

Client Consent Form



I hereby consent to and authorize _____ to perform the following procedure:
(esthetician)

I have voluntarily elected to undergo this treatment/procedure after the nature and purpose of this treatment has been explained to me, along with the risks and hazards involved, by _____.
(esthetician)

Although it is impossible to list every potential risk and complication, I have been informed of possible benefits, risks, and complications. I also recognize there are no guaranteed results and that independent results are dependent upon age, skin condition, and lifestyle and that there is the possibility I may require further treatments of the treated areas to obtain the expected results at an additional cost.

I have read and understand the post-treatment home care instructions. I understand how important it is to follow all instructions given to me for post-treatment care. In the event that I may have additional questions or concerns regarding my treatment or suggested home product/post-treatment care, I will consult the esthetician immediately.

I have also, to the best of my knowledge, given an accurate account of my medical history, including all known allergies or prescription drugs or products I am currently ingesting or using topically.

I have read and fully understand this agreement and all information detailed above. I understand the procedure and accept the risks. All of my questions have been answered to my satisfaction and I consent to the terms of this agreement. I do not hold the esthetician, whose signature appears below, responsible for any of my conditions that were present, but not disclosed at the time of this skin care procedure, which may be affected by the treatment performed today.

Client Name (printed) _____

Client Name (signature) _____ Date _____

Esthetician _____ Date _____



CIRCADIA
by Dr. Pugliese

Advanced Professional Skincare

CONFIDENTIAL SKIN HEALTH QUESTIONNAIRE

PLEASE PRINT

Today's Date _____

First Name _____ Last Name _____ Date of Birth ____/____/____

Street _____ Apt. # _____ City _____ State _____ Zip _____

Phone – Home () _____ Work () _____ Mobile () _____

Dermatologist/physician _____ Phone () _____

Emergency Contact _____ Phone () _____

Your occupation _____ E-Mail _____

Referred by Friend Mailer Walk-by E-mail Gift Certificate Other _____

Skin Care Professional Name:

1. What is the reason for your visit today? _____

2. What special areas of concern do you have? _____

EXPECTATIONS and HISTORY

3. Which conditions would you like to improve?

- | | |
|--|--|
| <input type="checkbox"/> Acne scarring | <input type="checkbox"/> Hyperpigmentation |
| <input type="checkbox"/> Acne | <input type="checkbox"/> Broken capillaries |
| <input type="checkbox"/> Age spots | <input type="checkbox"/> Stretch Marks |
| <input type="checkbox"/> Enlarged Pores | <input type="checkbox"/> Surgical/facial scars |
| <input type="checkbox"/> Fine lines & wrinkles | <input type="checkbox"/> Other _____ |

4. Have you ever had facial treatment in the past? Yes No

5. What was your experience? _____

6. How would you describe your skin?

Normal Dry Oily Combination Sensitive Sun Damaged

7. How would you rate your skin? (Circle one)

- I Always burns, never tans
- II Always burns easily, tans slightly
- III Burns moderately – tans gradually
- IV Seldom burn – Always tans well
- V Rarely burns – Deep tan
- VI Never burns – Deeply pigmented

8. Do you ever experience Flakiness? Tightness?
 Redness? Excessive oily shine during day?

9. What is your present skin regimen?

Soap & water only Cleanser Toner Masque
 Moisturizer Exfoliation Sun Block every day
Other _____

10. Are you ever exposed to chemicals, oils, or other caustic substances that may aggravate your skin?

Yes No

If yes, what are they? _____

11. Do you blush easily? Yes No

If yes, what are the contributing factors?

Emotions Foods Temperature changes Other _____

12. Do you Sun bathe? Use a tanning bed? How often? _____

13. Have you ever had Peels? Microdermabrasion Facial surgery
 Cosmetic Surgery Botox Collagen Injections Laser resurfacing
How recently? _____

14. Are you under treatment for any current skin condition? Yes No

If yes, what? _____

15. Does your skin heal Fast? Scars? Pigments?

16. Do you bruise easily? Yes No

17. Do you get sores/blisters (Herpes Zoster/Shingles)? Yes No

18. What medications/hormone replacement/vitamins do you presently take?

19. Have you ever used Accutane® Retin-A® Renova®
 Topical Antibiotics Differin Tazarac Hydroquinone Alpha Hydroxy Acids?

