIENCE

Clinician, as well as lead physician and medical director per above, 2008-present

Unison Pro-Youth Institute, CEO and CMO, Anti Aging and Aesthetics, 2002-Pres

The Rao Clinic, P.A. President and Solo Practice, Jensen Beach, FL 1997-2008

Research Associate, Radiant Research. HRT, SERM, Osteoporosis, OA, RA and more, 1998-Pres

Assistant Medical Director, MRO and Work Comp, Good Samaritan Urgent Care, W. Palm Beach, 1997

Family Care, employed MD by Columbia HCA, Covington, LA 1996-97

Physician’s Corp, Martin Memorial Hospital, employed MD, St. Lucie West, 1995-96

“Disney Doc” Employee Health MD, Walt Disney World, Orlando, FL 1994-95 Moonlighting.

University of Central Florida Student Health Center, Orlando, FL 1994-95 Moonlighting

Emergency Room Doctor, Patrick Air Force Base and Flagler Hospital, 1994-95 Moonlighting

MISCELLANEOUS

Author of *The Midlife Health Guide for Women, 2010, The Midlife Health Guide for Men, 2007*

National Procedures Institute Faculty and Age Medicine Management Group Lecturer, 2006- Present

Specially Trained and Trainer in Laser, Botox, Fillers, Full Aesthetics, and Leg Vein Therapies

Hosted weekly radio talk show *In The Know with Dr. Rao!* WPSL 1590 AM

Television, Radio Authority, and Media Guest many times

Multiple Research done on HRT, SERM’s, Osteoporosis, Breast Cancer, RA, OA with Radiant Research

Volunteer Doctor, Volunteers in Medicine Clinic, Stuart, FL 1996-2010

Think Tank for Celebration Health and Disney Institute, Orlando, FL 1992-95