

HONORING AND CELEBRATING
2023

AND BIRTHING

YOUR 2024 LIFE VISION

CREATING A VISION THAT
COMES FROM WITHIN

HONORING THE YEAR THAT WAS



2023

REFLECTING FROM WITHIN

IN WHAT WAYS WERE YOU INSPIRED IN 2023?

WHAT FILLED YOU UP?

IN WHAT WAYS DID YOU EXPERIENCE
FREEDOM?



HOW DID YOU CHANGE FOR THE BETTER?

WHAT DID YOU TRY FOR THE FIRST TIME THAT YOU WOULD CONTINUE THIS
YEAR?



HOW WERE YOU CALLED TO STRETCH YOURSELF?

WHAT CHALLENGES AROSE LAST YEAR?



HOW DID YOU FACE THEM?

WHAT IS THE BIGGEST LESSON YOU LEARNED FROM 2023?

WHO OR WHAT TRULY NOURISHED YOU LAST YEAR?



IN WHAT WAYS DID YOU FLOURISH??

BRING TO MIND AN IMAGE THAT REPRESENTS LAST YEAR FOR YOU. HOW CAN THIS IMAGE EMPOWER YOU IN 2024?



YOUR 2024
LIFE VISION
DECLARATION





ENVISIONING YOUR FUTURE

Now that you have created the space to witness and honor the changes, growth, disappointments, accomplishments and beauty of the last 12 months, it is time to begin your Life Visioning Process.

Come into a seated position, with relaxed breathing, and allow your eyes to close. Bring your awareness to your breath as you relax more and more. Bring to mind a vision of yourself in the near future, your ideal self. This vision is the version of you in your dreams. This is the version of you on your highest timeline. See this version of you in exquisite detail. Smile and continue to breathe as you take in all of the details using all of your senses. Then open your eyes and based on this vision, complete the following declarations.

CALLING UPON MY HIGHEST SELF AND THE INHERENT WISDOM THAT
RESIDES WITHIN, I CALL IN MY POWER, UNLEASH MY CREATIVITY, AND I
DECLARE...

IN 2024, I WANT TO EXPERIENCE....

IN 2024, I WANT TO FEEL...

IN 2024, I WANT TO LEARN...

IN 2024, I WANT TO CREATE...

IN 2024, I WANT TO SERVE...

YOUR 2024

LIFE VISION

PLAN



IGNITING YOUR VISION

How to ignite your vision? You have everything within you to create the life of your dreams. If this truth doesn't resonate with you today, let us embark on this profound journey of transformation together. Whether you would like help clarifying your life vision using intuitive knowing, or healing and clearing any blocks to creating the life you envision, or tools to raise your vibration and find your permanent flow, or guidance discovering your next steps on this path toward your Soul Purpose using oracle and other divine practices . . . All of this is possible.

Nothing is out of reach. You are so capable. And you are worth it.



Visit www.yourspirithouse.com
to book a Soul Ignition session and
Ignite Your Life Vision today