



NEW LIFE CHRISTIAN CENTER MAY 29, 2022

PASTOR DAVID LARSON | TURLOCK PASTOR TITO VALDESPINO | PATTERSON

THE Mess OF Stress

See Matthew 6:25-34

What does a man get for all the toil and anxious striving with which he labors under the sun? All his days his work is pain and grief; even at night his mind does not rest. This too is meaningless. Ecclesiastes 2:22-23 (NIV)

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will guard your hearts and minds as you live in Christ Jesus. Philippians 4:6-7 (NLT)

1. Jesus invites me to live with _____

"So I tell you, don't worry about everyday life—whether you have enough food, drink, and clothes. Doesn't life consist of more than food and clothing? Look at the birds. They don't need to plant or harvest or put food in barns because your heavenly Father feeds them. And you are far more valuable to him than they are. Matthew 6:25-26 (NLT)

Can all your worries add a single moment to your life? Of course not. Matthew 6:27 (NLT)

2. Jesus invites me to trust Him for what I cannot _____.

And if God cares so wonderfully for flowers that are here today and gone tomorrow, won't he more surely care for you? You have so little faith! Matthew 6:30 (NLT)

3. Jesus invites me to arrange my _____ in His order.

...He will give you all you need from day to day if you live for him and make the Kingdom of God your primary concern. Matthew 6:33 (NLT)



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1. Jesus invites me to live with LIMITS.

"So I tell you, don't worry about everyday life—whether you have enough food, drink, and clothes. Doesn't life consist of more than food and clothing? Look at the birds. They don't need to plant or harvest or put food in barns because your heavenly Father feeds them. And you are far more valuable to him than they are. Matthew 6:25-26 (NLT)

Can all your worries add a single moment to your life? Of course not. Matthew 6:27 (NLT)

2. Jesus invites me to trust Him for what I cannot CONTROL.

And if God cares so wonderfully for flowers that are here today and gone tomorrow, won't he more surely care for you? You have so little faith! Matthew 6:30 (NLT)

3. Jesus invites me to arrange my PRIORITIES in His order.

...He will give you all you need from day to day if you live for him and make the Kingdom of God your primary concern. Matthew 6:33 (NLT)