

APRIL 7-13, 2024

SEPT 29- OCT 5 2024

ART RETREAT



CASA ERICA
travel + retreats



TRAVELING,
IT LEAVES YOU
SPEECHLESS
AND THEN
TURNS YOU
INTO A
STORYTELLER.

Ibn Battuta

Thank you for your interest in our
2024 Casa Erica Art Retreat
in partnership with the Art Garage.

Our art retreats offer it all: art lessons, art history, slow food, wine, Italian culture and history, idyllic village life, stunning architecture, and more. Our overarching goal for our retreats is that each person leaves feeling restored by their experience with us.

We lean heavily into the ancient wisdom and rhythms of the Italian countryside while gently tapping into your creative side. Many people find a spiritual or wellness component too - village Italy has much to impart on the secrets of a long and happy life, and we offer enough downtime for our guests to experience it all.

Heather Deyo & Monica Foye



AN ALL-INCLUSIVE BESPOKE EXPERIENCE

Lodging

Single or double room lodging will be included in the cost of your retreat for the entire 7 days and 6 nights.

All Meals & Wine

From dining at local restaurants to wine tastings and dining on-site at the monastery, food and wine is included.*

Transportation

Both car and train transportation are covered during the duration of your retreat.

Tickets & Admission

Access to all planned events, sites, experiences and attractions are included.



*For lunch in Orvieto and Florence you'll be on your own
Dining recommendations provided if desired..

EXPLORE

Our time in Italy will truly be a unique adventure. While our final schedule will unfold as we balance weather, unique opportunities that become available, and the wishes of our group, here are a few of our guests' favorite experiences which we incorporate into almost every retreat. The itinerary will be finalized 30 days from the retreat start.



EXPLORE ORVIETO

TOUR OF THE DUOMO AND THE ANCIENT CITY STREETS. SHOPPING, ART, HISTORY, AND MORE...



COOKING CLASS

COME LEARN THE ANCIENT ART OF PASTA MAKING FROM A LOCAL CHEF ON THEIR FAMILY'S LAVENDER FARM



TENUTA LE VELETTE VINEYARDS

OWNED AND OPERATED BY THE SAME FAMILY FOR SEVEN GENERATIONS, WE'LL TOUR THE WINE CELLARS AND EXPERIENCE A DELICIOUS PAIRED WINE MEAL.



ART CLASSES

WE EACH HAVE AN ARTIST INSIDE US, AND MONICA IS A PRO AT GENTLY COAXING THAT ARTIST OUT. YOU'LL HAVE THE OPPORTUNITY TO TAKE BOTH SKETCHING AND PAINTING CLASSES.



WARM MINERAL SPRINGS

WEATHER PERMITTING, WE'LL SPEND SEVERAL HOURS SOAKING IN THE HEALING WATERS. DEPENDING ON TIMING WE'LL ENJOY LUNCH ON SITE.



A DAY TRIP TO FLORENCE

EXPLORE THIS MASTERPIECE OF A CITY. SEE MICHELANGELO'S DAVID AND VISIT THE CITY'S FAMOUS LEATHER AND FOOD MARKETS.



D'AMICO WINERY

A TOUR OF THE PRIVATE SCULPTURE GARDENS, AND TOUR AND TASTING AT ONE OF UMBRIA'S MOST EXCLUSIVE WINERIES.

THE TEAM



Heather Deyo

Founder of Casa Erica Travel and proud owner of the Casa Erica property in Lubriano, Heather is delighted to share the magic of Italy with curious travelers.

Monica Foye

Our resident art instructor and historian, and founder of The Art Garage, there is nothing Monica loves more than opening minds to the joy of art.



Magda Petrea

With many years in hospitality under her belt, our retreat coordinator, Magda, is a pro at the details, and can come up with a solution for (literally!) anything. She speaks five languages and is always ready to help our guests.



We base the retreats at our home, Casa Erica, a restored former Jesuit monastery set in the beautiful, thriving little town of Lubriano, Umbria. Our property overlooks Civita di Bagnoregio, famously known as Italy's "Dying City."

We are an hour north of Rome, and two hours south of Florence, by train, and a 20 minute drive from Orvieto. Lubriano is a village of 800 people dating from the 12th century.



