

DOMINO

while you show up for the many...

we show up for you.

thedominogroup.la

WE MAKE ONE GUARANTEE:
YOU ARE **LIMITLESS**.

What's possible for you and your organization is boundless.

This is the journey where you embody and experience your infinite nature.

It's time for your team to excel under pressure, and for you to thrive under the spotlight,
not be bullied by it.



We want to make this loud and clear: true success, prosperity, fulfillment and artistry do NOT require that you sacrifice any element of your wellbeing.

We work one-on-one with each individual on your team to transform outdated identities and build a restorative relationship with their work, self, purpose and potential.

The momentum doesn't have to stop. You're already *on* the journey you've been looking for.



DOMINO

IS THE FIRST OF ITS KIND.

The Domino Group was born from a recording artist that overcame extreme burnout, and a transformational mentor who chose to defy every label and limitation.

Together, we created the container we both needed and yearned for most.

THE SPACE WHERE YOU:

- **TRANSFORM** cycles of burnout and patterns of self-abandonment
- **MASTER** nervous system regulation to maximize efficiency and work in a way that regenerates you
- **REVOLUTIONIZE** your communication with all aspects of self, team and audience
- **LIBERATE** your perspective, art and expression
- **DESIGN** your reality from your essence
- **EXECUTE** the vision while embodying true harmony

With a combined two decades of experience, and fluency in nearly thirty modalities, we seamlessly become an integrated part of your dream team.

IN PERSON / IN SITU:

For powerful & immediate transformation

We meet you in your world for a number of days or weeks: amidst the moments of peak pressure, on tour, set, in transit, in office, and even in the comfort of your home.

Whether we're with you backstage at the arena applying breakthroughs in real-time, at a chosen offsite retreat building team synergy, or sharing deep-dive intimate moments in your garden...

We support you, and your team, in all dimensions of your work and personal life.

VIRTUAL:

For the ongoing evolution & integration

While transformation can unfold instantly, what you learn in Domino ultimately becomes a fulfilling and expansive *way of life*, as well as a new culture for your organization.

We are with you at every edge of your growth, and stand beside you through all seasons of impact: before, during and after major projects and life transitions.

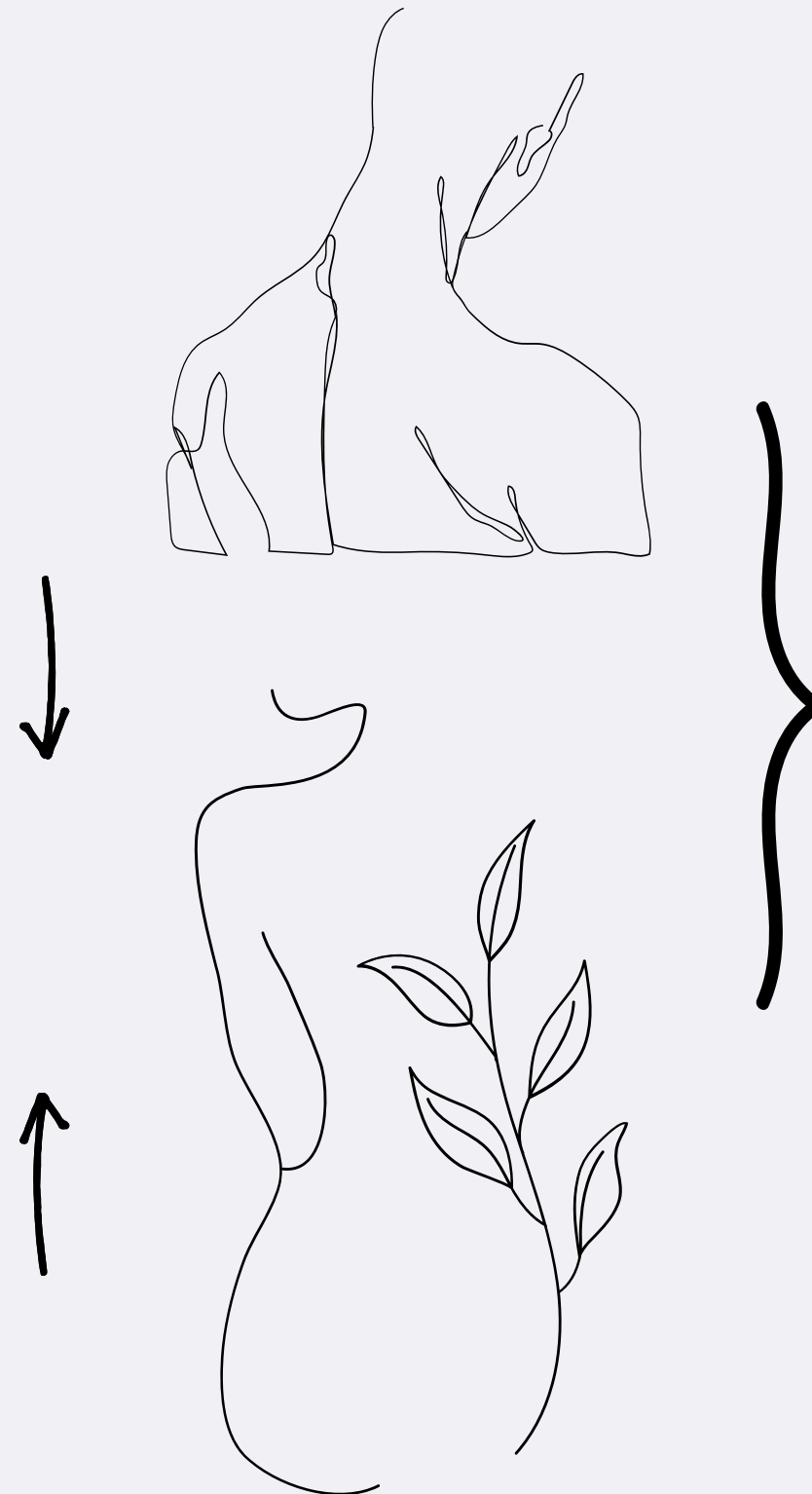
HOW OUR APPROACH WORKS:

