

TRP SUMMER CA

TRUSTED SINCE 1993!

TRUST YOUR CHILD'S SUMMER FUN WITH US!

Summer Student Dress Code

TRP ACADEMY SUMMER SCHEDULE July 2 - August 29

Option #1 Full Dobok (uniform)

Option #2 TRP T-shirt, taekwondo pants, belt (Looking to see if anyone has any retro TRP t-shirts)



Option #2 does not apply to Hapkido students.

Beginner Program - Little Tigers & Junior Tigers (white belts & yellow-stripe belts)

- Mondays 5:30pm 6:00pm
- Tuesdays 6:30pm 7:00pm
- Wednesdays 5:30pm 6:00pm
- Thursdays 6:30pm 7:00pm

Choose 2 out of the 4 class options

Intermediate Program - Little Tigers & Junior Tigers (yellow, blue-stripe & blue belts)

- Mondays 6:15pm 7:00pm
- Tuesdays 5:30pm 6:15pm
- Wednesdays 6:15pm 7:00pm
- Thursdays 5:30pm 6:15pm

Choose 2 out of the 4 class options

Elite Performance Program (red-stripes to Black Belts), Teens & Adults Taekwondo (All belt levels)

Mondays to Thursdays - 7:15pm - 8:15pm

Choose 2 out of the 4 class options

HAPKIDO - Adults & Juniors (All belt levels)

Mondays - 6:00pm - 7:00pm

Wednesdays - 6:00pm - 7:00pm

SPARRING

Fridays - 5:30pm - 6:15pm

Open to All Belts & All Ages

- All participants must have full sparring equipment.
- All safety equipment must be TRP Approved.

OPEN TRAINING CLASS

Fridays - 6:15pm - 7:15pm

- Open to Little & Junior Tigers (blue belts & higher only)
- Teens & Adults Taekwondo (all belt levels)
- Hapkido Students (all belt levels)

Instructional Weapons Class

Fridays - 6:45pm - 7:15pm

Open to TKD Students Blue Belts & Higher & All Hapkido Students

- Participating students must have their own staff or nunchuks, which must be approved by the TRP Academy.
- Weapons are special order items & may take a few weeks to arrive. Please pre-order yours by emailing us or speak with an instructor.

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