



# MENTOR COACHING

MENTOR COACHING PLAYS A CRITICAL ROLE IN SHADOWLIGHT'S CREATE CLEAR CHANGE™ COACHING PROGRAM. MENTOR COACHES ASSIST THEIR MENTEES TO DEVELOP THEIR COACHING SKILLS, NAVIGATE CHALLENGES AND ACCELERATE THEIR PROFESSIONAL GROWTH.

## TARGET AUDIENCE:

- Mentor Coaches
- Distribution Partners

## COURSE TIME:

8 hours

## DELIVERY OPTIONS:

Instructor-Led and Blended

## DELIVERY METHOD:

Virtual

## PAIRS WELL WITH:

- CREATE CLEAR Change™ Level 1 Coaching Program

## PREREQUISITES

- Partnering for Performance™ and ShadowLight's approach to learning (1 hour)
- ICF PCC mentor coaching program
- CLEAR video series (3 hours)



CLEAR is a presencing practice to remain grounded and centered in conversation.

Through this holistic approach, individuals build trusting relationships with self and others.

Mentor coaches play a key role in shaping the future of coaching as they influence the development of emerging coaches.

ShadowLight's Mentor Coaching Program will equip participants to provide thorough, insightful, and empowering feedback that is aligned with the International Coaching Federation (ICF) requirements and ShadowLight's vision and values.

## BY THE END OF THIS PROGRAM, MENTOR COACHES WILL BE ABLE TO:

- Provide guidance, support, and feedback (both verbal and written) to coaches at various stages in their coaching journey.
- Help coaches navigate challenges and gain confidence in their coaching abilities.
- Enhance the skills, effectiveness, and professionalism of the coach being mentored.
- Effectively address ethical considerations including confidentiality, boundaries, professionalism, and adherence to coaching ethics and standards.
- Assist coaches in developing and refining coaching skills; highlight strengths and suggest areas for improvement based on the ICF's PCC Markers.
- Focus on demonstrating a directive and non-directive approach as part of a coaching conversation.
- The difference between coaching, mentor coaching and coaching supervision.

## COMPLETION REQUIREMENTS INCLUDE:

- Submit mentor coaching demonstration for evaluation.
- Provide written and verbal feedback, as required.
- Submit the following for evaluation:
  - Recorded 30-minute coaching conversation between coach and coachee
  - Recorded 30-minute mentor coaching conversation with coach

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