

MORNING

Thursday 8 August

DAY
ONE

| 8:00am | Registration/sign-in | <i>Market Place (Level 1)</i> | | | | | |
|--|---|---|---|---|--|--|---|
| 8:40am | Welcome to Country & Smoking Ceremony Perry Wandin, Wurundjeri Elder | <i>Concourse (Ground Floor)</i> | | | | | |
| 9:15am | Opening Address Minister Ingrid Stitt, Victorian Minister for Mental Health | <i>Celebrity Room (Level 1)</i> | | | | | |
| 9:35am | Major Sponsor Introduction: CentreMHN – Bridget Hamilton | <i>Celebrity Room (Level 1)</i> | | | | | |
| 9:40am | KEYNOTE Let's Reflect and Grow Anna Love | <i>Celebrity Room (Level 1)</i> | | | | | |
| 10:25am | Morning Tea Break | <i>Market Place (Level 1)</i> | | | | | |
| Special Event: Nursing Students Unite | | | | | | | <i>Chill Out Space (Level 1)</i> |
| Block | Start Time | Plenary Space <i>Celebrity Room</i> | Break Out 1 <i>Mounting Yard</i> | Break Out 2 <i>Valley View</i> | Break Out 3 <i>Jockey Room</i> | Break Out 4 <i>Committee Room</i> | Wellness Room <i>Parade Bar</i> |
| B1 | 10:55am | CLINICAL SUPERVISION Clinical Supervision for Mental Health Nurses K Thwaites (Safer Care Vic) | NEW MoC DUAL DISABILITY Unique Community-based Rehabilitation Service for Consumers with Dual Disability V Millward (Monash Health) | WORKFORCE EN How Statewide Mental Health Enrolled Nurse Educators are Responding to the Needs of the Enrolled Nurse Workforce E Murrell (CMHL) | SAFETY CO-DESIGN Enhancing Mental Health Care Delivery Through Co-Designed Safewards Education: The Value of Lived Experience Integration K Kerr (Austin Health) | THERAPEUTIC – PARENT & INFANT Strategy for Embedding Recovery-oriented Principles into Practice – A Pilot in the Parent & Infant Unit (Grampians Mental Health and Wellbeing Service) K Godfrey (Grampians) | Delta Therapy Dogs 11:00am – 12:30pm |
| B2 | 11:25am | CLINICAL SUPERVISION Clinical Supervision: Are We Talking About the Same Thing? H Ryu (UoM) | NEW MoC CRISIS HUB Better Together: A Lived Experience and Nurse Practitioner Led Mental Health and AOD Assertive Outreach C Dunn (PHCN VIC) | WORKFORCE EN Enrolled Nursing, A Career to Nurture and Retain C Allen (Bendigo Health) | SAFETY CO-DESIGN A Collaborative and Co-design Approach to Addressing Occupational Violence and Aggression in a Large Public Mental Health Care Service W Johnson (Alfred Health) | THERAPEUTIC CAMHS School Refusal and Child Focused Parent Work A Harris (Alfred) | |

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|-------|------------|--|--|---|--|---|---|--|
| B3 | 11:50am | CLINICAL SUPERVISION Five Years On: Embedding and Expanding Clinical Supervision within a Mental Health and Wellbeing Service C Dunn (PHCN VIC) | NEW MoC INPATIENT Empowering MH Nurses and Fostering Community Support: McKellar Centre F Marwei (Barwon) | PRACTICE EN How Do We Teach Soft Skills? The Development and Implementation of a Targeted Training Workshop on Communication Techniques, Professional Boundaries and Self-care for Novice Mental Health Nurses V Power (Eastern) | SAFETY CO-DESIGN Interdisciplinary Education Approach in Delivering Safewards Training in Eastern Health K Pal (Eastern Health) | THERAPEUTIC - TIC 'Empathy and Empowerment': Trauma - Informed Care in Clinical Practice S Thapa (Northern Health) | Delta Therapy Dogs 11:00am - 12:30pm | |
| B4 | 12:15pm | CLINICAL SUPERVISION Debunking and Embedding Clinical Supervision Into Practice M Kelly (Alfred) | NEW MoC Piecing the Jigsaw Together: Introducing a Comprehensive Trauma-informed Therapeutic Model of Care on an Adolescent In-Patient Ward R Tolan (RCH) | WORKFORCE EN Showcasing the Diversity of Mental Health Enrolled Nurses: A Day in the Life Video Series O McDougall-Fisher (CMHL) | SAFETY CO-DESIGN 'We're Taking it up a Level': Incorporating LEW as co-facilitators in Safewards Training V Boyle (Barwon Health) | THERAPEUTIC - PET THERAPY Pet Therapy: More Than a Treatment C Neilson (Grampians Health) | | |
| | 12:35pm | Lunch Break | | | | <i>Members Lounge (Level 2)</i> | | |
| | 1:20pm | Major Sponsor Introduction | | | | <i>Celebrity Room (Level 1)</i> | | |
| | 1:25pm | KEYNOTE Crisis as a Catalyst for Change Helena Roennfeldt | | | | <i>Celebrity Room (Level 1)</i> | | |

