

# Brow Pre-Care Instructions

Below are some notes to read prior to your appointment. If you have any questions, please do not hesitate to ask.

- If you cancel within 14 days of your appointment, your \$50 deposit will be non-refundable and go towards your cancellation fee.
- This procedure lasts anywhere from 2-3 hours and is divided into three parts: consultation/brow mapping, pre-numb, and the actual tattoo procedure.
- This is a two session process. You will be coming back within 6-12 weeks for your touch up (touch up is included with your original appointment).
- It is NOT recommended you get this procedure done within two weeks or any important event. The first week will be extra dark, and the second week will most likely go through some sort of peeling process.
- You may come in with filled brows as you would normally. This will help give me a guide for the style and preference you like. If possible, please avoid coming in with foundation on.
- To reduce bleeding, please no alcohol 24 hours before appointment and no caffeine day of appointment.
- Please avoid tanning at least two weeks prior to appointment. If your face is sunburned, please contact me prior to appointment to reschedule.
- It is not necessary to have your brows waxed or threaded prior. If possible, leave your hair as natural as possible. This will help me get a better idea of where and how your hair naturally grows. I can remove and clean any unwanted hair after we have agreed on a shape. If you insist, please have it shaped at least 3 days prior.
- NO blood thinners at least 72 hours prior: Advil, Aspirin, Motrin, ibuprofen, Niacin, fish oil supplements. If desired, Tylenol may be taken prior to procedure.
- If your skin around the area we are working on is comprised: break out, rash, inflamed, bruised, blemished; unfortunately we will have to reschedule. Please contact me prior to appointment to reschedule.
- Avoid chemical peels, Retin-A, retinols, at least 4 weeks prior and post.
- If you intend on getting any botox or fillers around the treated area, please do so at least 3 weeks prior to appointment.
- Please do not work out day of procedure (as the body heat expands the pores) and at least one week after procedure.

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