

Work-life Balance: REDEFINED

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Program Bio

Want to be a rock star at work AND at home? Cherylanne Skolnicki has the playbook. As a high-growth entrepreneur with a husband and three kids of her own, she knows exactly how it feels to have too much to do and not enough time to do it. It's exhausting, it's stressful, and it can be tempting to just give in to the chaos. But it doesn't have to be that way.

We keep searching for work-life balance, but we're using an outdated definition that's all but dead. In this workshop, Cherylanne, the founder of Brilliant Balance, will redefine work-life balance for a new generation—a dynamic version focused on helping you “land the pose” in each key moment of your day and integrating work into your life, especially as you work from home.

Once you master the three elements that predictably deliver a stronger work-life balance, you'll clear a path to reach your full potential.

Ready to feel energized, productive, and fulfilled?

Attendees will learn:

- The outdated narrative around work-life balance that is making us all frustrated
- A new work-life definition that matches the world we're living in
- The 3 key elements that work together:
 - Powerful day: get more energy in your day
 - Productive week: calendar control and saying no
 - Purposeful season: dreams matter and magnetizing toward the life you want



About Cherylanne

As the founder and CEO of Brilliant Balance, Cherylanne is the creative engine for the company; she is also a popular speaker, an advisor to corporate leaders, and a trusted coach to a roster of private clients.

An authority on well being, work-life balance, and human potential, Cherylanne equips professionals to get the most out of work and life through compelling content, comprehensive coaching programs, and a tightly knit community. She hosts the top-rated Brilliant Balance Podcast which reaches thousands of listeners each week with inspiring messages and practical advice.

Cherylanne lives in Cincinnati, Ohio with her husband John and their three children.

“Loved Cherylanne’s energy & I felt like I was with her in person. She kept my attention at all times - it felt like she was talking right to me! Thank you for one of the best virtual speaking engagements I’ve attended!”

- Hewlett Packard Enterprise keynote attendee

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