AFTERNOON

Thursday 8 August

DAY
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| Block | Start Time | Plenary Space <i>Celebrity Room</i> | Break Out 1 <i>Mounting Yard</i> | Break Out 2 <i>Valley View</i> | Break Out 3 <i>Jockey Room</i> | Break Out 4 <i>Committee Room</i> | Wellness Room <i>Parade Bar</i> | |
|-------|------------|---|--|---|---|---|---|--|
| B5 | 2:15pm | WORKFORCE TRANSITION COMMUN CAMHS Nurturing Transitions: Supporting Mental Health Nurses in the Transition to Community Mental Health J Garwood (RCH) | THERAPEUTIC PRACTICE Neuro-ecological Diversity: An Alternative to Shaming H Peckham (CentreMHN) | EARLY CAREER ORIENTATION Developing an Early Career (EiC) Multidisciplinary Orientation Program S Cullinan (PHCN VIC) | MH IN GEN HEALTH Improving Mental Health Literacy in a Children's Hospital L Hainsworth (RCH) | SAFETY - TIC Safe Spaces, Sound Minds: A Trauma-Informed Approach to Enhancing Sexual Safety in Mental Health Bed-Based Spaces S Dua (Alfred) | | |
| B6 | 2:40pm | WORKFORCE TRANSITION COMMUN MAT Creating Pathways: A Community Trainee Nurse Role in Youth Early Psychosis S Ryan (Alfred) | THERAPEUTIC - TRAUMA EXPERIENCE What Are Mental Health Nurses' Experiences of Personal and Professional Trauma? K Foster (ACU) | EARLY CAREER ORIENTATION Demystifying the Adolescent In-patient Mental Health Ward - Helping Our Colleagues Feel Comfortable to Walk Through the Door K Richter (RCH) | MH IN GEN HEALTH Is There a Place for Mental Health Nursing in Caring for Young People with Medically Compromised Eating Disorders in a General Medical Ward. The Potential for Future Models of Care U Gamlath (Deakin) | SAFETY - SENSORY IN SECU The Beginning of a Culture Change in a Secure Extended Care Unit S Giles (Grampians Health) | Watercolour Basics 2:15pm - 3:00pm | |
| B7 | 3:05pm | WORKFORCE NP PATHWAY Mental Health Nursing - Endless Possibilities! K Collidge (Alfred) | EDUCATION Future Care Models - Mental Health Support Workers (MHSW) in Acute Mental Health S Ngwenya (Eastern Health) | EARLY CAREER PREQUAL GOALS Nurturing Future Mental Health Professionals: Insights From the Mental Health Prequalified Employment Program - Early Workforce O Ebanks (PHCN) | MH IN GEN HEALTH Beyond Bias: Manoeuvring Through Stigma of MH Nurses' Roles in Physical Deterioration S Lim (Northern) | SAFETY - AGED SAFEWARDS Utilising the Safewards Simple Model to Enhance Care Plans in Acute Older Adult Mental Health Units D Hristodoulidis (SVHA) | | |
| | 3:25pm | Afternoon Tea | | | | <i>Market Place (Level 1)</i> | | |
| | | Special Event: Aboriginal & Torres Strait Islander Mental Health Nurses & Students to come together | | | | <i>Chill Out Space (Level 1)</i> | | |

