

21 Day Accelerate Your Career Challenge

at
**HER
BEST**

DAY 1

Take an inventory of your market — who would benefit from knowing and learning about your talents?

DAY 2

Promote a talent/skill to others in your market

DAY 3

Take every opportunity to provide value to others.

DAY 4

Commit to providing value to one person today. What are you learning about yourself?

DAY 5

Instead of asking for permission, reframe the question to a statement of "I recommend"

DAY 6

Reflect on your career path and trajectory. Do you know where you're headed?

DAY 7

Take note during your transition from one meeting to next. What are some subtle tweaks you can make to show up differently?

DAY 8

Help someone from Your Community. Don't expect anything in return.

DAY 9

How do you want others to be moved, touched or inspired by you? Commit to one thing that will bring others closer to you

DAY 10

Take notice of your energy levels today. How do others respond to your vibe?

DAY 11

What's one ridiculously simple action I can try today that would be easiest to execute and have the biggest impact?

DAY 12

Mentor one person today without telling them

DAY 13

Send a note of gratitude to 5 people in Your Community

DAY 14

Discover a hidden market that can be a part of Your Community

DAY 15

Have a mentoring meeting with a colleague without calling it that

DAY 16

Be Brave and F.A.I.L today. What did you learn about the failure?

DAY 17

Highlight another person's recent accomplishment to others in Your Community

DAY 18

Meet with someone in your market who would benefit from what you know.

DAY 19

Show up differently today.

DAY 20

Pick a pivotal moment to advocate for Your Community

DAY 21

Pay it forward by sharing your knowledge with others