



## Cosmetic Tattoo Pre-Procedure Advice

**PLEASE READ THE FOLLOWING INFORMATION CAREFULLY AND SIGN PRIOR TO YOUR UPCOMING COSMETIC TATTOO APPOINTMENT.**

1. Cosmetic Tattooing (Powder Brows, Lip Blushing, Eyeliner) procedures may require multiple treatment sessions. For the best results, clients will be required to return for at least one re-touch appointment. This will take place anywhere between 4-8 weeks after the initial procedure.
2. Although a numbing cream and gel is used during the procedure, slight sensitivity/discomfort may still be felt.
3. Delicate or sensitive skin may be red and/or swollen after the procedure.
4. Please avoid the following for at least 48 hours prior to your appointment:
  - Alcohol
  - Caffeine
  - Energy Drinks/ Pre-Workout
  - Aspirin
  - Ibuprofen
  - Niacin
  - Vitamin E
  - Exfoliating and/or Microdermabrasion Facial Scrub
5. Please discontinue the use of Omega-3 / Fish Oils at least one week prior to your cosmetic tattoo session.
6. Chemical / Laser Peels or Retin-A should not be utilized for 4-6 weeks prior to your procedure.
7. AHAs, Glycolic Acid, or Salicylic Acid should not be utilized (in/on the brow area) for 2 weeks prior to your procedure.
8. Any waxing, tweezing, laser hair removal, electrolysis, or eyebrow tinting should be done at least 2 weeks prior to your cosmetic tattoo session.
9. Do not work out or heavily sweat the day of the procedure and for 7-10 days after.

10. If you get Botox treatments, you need to wait at least 4 weeks before your appointment. If it's your first Botox session, we recommend 6 weeks.
11. Do not tan or have intense sun exposure 3 days prior to your cosmetic tattoo session.
12. Please note that children are NOT allowed at the studio before, during, or after your session.
13. FOR EYELINER: We ask that you do not wear eye make-up to your appointment.
14. FOR LIP BLUSH: If you are prone to cold sores, lip tattooing can cause outbreaks. We ask that our clients take their prescribed anti-viral medication (Such as Valtrex) a few days prior to their appointment and after the procedure to prevent any cold sores. \*\* If you have an outbreak or any other type of scratch/acne we ask that you reschedule your appointment.

**\*\*\*By signing below, I understand that my failure to comply with any of the items listed above may result in the cancellation and/ or reschedule of my appointment with the forfeiture of my deposit and a new deposit will be required to rebook. In addition, I understand that failing to comply with any of the above can play a direct role in the results of my cosmetic tattoo.\*\***

NAME:

SIGNATURE:

DATE:

### **Topical Anesthetic Advice**

Allergic Reaction: This can occur from any anesthetics used during the procedure. If you do suffer from an allergic reaction, you should contact your doctor immediately. Allergic reaction or response may present as redness, swelling, rash, blistering, dryness, or any other symptoms associated with an allergic reaction or response.

Numbness: We cannot accept responsibility if the area to be treated does not respond to the numbing cream. Each individual is different according to skin types. Some clients report the area to be completely numb, while others may experience some discomfort.

Procedure: For most services, a numbing cream and/ or a gel is used. The products are formulated to be perfectly safe and can be purchased over the counter from any pharmacy or store. The anesthetic is placed over the treatment area for 15-20 minutes and is carefully removed prior to treatment. As a result of the treatment, combined with the use of the anesthetics, you can expect to experience some redness and/or swelling that may last for 1-4 days.

**You should always follow your aftercare for the best results.**