LATE AFTERNOON

Thursday 8 August

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|-------|-------------|--|---|--|--|---|--|--|
| B8 | 3:50pm | EARLY CAREER – WELLBEING Counter-transference and Early Career Mental Health Nurses G Oakley (Austin) | SAFETY – PREVENT HARM The Trends of Suicide Methods Chosen Over Time M Tsatrafilis (Austin) | EARLY CAREER ORIENTATION To Be, Or Not To Be (a Mental Health Nurse), That is the Question M Register (StVs) | THERAPEUTIC TECHNOLOGY Navigating AI in Mental Health Nursing: Opportunities and Risks D Darmanin (Western Health) | SAFETY WORKFORCE Lived Experience Led Practice Models – IPS and CRM C Dixon (Eastern Health) | Polymer Clay Accesories 3:30pm – 4:20pm | |
| B9 | 4:15pm | THERAPEUTIC – TIC Fractured Attachment and Trauma in Young People M Brand (Austin) | SAFETY – LIGATURE A Statewide Victoria Approach to Improving Safety for Consumers Who Are at Harm of Ligature J Davies (Safer Care Vic) | EARLY CAREER SUPPORT Inspiring Undergraduate Nursing Students to Become Mental Health Nurses S Mareya (RMIT) | EDUCATION TECHNOLOGY Setting Up An 'Internet Learning Café' to Introduce Staff to a New Model of Care Adams (Barwon Health) | SAFETY TRAINING Implementation of Lived / Living Experience Workforce to Crisis Services at Eastern Health E Donley (Eastern Health) | | |
| B10 | 4:40pm | THERAPEUTIC – CAMHS Relationships and Reflections C Pereira (Alfred) | SAFETY – LIGATURE Developing a Training Package for Staff Responding to a Person Hanging or Using a Ligature Around the Neck D Hansen Vella (Barwon) | EARLY CAREER RUSON Cultivating the Next Generation of Mental Health Nurses, One MH-RUSON at a Time B Blachford (Austin) | TECHNOLOGY Digital Health as an Adjunct Treatment Option P Matheson (Grampians) | RESEARCH EVIDENCE The Generation of Research for Forensic Mental Health Nurses and Beyond T Maguire (Swinburne) | | |
| | 5:00pm | End of Day One | | | | | | |
| | 5:00–7:00pm | Celebration Event. 25 Year Anniversary Drinks. | | | | <i>Jockey Room (Level 2)</i> | | |

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| | 8:00am | Registration/sign-in | | | | | <i>Market Place (Level 1)</i> | |
|------------|----------------|--|--|---|--|--|---|--|
| | 8:45am | Welcome and Acknowledgement of Country Major Sponsor Introduction | | | | | <i>Celebrity Room (Level 1)</i> | |
| | 9:00am | KEYNOTE Internationalisation in Mental Health Nursing Professor Rhonda Wilson | | | | | <i>Celebrity Room (Level 1)</i> | |
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| B11 | 9:50am | RESEARCH / ACADEMIC ROLE Preparing to be the Next Generation of Mental Health Nurses with PhDs B Hayward (Monash) | MH IN GEN HEALTH Restrictive Practices Whole of Health – Let’s Share the Learnings from Mental Health A Love (Safer Care Vic) | EARLY CAREER ORIENTATION Fostering the Next Generation of Nurses in Acute Psychiatric Care C Torres (Austin) | SYSTEM SAFETY Elimination of Restrictive Interventions – A Whole of Service Approach J Ten-Hoeve (Eastern Health) | SAFETY – HARRASSM STAFF Breaking the Silence on Gendered Violence in Mental Health S Thuesen (HACSU) | Meditative Drawing 9:30am – 10:00am | |
| B12 | 10:15am | RESEARCH LEADERSHIP Fast- tracked Into Leadership: Career Challenges and Prosperity B Li (Eastern Health) | MH IN GEN HEALTH Empowering MHN Leadership, Research, Retention While Highlighting the Value of MHN Skills: Prevention and Management of Occupational Violence and Aggression Across Public Health Services J Makhoul (Northern) | EARLY CAREER SUPPORT Introduction of Graduate Support Nurse Role at Mercy Mental Health & Wellbeing Services Y Annavee (Mercy) | SYSTEM CAPABILITY Our Workforce, Our Future – How the Capability Framework for Victoria’s Mental Health and Wellbeing Workforce is Being Implemented B Dunlop (CMHL) | SAFETY – OV TRAINING / ADULT Safety Interventions: The Introduction of Refresher Sessions in Supporting Staff Confidence A Mennen (Grampians) | Pottery 10:00am – 10:40am and 10:45am – 11:30am (2 Sessions) | |