We provide **THE** most powerful, efficient and sustainable therapeutic journey possible.

The vast majority of therapeutic modalities work solely on mindset. At best, we become more self-aware, but most often we are left without *real & lasting* change, implementable tools & relational skills, greater happiness, or deeper peace.

More progressive therapeutic modalities have a **“top-down”** approach that refines our beliefs, thoughts & world view as a means to reshape how we feel & respond to life every day.

Trauma-informed & somatic modalities often work **“bottom-up”**: embracing the body as an intelligent authority to inform us of our needs, truth & instincts. This approach also views the nervous system as the key to transform perception. By shifting the body into a new state, we can shift *countless* mental beliefs.



The *Domino Effect* is truly holistic and comprehensive: working both “top-down” and “bottom-up”.

We know when to pull one “lever” in the nervous system to transform a whole identity: an intricate network of mindsets & beliefs. We collapse *years* of talk therapy to *minutes* of integratable transformation.

Likewise, we know when it’s most supportive to work with logic, strategy, habit-building, inter-personal communication & boundary setting.

We work with you as a *whole human*: body, mind & soul.

FROM

Stress, anxiety, self-censorship and past trauma



TO

True presence, authenticity, self-confidence and agency



FROM

Inconsistency, miscommunication, and self-judgment



TO

Synergized purpose and creativity, conscious communication and empowered execution

FROM

Perceived limitation and separation



TO

Liberated love, divine connection and conscious reality design

THE JOURNEY:

This is not a one-dimensional map applied the same way for every person or team, nor is it a linear process. We often work with many stages simultaneously.

1) ESTABLISH SAFETY & RECONCILE THE PAST: Become aware of outdated identities to transform perceived limitations & relationship patterns.

2) INTEGRATE THE BODY: Attune to the innate wisdom of your needs, desires & instincts. Become immune to burnout.

HEAL &
RE-MEMBER

3) RESTORE AGENCY: Design a thriving relationship with yourself & your purpose. Source your energy in a sustainable way & direct it with laser-like precision.

4) CREATE & INNOVATE: Deconstruct self-censorship & the pressures around your creativity. Unlock your limitless imagination, pleasure & play to experience artistic freedom from the inside-out.

DESIGN YOUR
EXPERIENCE

5) TRANSFORM RELATIONAL CULTURE: Become a masterful communicator that listens & responds consciously. Celebrate the wins, & embrace moments of friction & conflict as opportunities to evolve.

6) CONSCIOUS LEADERSHIP & IMPACT: Become global exemplars of the culture you most desire & value. Learn to embody peace & fulfillment *while* you pioneer the way forward.

EMBODY THE
DREAM,
TOGETHER.

A BESPOKE STRUCTURE

Let's dive in to an example of what a package can look like.

We customize according to the vision you have for yourself and your team.

LEAD FIGURE:

VIRTUAL:

UNLIMITED "AS DESIRED" SESSIONS

- From 20 minute laser sessions to 3 hour deep-dives, we've got you when *and* as often as you need.

UNLIMITED MESSAGING SUPPORT

- Between sessions, we're at your fingertips to support you in every area of your life in real time.

IN PERSON / IN SITU:

*** UP TO 50 DAYS PER YEAR ***

- Can be utilized while you're in situ, or in offsite "retreat" format at your chosen location or home.
- Can be scheduled in any succession, and in advance or last minute as availability allows.
- Can be focused on any area of your personal or relational life, current creative chapter, work or leadership.

TEAM:

VIRTUAL:

WHOLE TEAM INVENTORY:

We'll deep-dive with each team member to uncover what's happening beneath the surface. This includes an analysis of core values, zones of excellence, and communication styles, as well as potential misalignments, misunderstandings, and differences in working style.

