

WEEK 3 SPRING/SUMMER

BUCHANAN LODGE MASTER MENU

WEEK 3 SPRING/SUMMER

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Cheese Slice Cinnamon Bun Jam & Peanut Butter Tea - Coffee - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Egg Toast Jam & Peanut Butter Tea - Coffee - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Sausages Toast Jam & Peanut Butter Tea - Coffee - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Cheese Slices Bran Muffin Jam & Peanut Butter Tea - Coffee - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Egg Raisin Toast Jam & Peanut Butter Tea - Coffee - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Bacon Toast Jam & Peanut Butter Tea - Coffee - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Egg French Toast/Syrup Jam & Peanut Butter Tea - Coffee - Milk
10AM	Assorted Beverages						
Lunch	Cranberry Juice  Roast Turkey & Gravy, Cranberry Sauce, Squash Whipped Potatoes  Strawberry Vanilla Poke Cake	Apple Juice  Pulled pork sandwich with BBQ sauce French Fries & Ketchup  Coleslaw Diced Pears	Orange Juice  Swedish Meatballs & Creamy Mushroom Gravy Mashed Potatoes Peas and Carrots  Jello Jewel	Cranberry Juice  Curried Chicken Stew Jasmine Rice  Green Beans Carrot Cake	Apple Juice  BBQ Chicken Yam Fries  Green Peas Raspberry Trifle	Orange Juice  Steak in Mustard Sauce New Potatoes  Cauliflower Diced Peaches	Cranberry Juice  Fish Casserole Buttermilk Biscuits Mashed Potatoes Whole Green Beans  Mandarin Oranges
2:00 PM	Assorted Beverages, Bake goods & Fresh Fruits						
Dinner	Beef and Barley Soda Crackers  Macaroni and Cheese Whole-wheat Bread  Broccoli Florets  Fruit Medley	Turkey Vegetable Soda Crackers  Sandwiches: Salmon Salad & Herb Cream Cheese  3 Bean Salad Cantaloupe slice	Corn Chowder Soda Crackers  Salad Plate: Slice Smoked Turkey Fresh-baked Scone  Cranberry Salad Potato Salad Bumbleberry Crisp	Vegetable Soup Soda Crackers  Pizza  Watermelon Salad Orange Sherbet	Cream of Broccoli Soda Crackers  Basil-Pesto Ravioli  Tossed Salad with Ranch Dressing Banana Pudding	Chicken with Rice Soda Crackers  Chicken Balls with Plum Sauce Chinese Noodles with Vegetables Strawberry Shortcake	Butternut Squash Soup Soda Crackers Croissant Sandwiches with Bavarian Loaf and Salami Dill Pickle Potato Chips Warm Rice Pudding
HS	Assorted Beverages, Bake goods & Fresh Fruits						

Breakfast: 250mL of milk and 125mL of juice are offered daily

Menu subject to change without notice

Lunch/ Supper: 125mL of milk and 125mL of water are offered daily.

Assorted Beverage is available upon request (125mL Juices/Milk) at PM & HS

Assorted Sandwich is also available upon request at HS