

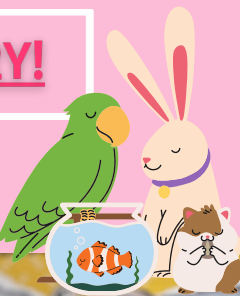
Summer Groups

May 2025 Newsletter

A RESOURCE FOR HANDLING THE SUMMERTIME TRANSITION

[CLICK HERE FOR THE SOCIAL STORY!](#)

May's activity theme



HAPPY
Mother's
DAY

Happy Mother's Day to all our wonderful moms!
You make our world go round, you're the best
teammates we could ask for, and we ♥ you!



PETS

DEAN

Talk about a kid with a giant heart💖, firecracker energy💣, and a personality the size of Texas! We are talking about Dean. If you haven't met him yet, boy are you missing out! He shares the sweetest hugs💞, the biggest excitement🎉, and always has us laughing along🤣 with all his fun and mischief! This one is going to be famous one day, whether he's a chef creating art in the kitchen👨‍🍳, a comedian on the big stage🎤, or flying in outer space🚀, this kid is going to make big waves🌊! Ms. Hannah is so proud of his speech, language, and all that he has to say! We love you so sweet sweet boy!



*Permission granted from parents for sharing

The DST office will be closed for Memorial Day: Monday, May 26th



SUMMER GROUPS

Summer groups are almost fully booked, reach out to your therapist to find out if there are any more available spots in the group you are interested in!

are booking up fast

Due to high demands, we have opened up more groups for 6-8 years olds!

SCHOOL SUCCESS

Tuesdays 9:00 - 10:00

SKILLS: *Ages 4-6 years
following directions, language, articulation, comprehension, fine motor skills, literacy skills, and more

SOCIAL SKILLS

Tuesdays 1:00 - 2:00

SKILLS: *Ages 6-8 years
building friendships, conversational skills, winning and losing, turn taking, socially appropriate behaviors, and more

beginner

EXECUTIVE FUNCTIONS

Tuesdays 11:00 - 12:00

SKILLS: *Ages 6-8 years
attention, following directions, impulse control, self-awareness, self-regulation, motivation, challenge tolerance, and more

advanced

EXECUTIVE FUNCTIONS

Tuesday 4:00 - 5:00

SKILLS: *Ages 8-10 years
attention, following directions, impulse control, self-awareness, self-regulation, motivation, challenge tolerance, and more



~\$400 for entire 8 week summer program



Session flow

1 hour group session

20 min

learning activity

30 min

game or fun activity practicing the skills just taught

10 min

post-activity discussion

Summer Group registration close in late May! Reserve your space on our website:

www.dearsistertherapy.com
or until group is fully booked

Summer Group registration will close in late May!
Don't miss out, reach out today!





National speech-language-hearing month!

articulation

Articulation therapy helps individuals learn how to produce speech sounds correctly. This type of therapy focuses on improving the motor skills and movements needed to form different sounds using the articulators (lips, tongue, jaw, & palate). Articulation impacts how easily others can understand what you are saying. This is the area most people think of when they think of speech therapy.

communication

Speech therapists address how a person is able to communicate with others in order to express their thoughts, ideas, intentions, needs, and wants in a meaningful and accurate way. Speech therapists look at alternative and adaptive means of communication when spoken words are not an option or is not the best option.

LET'S LEARN ABOUT SPEECH THERAPY

**DID YOU KNOW THAT
SPEECH THERAPISTS
CAN WORK ON ALL OF
THESE SKILLS?**

language

Speech therapists address a individual's ability to receive, process, interpret, and make sense of incoming (receptive) language that they are hearing. They also address a individual's formation, organization, and outward expression of their thoughts through (expressive) language with others. A speech therapist aims to improve an individual's ability to express and receive language so that they understand what is being said to them and they are able to communicate with others in a variety of environments. Strong language skills highly impact a individual's literacy, cognitive capacity, potential for academic success, and meaningful relationships with others.

fluency

Fluency refers to continuity, smoothness, rate, and effort in speech production. It's a technical term for the flow, speed, and functionality of the words coming out of your mouth. When an individual has difficulty with fluency of verbal language, it results in a stutter or disfluent speech. Speech therapists can help individuals to work on the fluency of their speech so that what they say comes out in a smooth and effortless way.



Happy Speech-Language-Hearing month to our beloved speechies!



National speech-language-hearing month!

swallowing/feeding

Speech therapists are the medical professionals who can specialize in swallow function and help individuals who have yet to gain the ability or who have lost the ability to swallow safely. Safe swallowing enables someone to properly utilize the muscles of the mouth and throat to get properly prepared food and drinks down the esophagus and not into the airway and lungs. Feeding therapy is designed to help children develop better eating habits and more successful and enjoyable mealtimes.

voice

This area of speech therapy focuses on the quality of the voice. Speech therapists address voice issues related to loudness, pitch, and resonance. Speech therapists help individuals to produce language using safe voice techniques, and help individuals to work on preferences in the sound of their voice for career and personal reasons.

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LESS
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pragmatic language

Pragmatic language refers to how individuals use language in social situations, encompassing the skills of knowing what to say, how to say it, and when to say it. It involves using language for various communicative functions, adapting language to different listeners and contexts, and following the rules of conversation. Speech therapists work to address these special social skills in order for individuals to communicate in their best way. Speech therapists help individuals to avoid being misunderstood or misconstrued during social communication and instead, thrive during times of social engagement.

cognitive skills

Speech therapists also address cognition and cognitive skills during development and also after trauma, stroke, or other injury. Speech therapists address the cognitive skills that facilitate functional performance in daily life tasks including language and communication with others. Speech therapists work to restore or improve cognitive skills and understanding so that individuals live their best and most functional life.

hearing

Speech therapists support individuals with hearing loss by addressing speech and language development, communication skills, and the use of assistive technologies. They help individuals with hearing loss learn to communicate effectively, develop listening skills, and use hearing aids or cochlear implants.



Happy Speech-Language-Hearing month to our beloved speechies!