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|------------|----------------|---|---|---|--|---|--|
| B13 | 10:40am | EDUCATION LEADERSHIP Adapting to Sector Reforms: CMHL's Strategic Workforce Development and Leadership in Mental Health J Stubbs (CMHL) | MH IN GEN HEALTH Guidelines for the Use of Restraint in Young People with Anorexia Through Collaborative Engagement (Grace) N Brockenshire (UoM) | WORKFORCE RETAIN Job Demands, Resources and Organisational Responsibility for Clinician Wellbeing: Evaluating Crisis Team Workload Management Systems N Stresnjak (Mercy) | SYSTEM INCLUSION Explaining the Mental Health Service Access and Utilisation by CALD Communities in Victoria Using Andersen's Behavioural Model of Health Service Use R Radhamony (Fed Uni) | SAFETY - OV TRAINING / CAMHS P.A.U.S.E! A Collaborative Approach to Occupational Violence and Aggression C Mitchell (RCH) | Pottery 10:00am - 10:40am and 10:45am - 11:30am (2 Sessions) |
| | 11:00am | Morning Tea Break | | | | <i>Market Place (Level 1)</i> | |
| | | Special Event: Student Gathering | | | | <i>Chill Out Space (Level 1)</i> | |
| B14 | 11:30am | IMPROVEMENT SYMPOSIUM (8 Presenters) The Journey So Far K Thwaites Towards Elimination of Restrictive Practices A McCartney & R Britt | CLINICAL SUPERVISION A Relational, Experiential, and Translational Approach to Growing Clinical Supervisors: Perspectives, Reflections, and Insights T Kelly (CentreMHN) | NEW MoC McKellar Mental Health Wellbeing Unit - The 1st Purposely Built Without Seclusion Rooms and Two High Care Areas. How Are We Going Two Years Since Opening? S Barclay (Barwon Health) | LE CRISIS SERVICE Welcoming Difference: The RMH Safe Haven Model of Care F Brianton (RMH) | EARLY CAREER Enriching Our Workforce: The Development and Implementation of a Contextualised Mental Health Enrolled Nurse Transition to Mental Health Novice Learner Year C Smith (Eastern Health) | No Needles Knitted Pillows 11:30am - 12:15pm |

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| B15 | 11:55am | IMPROVEMENT SYMPOSIUM Lived Experience Workforce and Quality Improvement Project Teams Collaboration A McCartney Improving Sexual Safety M Adair | CLINICAL SUPERVISION Increasing Job Satisfaction of Mental Health Nurses Engaged in Clinical Supervision S Wall (Peninsula) | CO-DESIGN MoC Consumer Choice Pilot: Increasing Choice Through Non-clinical Interventions on an Acute Inpatient Unit T Pickup (Monash Health) | INCLUSION CULTURAL SAFETY Cultural Safety in Mental Health Care for Aboriginal and Torres Strait Islander Peoples A Lipscomb (VACCA) | NEW TEAMS AND MHN ROLES Implementation of Psychiatric Enrolled Nurses to CATT and Beyond at Eastern Health E Donley (Eastern Health) | No Needles Knitted Pillows 11:30am – 12:15pm |
| B16 | 12:20pm | IMPROVEMENT SYMPOSIUM Zero Suicide Framework T Goh & M Tsiros Reducing Compulsory Treatment R Helvig & K Saltmarsh | CLINICAL SUPERVISION Introducing Group Clinical Supervision to Empower and Nurture our Workforce C Cummins (Bendigo) | CO-DESIGN MoC Inclusive Engagement and Lessons Learned From a Lived/Living-Experience Led Co-design of a Tier 3 Community Infant, Child & Youth MH&W Service M Keller-Tuberg (PH) | INCLUSION WORKFORCE Our LGBTQIA+ Colleagues: It's Not All Cupcakes and Rainbows C Scaffidi (Barwon Health) | | Self Massage Techniques for Relaxation 12:20pm – 1:05pm |

