



SMP client aftercare

Scalp micro-pigmentation involves using tiny microneedles to deposit pigment into the shallow skin layers of the scalp. During the healing process, new skin layers will grow over where the pigment was placed. Once the scalp is completely healed, you'll be left with scalp micro-pigmentation that looks natural and undetectable.

After your treatment session, it's important that you're following a routine for scalp micro-pigmentation aftercare.

Aftercare tips in the days following your session

In general, you'll want to treat your scalp like an open wound after SMP treatment. Meaning, avoid getting it wet and keep it clean. No chlorinated pools, saunas, steam rooms, or tanning beds for 28 days after your final treatment. This will ensure a good, long-lasting result.

Day 0 to Day 5

For the first five days following treatment, you should avoid the following:

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Sweating heavily - Try not to engage in any intense exercise for five days following treatment. Excessive sweating could interrupt the healing process

Scrubbing and shampooing - Scrubbing the scalp can break the skin and open wounds, and shampooing could introduce harsh chemicals.

Shaving - Avoid shaving and irritating the area while it's healing.

Exposure to long-term sunlight - UV rays from the sun can cause sunburn and sun damage. This could lead to premature fading of the scalp pigmentation.

Touching with hands - Refrain from touching your scalp with your hands too much. You could introduce bacteria and increase the risk of infection.

During the first five days, make sure you're drinking plenty of water and taking any medication as prescribed.

You can lightly rinse the scalp while it's healing and dab the area with a wet cloth to keep it clean. Do not soak the scalp. You may also wear a hat or skullcap and sleep in any way that's comfortable for you.

Day 5 to Day 10

For days 5 to 10, your head should be looking much better and healing nicely. However, it is still healing. You'll want to make sure you're still keeping up with an aftercare routine. For the next five days, you should still avoid the following:

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Scratching the scalp - As with tattoos, the skin on your scalp may begin to peel during these next few days. It's important that you avoid scratching or picking any scabs that may form.

Shampooing or exfoliating - Shampoo and exfoliants can disrupt the formation of new skin layers during healing.

Using self-tanners or skin irritants - While your scalp is healing, avoid irritants that could cause inflammation and disturb the healing process

What you can do is carefully shave or cut your hair if needed. You should also continue rinsing lightly with water and soap to clean the area. Applying a moisturizer will also help the healing stage during this time. Just make sure it's fragrance-free. You can also resume working out with light exercise.

Day 10 and onward back to normal routine and continue to protect the life of your treatment.