



NANO BROW AFTERCARE INSTRUCTIONS

SAME DAY:

30 minutes after your procedure, wet one of the single use cotton pads provided in your kit (you can also use a clean paper towel or napkin) with lukewarm sterile (bottled) water. Then, gently pat your brows with the provided pad and fan dry.

Wait an additional 30 minutes then repeat once. This will help prevent potential scabbing from lymph build up. Once dry, apply a rice grain amount of balm to your brows.

DURING THE NEXT 14 DAYS:

1. With clean hands, use lukewarm bottled water to dampen a cotton pad and wipe the brows, making sure to follow the direction of your hair growth. Avoid excessive scrubbing!
2. Gently dry your brows with a clean paper towel.
3. Apply a sheer layer of the balm to your brows—a rice grain amount of the balm should be sufficient for both. Your brows should feel hydrated while also being able to breathe. This helps promote the healing process.
4. Repeat steps twice daily, AM & PM for 14 days.


THE AFTERCARE BALM SHOULD LAST YOU THROUGH THE TOUCH-UP!


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FOLLOWING YOUR APPOINTMENT


- Do not pick, scratch, rub, touch or use anything abrasive on your brows.
- Do not apply any type of brow makeup for 14 days.
- Avoid hot tubs, swimming, saunas, and sweating for 14 days.
- Avoid direct sunlight and tanning beds for 14 days.
- Avoid smoking for 10 days.
- Avoid sleeping on your face.
- Avoid hot showers and keep the water from directly hitting your face.
- Avoid facial cleansers & spa treatments that exfoliate or contain acids (AHA, glycolic, lactic) directly on your brows.
- Use sunscreen on brows once fully healed to prevent fading.


HEALING STAGES


 **DAY 1** Wow, I love my new brows! They are a tad bit warm & bold...

 **DAY 2-4** My brows look darker & a little bit thick...

 **DAY 4-10** Now they are scabbing & flaking.

 **DAY 10-15** Oh no, my brows are gone?!

 **DAY 15-30** Oh good, my brows are back!

 **AFTER TOUCH UP** My eyebrows are perfect! I love them!