The town is built on top of Etruscan ruins. It was the regional hub for crafting the pottery vessels used to store herbs and medicines in medieval times, and remains rich in history and beauty.

We have several tiny grocery stores, a variety of charming and excellent restaurants, a post office, a hairdresser, a pharmacy, two coffee shops, and two beautiful Renaissance era churches.



COST

Single Occupancy

\$3500 per person

Double Occupancy

\$3000 per person

- A \$1000 non-refundable deposit is due upon registration
- \$1000 is due on 90 days before, with the balance due 60 days before the start of the retreat.
- We will send reminders on the appropriate dates.
- Please inquire if you would like to discuss a custom payment plan.

FAQ'S

How do I get to Lubriano?

You'll be flying into Rome. We encourage our guests to spend at least one night in Rome before the retreat. On the day the retreat begins, we provide private car transfers from Rome to Lubriano at specific times.

What if I would like to extend my European vacation?

Many of our guests choose to travel before or after the retreat. We're an easy launch point for many other destinations and we're happy to offer suggestions. Our trusted travel partner, Odyssey Travel, will be happy to help with any planning and booking needs you may have.

Cancellation Policy

1. 90+ days before the trip - full refund given except for deposit
2. 45-89 days before the trip - 50% of total retreat cost refunded
3. There are no refunds for cancellation within 45 days of the retreat.
4. We recommend all our guests obtain trip insurance, to include retreat, air, and other costs, as soon as the deposit is made.

NEXT STEPS

01

REGISTER

Click the link at the bottom of the page to register for the retreat.

02

DEPOSIT

After registering, Heather will reach out with information on how to pay your deposit and establish your payment schedule.

03

BOOK YOUR FLIGHT

See the details provided at the end of this document to book your flight into Rome.

04

STAY CONNECTED

Keep an eye on your email, we'll be sending out regular updates and coordinating a group video call in preparation for your retreat.

SPRING
REGISTRATION

FALL
REGISTRATION



CONNECT

HEATHER DEYO

(904) 403-4891
heather@casaericatravel.com

MONICA FOYE

(904) 449-4056
monicafoye@gmail.com

WEBSITE

<https://casaericatravel.com/>

SOCIAL MEDIA

@casaerica_travel

T R A V E L

We recommend that you fly into Rome (Leonardo da Vinci–Fiumicino Airport | FCO) airport. We provide private transportation from and back to Rome at specific times. Most guests choose to stay in Rome for a weekend or more before or after the retreat. While planning for Rome is not included in the retreat price, we can send you some recommendations upon request.

If you would like more assistance booking your time in Rome, or your flight, please see the next page.

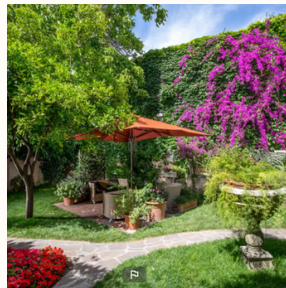
H O W T O B O O K Y O U R F L I G H T

You will be flying into FCO airport in Rome.
You will most likely need to connect to a larger airport such as New York, LAX, Atlanta, Charlotte, etc. in the US.
Flying to Rome from the US will require an overnight flight.

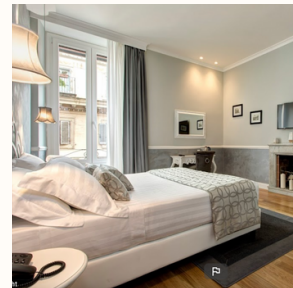
R O M E H O T E L S



PANTHEON
CAESAR RELAIS
Largo Ginnasi, 2,
00186 Roma
RM, Italy



THE INN AT THE
ROMAN FORUM
Via degli Ibernesei,
30, 00184 Roma
RM, Italy



RELAIS DE
L'OPERA
Via Palermo, 36,
00184 Roma
RM, Italy

T R A V E L

Our trusted partner, Odyssey Travel, is available to assist you with booking travel before and after the retreat. For a small fee, our dedicated agent, Marion Taborda, can book your flight to and from Rome. Marion can also book hotels and tours, and can provide any support you may need to extend your European trip.

C O N N E C T

Marion Taborda

904-570-3000

Marion@odysseytravel.com

