

Style

Looking Good

Try-It Trends

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Expert Tips

Hair: Sadah Saltzman. Makeup: Albee Franson. Manicure: Jini Lim.

Skin Deep

BY DALEY QUINN

Pollution can do a number on your complexion. Here's the dirt on counteracting day-to-day grime.

Style: Skin Care

There's a sneaky skin saboteur you encounter daily, and it's pretty potent. "Pollution creates free radicals in the atmosphere, which can literally poke holes in collagen and destroy the outer layer of skin," says NYC dermatologist Michelle Henry, MD. The result: Signs of aging—like fine lines, wrinkles and discoloration—show up sooner and are more pronounced. Poor air quality can also exacerbate inflammation, causing acne, rosacea, eczema and even hives.

Take preventive measures by washing your face in the morning and at night with a gentle, detoxifying cleanser, suggests Henry. For a little extra cleansing, exfoliate once or twice a week with a mild scrub.

Next, shield your face from free radical damage with protective ingredients. Antioxidant-rich serums, facial oils or mists with vitamins C and E, grapeseed oil, green and white tea or argan oil should be applied daily, suggests Joanna Vargas, a celebrity facialist who's known for her nature-meets-technology approach. Look for moisturizers with barrier blockers, like glycerin, ceramides and niacinamide, to prevent particles from penetrating your skin.

Get armed and ready to take on the elements.

Alba Botanica
Hawaiian Detox
Cleanser **\$12**

Ren Clean
Skincare Flash
Defence
Anti-Pollution
Mist **\$38**

dermalogica
daily
superfoliant™
AGE smart™
NET WT US 3.0 OZ / 85 g

DERMALOGICA
DAILY
SUPERFOLIANT
\$18 to \$58

La Roche-Posay
Toleriane
Double
Repair
Moisturizer
\$20

REN
FLASH DEFENCE
ANTI-POLLUTION MIST
FLASH DEFENCE
BRUME
ANTI-POLLUTION
ALL SKIN TYPES
TOUPE PERUK
60 ml / 2.02 fl. oz. U.S.

alba BOTANICA new
hawaiian
detox
cleanser
anti-pollution
volcanic
clay
hypo-allergenic
no 100 parabens, phthalates or synthetic fragrances
vegetarian ingredients
77 ml e 6 fl oz

LA ROCHE-POSAY
LABORATOIRE DERMATOLOGIQUE
SCIENCE OF SKIN
TOLERIANE
DOUBLE REPAIR
MOISTURIZER UV
WITH LA ROCHE-POSAY
PRESTIC THERMAL WATER
PROTECTS AGAINST FREE RADICALS

REVITALIFT
L'ORÉAL
PARIS
SERUM +
MOISTURIZER
HYDRATANT

L'Oréal Paris
Revitalift Triple
Power Intensive
Skin Revitalizer
Serum +
Moisturizer
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SINCE 1851
Kiehl's
CILANTRO & ORANGE EXTRACT
POLLUTANT DEFENDING MASQUE
Defends Against Impurities and Replenishes Skin
Formulated with Cilantro & Orange Extract, our treatment targets and neutralizes environmental aggressors while helping to prevent signs of aging. It's a natural, natural and proven.
2.5 fl. oz. - 75 ml

Kiehl's Cilantro &
Orange Extract
Pollutant Defending
Masque **\$32**

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SISU
SERUM, ANTIOXIDANT
RECOVER & PROTECT
FACIAL OIL

Lumene SisU
Recover & Protect
Facial Oil **\$30**