WEEKLY 1:1 SESSIONS:

- We dedicate a selected number of days per week with availability for 8-10 sessions per day.
- Each individual on your team has full agency to book their desired time and frequency. They can schedule every week, but we recommend they do a minimum of 3 sessions per quarter.

WHOLE TEAM MONTHLY WORKSHOP:

Based on themes from the Whole Team Inventory, we attend to the bumps and kinks in your team's effectiveness to create exceptional ease, flow and synergy.

IN PERSON / IN SITU:

***** UP TO 50 DAYS PER YEAR *****

We seamlessly blend laser focused 1:1 sessions for all team members, and whole-team integration work. We design the full experience according to what will elevate and evolve the entire team.

In-person team days are interpersonal and systemic: we move and grow together in ways that can only unfold as a team, and develop more attuned understanding of self in and through relationship.

Breakthroughs that occur in situ not only provide rich content to bring back to 1:1 sessions... but also shapes the whole team into a more integrated and cohesive unit, ready to innovate and conquer new projects.

A SUITE AT YOUR FINGERTIPS:

When you work with us, you *also* gain access to a wide array of the highest calibre experts and specialists.

Just a taste of what you can opt in for:

Naturopathic
Medicine

Massage Therapy
& Body Work

Creative Direction
& Mentorship

IV Therapy

Astrology

Pro Styling

Nutritional
Coaching

Gene Keys

Chinese
Medicine

& more...

A SIMPLE TRUTH:

The truth is, you don't *ever* invest in time as a stand-alone resource. What actually matters is the transformation you experience within a given amount of time. You invest in *quality*: in value, evolution and harmony.

Time and time again, we've seen the most legendary and successful leaders attain all the accolades, only to be left disenchanted and yearning for more out of life.

The power to transform and transcend this paradigm lies within you.

The Domino container is designed to awaken you more deeply to this power and choice.



FOR THE SAKE OF CONTRAST:

HERE'S WHAT DOESN'T WORK IN TRADITIONAL MODELS:

- Your support is not available on call, when you need them most, or in-between sessions when shit comes up in real time
- You don't learn how to self-lead, and co-lead each other as a team, through process outside the therapeutic setting
- Practitioners lack the skill to get to the root cause of suffering, transform inter-personal dynamics and resolve conflict
- Exponential costs for travel fees and chronic invoicing
- Additional fees for services booked last minute
- Cancellation fees

With a fully customized package, and an all-inclusive price, we get to focus on the important shit with you and your team, without any of the noise or limitations.

Most companies throw money at problems after catastrophe hits, rather than proactively investing to prevent the issues in the first place.

**IMAGINE WHAT YOU AND YOUR TEAM CAN
AND WILL ACCOMPLISH WHEN THEY ARE:**

- Self-aware and confident in their own leadership
- Regulated, calm, resourced and flourishing
- Fully in touch with their genius and actively bringing their gifts to the table
- Communicating, organizing and executing with expert ease
- Able to access flow state productivity at any moment
- Propelled by curiosity and conviction to create “everybody wins” scenarios

The most life changing intra- and inter-personal work gets to be a relief; a playful adventure. It's a breath of fresh air because it's your liberation.

We know you're more interested in sailing open seas than treading water.

So, think about that - how futile it is to delay the most powerful choice you can make:
to thrive.



THE STEPS AHEAD:

We take thorough inventory of what *your* needs and desires are on a consultation, and design you a custom package and quote.

Email us at

contact@thedominogroup.la

to schedule your consultation.

RAVE REVIEWS:

A CLIENT OF THREE YEARS SAYS,
"THE BEST SUPPORT IN THE
WORLD. PERIOD."

AN EMMY AWARD WINNER SAID,
"THIS WAS TEN YEARS OF
THERAPY IN UNDER ONE HOUR.
COUNT ME IN FOR MORE."

A CLIENT GROSSING
TEN FIGURES SHARES:
"YOU DON'T WANT ANYTHING
LESS THAN PEOPLE WHO ARE
MASTERS OF THEIR CRAFT... AND
THAT, LUNA AND DESI ARE."

"THIS IS THE REAL DEAL — THE
POTENTIAL FOR MY LIFE AND
WORK NOW FEEL LIMITLESS."

"THE DOMINO TEAM ARE THE
SAFEST PEOPLE TO SHARE
ANYTHING WITH... I'VE COME TO
EXPECT THAT THE HARDEST SHIT
TURNS INTO THE MOST
PRODUCTIVE AND HONEST
CONVERSATIONS I'VE EVER HAD."

"I ATTRIBUTE NOT ONLY
MASSIVE GROWTH WITHIN
MYSELF, BUT HOW BALANCED
MY LIFE IS, TO THIS SPACE."

*We've also joined forces with a celebrity stylist
and creative director to bring you:*

SATORI

AN IMMERSION TO UNLOCK YOUR
CREATIVE GENIUS & EXECUTE YOUR
NEXT PROJECT OR CREATIVE SEASON

satoriexperience.is



DOMINO