If yes, when and for how long? _____

20. Any personal or family history of skin cancer? Yes No

Provide detail _____

21. How would you describe your overall health?

Excellent Good Fair Poor

22. Have you had any of the following, past or present?

Acne	<input type="checkbox"/> Yes	<input type="checkbox"/> No	When _____
Allergies	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Arthritis or Bursitis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Blood Pressure	<input type="checkbox"/> High	<input type="checkbox"/> Low	<input type="checkbox"/> Normal
Breast Implant	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Cancer	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Cataracts	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Cholesterol	<input type="checkbox"/> High	<input type="checkbox"/> Low	<input type="checkbox"/> Normal
Claustrophobic	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Diabetes	<input type="checkbox"/> Yes	<input type="checkbox"/> No	

- Diarrhea/constipation Yes No
- Eczema Yes No
- Epilepsy Yes No
- Hay Fever Yes No
- Headaches Yes No
- Heart Disease/Conditions Yes No
- Hepatitis Yes No
- HIV/AIDS Yes No
- Infections Yes No
- Lupus Yes No
- Menopausal Yes No
- Metal Implants Yes No
- Pace Maker Yes No
- Phlebitis Yes No
- Serious Injury Yes No
- Sleep problems Yes No
- Thyroid High Low Normal
- Varicose Veins Yes No
- Do you smoke? Yes No
- Do you wear contact lenses? Yes No

Where _____

How often _____

What _____

What _____

23. Have you ever had a reaction to Cosmetics Metals Medication Food
 Fragrance Airborne particles? Other Explain _____

24. **FOR WOMEN:** Oral contraceptives? Yes No
 Are you pregnant or trying to get pregnant? Yes No
 Are you taking hormone replacement? Yes No
 Do you experience hormone imbalances? Yes No
25. **FOR MEN:** Do you shave with Electric shaver? Razor?
 Do you experience skin breakouts? Yes No
 Do you have ingrown hair? Yes No

LIFESTYLE & DIET

1. Is your stress level High Medium Low
2. Do you normally sleep well? Yes No
3. Do you regularly exercise? Yes No
4. Do you have food intolerances? Yes No
5. Do you follow any special diet? Yes No
6. How many glasses of water do you consume daily? _____
7. How many cups of caffeine-type beverage (coffee, tea, soft drinks) do you consume daily?
 1-3 cups 4 or more
8. In our treatment program, it may be necessary to recommend alterations to or additions in your home care regimen; would that be OK with you? Yes No

What? _____

Your practitioner will recommend the appropriate schedule for future facial treatments or physician referral in order to achieve your skin improvement goals.

INFORMED CONSENT RELEASE

I _____, do fully understand all the questions above and have answered them all correctly and honestly. I understand that the services offered are not a substitute for medical care. I understand that the skin care professional will completely inform me of what to expect in the course of treatment and will recommend adjustments to my regimen if deemed necessary. I also am aware that individual results are dependent upon my age, skin condition, and lifestyle. I agree to actively participate in following appointment schedules and home care procedures to the best of my ability, so that I may

obtain maximum effectiveness. In the event that I may have additional questions or concerns regarding my treatment or suggested home product routine, I will inform my skin care professional immediately.

I release and hold harmless the skin care professional [insert your name], [insert business name], and the staff harmless from any liability for adverse reactions that may result from this treatment.

POLICIES

1. We require 48-hours notice for cancellations. Cancellation for Monday must be phoned in on the Friday before.
2. If you are not satisfied with your service or products, please contact your skin care professional within 24-hours after your appointment so that the situation may be corrected. It is our policy to provide you with the best professional service and products customized for your skin condition.

I have read and understood all of the foregoing information _____ Date _____
Client Signature