AFTERNOON

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|-------|------------|---|---|--|--|--|--|
| B17 | 12:45pm | IMPROVEMENT SYMPOSIUM The Mental Health Capability Frameworks as a Foundation for Improvement R Helvig Spotlight: Equally Well R Helvig Q&A | CLINICAL SUPERVISION Group Reflective Practice – An Approach to Supporting Clinical Supervision Engagement for Nurses Working in Inpatient Settings A Capello (Eastern Health) | CHILD & YOUTH Intersection of Out-of-Home-Care and Community Mental Health Nursing L Berrel (Alfred) | INCLUSION CULTURAL SAFETY Does the Introduction of a First Nations Mental Health Nurse Improve Cultural Capability of Non-Indigenous Staff, Resulting in a More Culturally Safe Experience for Consumers? L Mercer (SVHA) | | Self Massage Techniques for Relaxation 12:20pm – 1:05pm |
| | 1:05pm | Lunch Break | | | | <i>Members Lounge (Level 2)</i> | |
| | 2:05pm | Major Sponsor Introduction | | | | <i>Members Lounge (Level 2)</i> | |
| B18 | 2:10pm | KEYNOTE Nurse Practitioners Lead the Way: Inspiring the Next Generation of NP's to Develop Innovative Roles Rose McCrowan 2:10pm–2:50pm | EDU DETERIORATING PATIENT Is Vital Signs Assessment Important in the Acute Mental Health Setting? A Review of Fundamental Nursing Textbooks P Foo (Monash Health) | EDUCATION SUPPORT Enhancing Mental Health Nursing Graduate Preparedness: The Role of Simulation in Nursing Education C Hayes (Monash Uni) | EDUCATION SUPPORT Nurture, Inspire, Empower & Retain – Cultivating & Sustaining a Positive Workplace & Culture of Accountability J Naqqash (Eastern) | RESEARCH Mental Health Nurse as Researcher: Reflexivity in Mixed Methods Research with Women in Forensic Settings A Hansen (Monash) | Perfume Making 2:05pm – 2:50pm |

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|-------|------------|--|--|---|--|--|---|
| B19 | 2:30pm | KEYNOTE TBA Rose McCrowan 2:10pm-2:50pm | HOLISTIC HEALTH Implementation of Equally well Framework in Victoria - Journey at Eastern Health Mental Health and Wellbeing Program H Singh (Eastern) | LE EDUCATOR Beyond the DSM: Embedding Lived Experience into Eating Disorder Education for Pre-registration Nursing Students R Molloy (Monash Uni) | LE EDUCATOR Lived Experience Educators: Key Ingredients in Fostering Organisational Change and Co-production Approaches J Reece (PHCN) | MODELS OF CARE So Now We Know Experiences Shape Brains. So what? Let's C.H.A.T. About the Neuroplastic Narrative H Peckham (CentreMHN) | Perfume Making 2:05pm - 2:50pm |
| | 2:50pm | Major Sponsor Introduction | | | | <i>Celebrity Room (Level 1)</i> | |
| | 2:55pm | PANEL Celebrating the Win Win: Recognition and Mutual Regard Across MH Nurses and LE Workers - Champion Panel | | | | <i>Celebrity Room (Level 1)</i> | |
| | 3:55pm | Major Sponsor Introduction | | | | <i>Celebrity Room (Level 1)</i> | |
| | 4:00pm | Awards & Presentation | | | | <i>Celebrity Room (Level 1)</i> | |
| | 4:30pm | Conference Closing Day 2 | | | | | |