

GROUP COACHING SUPERVISION PROGRAM

TARGET AUDIENCE:

Coaches

COURSE TIME:

Eight 90-Minute Sessions

DELIVERY OPTIONS:

Instructor-Led and Blended

DELIVERY METHOD:

Virtual

PAIRS WELL WITH:

- Mentor Coaching
- CREATE CLEAR Change™ Level 1 Coaching Program

Coaching supervision is a dynamic and adaptive process that evolves with the coach's development and changing coaching contexts, ensuring that the supervision process remains relevant and valuable throughout the coach's career.

In a group format, coaching supervision allows for shared learning and diverse perspectives. It is experienced as a way for dynamic, collaborative and supportive insight that adds value to our coach-client relationships while ensuring ethical and effective delivery of coaching services.

COACHING SUPERVISION HAS A NUMBER OF OBJECTIVES, INCLUDING:

- **Reflective Practice:** Encourage coaches to reflect on their coaching sessions, explore their experiences, and gain insights into their coaching practice to enhance self-awareness, deepen learning, and identify areas for improvement in a safe and supportive environment. Coaches are able to discuss challenges, explore different perspectives, and receive constructive feedback in a confidential and non-judgmental environment.
- **Professional Development:** To provide ongoing learning and development opportunities for coaches to stay up to date on industry trends, new coaching methodologies, and relevant psychological and behavioral theories.
- **Ethical Considerations:** Ensure coaches maintain high ethical standards, navigate ethical dilemmas, make sound ethical decisions, and uphold the integrity of the coaching profession.
- **Support Whole Person intelligence™:** Recognize the emotional demands of coaching, supervision helps coaches process emotions, manage stress, and maintain overall well-being, contributing to sustained effectiveness in their coaching roles.
- **Case Consultation:** Discuss specific coaching cases to gain insights, explore alternative approaches, and troubleshoot challenges to enhance the coach's ability to handle complex client situations and improves the overall quality of coaching interventions.