WEEK 5 SPRING/SUMMER			BUCHANAN LODGE MASTER MENU			WEEK 5 SPRING/SUMMER		
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Breakfast	Orange Juice Stewed Prunes or	Cranberry Juice Stewed Prunes or	Apple Juice Stewed Prunes or	Orange Juice Stewed Prunes or	Cranberry Juice Stewed Prunes or	Apple Juice Stewed Prunes or	Orange Juice Stewed Prunes or	
	Banana Half Hot Oatmeal	Banana Half Hot Oatmeal	Banana Half Hot Oatmeal	Banana Half Hot Oatmeal	Banana Half Hot Oatmeal	Banana Half Hot Oatmeal	Banana Half Hot Oatmeal	
	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	
	Cheese Slice	Bacon	Poached Eggs	Scrambled Eggs	Sausages	Peanut Butter	Poached Eggs	
	Graham Coffee Cake	Raisin Toast	Toast	Toast	Toast	Toast / Pancakes	Cranberry Muffins	
	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam / Syrup	Jam & Peanut Butter	
	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea a- Coffee - Milk	Tea - Coffee - Milk	
10AM	Assorted Beverages							
Lunch	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	
	Roast Beef with Gravy	Chicken Coq Au Vin	Pork with Mushroom Sauce	Beef Stew Yorkshire Pudding	Potato-crusted Cod	Chicken Souvlaki	Veal Scallopini	
	Mashed Potatoes	Whipped Potatoes	Egg Noodles	Mashed Potatoes	O'Brien Potatoes	Veggie Rice Pilaf	Mashed Potatoes	
	Cauliflower	Prince Edward Mix	Stir Fry veggies	Broccoli	Diced Beets	Greek Green Beans	Peas and pearl onions	
	Mandarin Oranges	Diced Peaches	Jellied Strawberry Cream	Grape Dessert	Lemon Meringue Pie	Banana Loaf	Jellied Lemonade Dessert	
2:00 PM	Assorted Beverages, Bake goods & Fresh Fruits							
Dinner	Bean and Bacon Soda Crackers	Cream of Cauliflower Soda Crackers	Beef Noodle Soda Crackers	Corn Chowder Soda Crackers	Cream of Broccoli Soda Crackers	Chicken Vegetable Soda Crackers	Mulligatawny Soda Crackers	
	Sandwich: Smoked Turkey	Ham and Cheese Casserole Multigrain Bread	Cod Nuggets Tartar Sauce Potato Pancakes	Chicken Fingers Honey Mustard Sauce Dinner Roll	Sandwich: Shaved Roast Beef	BBQ Pork Ribs ½ Slice Whole Wheat Bread	Sandwich: Curried Chicken Salad on Multi-Grain Bread Pickles	
	Potato Salad	Julienne Carrots	Coleslaw	Greek Salad	Carrot Raisin Salad	Diced Squash	Caesar Salad	
	Raspberry Cheesecake Ice Cream	Sticky Toffee Pudding	Fruit Yogurt	Pineapple Tidbits	Fruit Cocktail	Peach Crisp	Warm Tapioca Pudding	
HS		Assorted Beverages, Bake goods & Fresh Fruits						

Breakfast: 250mL of milk and 125mL of juice are offered daily

Menu subject to change without notice

Lunch/ Supper: 125mL of milk and 125mL of water are offered daily.

Assorted Beverage is available upon request (125mL Juices/Milk) at PM & HS

Assorted Sandwich is also available upon request at HS