

ALL DAY MENU

THE ‘OG’ EGGS	\$ 15
Poached or fried eggs on sourdough or multigrain toast	
+ Gluten free \$2	
SCRAMBLED EGGS	\$ 17
Fluffy scrambled eggs on sourdough or multigrain toast	
+ Gluten free \$2	
ON THE SIDE	
\$3.50	\$5.00
Tomato Relish	Bacon
Extra egg	House made hashbrown
Hollandaise	Smashed avocado
	Halloumi
\$4.50	\$7.00
Mushrooms	Smoked salmon
Roasted tomatoes	Pork & Fennel sausage
Wilted greens	Grilled or fried chicken
Persian Feta	
BREKKY BURGER (VO, GFO)	\$ 18
Smoked Bacon, Fried Egg, Tasty Cheese, Tomato Relish	
+ House made hashbrown \$5	
+ Smashed avocado \$5	
BREKKY BURRITO (VO)	\$ 21
Scrambled eggs, bacon, cheese, mexi-beans, guacamole & BBQ sauce	
+ House made hashbrown \$5	
CLASSIC AVO (V, GFO)	\$ 26
Two poached eggs on multigrain toast with Persian feta, dukkah and lemon	
+ Bacon \$5	
+ Smoked salmon \$7	
‘MG’ BENEDICT (GFO)	\$ 28
Pulled pork, apple cider hollandaise, two poached eggs and apple chutney on sourdough	
SPICY SCRAM (GFO, V)	\$ 23
Scrambled eggs, with fermented chilli, crispy shallots and Persian feta	
+ Bacon \$5	
+ Pork & fennel sausage \$7	
GREENS ON TOAST (V)	\$ 26
Broccolini, spinach, Persian feta, two poached eggs and slivered almonds served on multigrain toast	
+ Smoked salmon \$7	
+ Grilled chicken \$7	
‘BIG DADDY’ DELUXE	\$ 32
Poached or fried eggs, pork & fennel sausage, house made hashbrown, roasted tomatoes, mushrooms and relish on sourdough	
+ Scrambled eggs \$2	

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GRANOLA (VO, DFO)	\$ 19
Vanilla yoghurt, honeycomb, caramelised stone fruit, poppy seeds, pepitas and fresh seasonal fruit	
CHURROS WAFFLES	\$ 24
White chocolate cream cheese mousse, lemon curd and seasonal berries with a walnut crumble	
B.L.T (GFO, DF)	\$ 22
Bacon, lettuce, tomato and mayo on a Turkish roll	
+ Avocado \$3	
+ Fried egg \$3	
STEAK SANDWICH (GFO)	\$ 31
Minute steak, rocket, caramelised onion, cheese, relish & aioli on Turkish roll	
+ Bacon \$4	
+ Fried egg \$3	
CROQUE MONSIEUR	\$ 17
Ham, cheese, bechamel and mustard, pan fried on sourdough	
+ Fried egg \$3	
CHICKEN TOASTIE (GFO)	\$ 22
Chicken, cheese, avocado on sourdough, served with chips	
MUSHROOM MELT (V)	\$ 15
Bechamel sauce and mushroom duxelle on toasted sourdough	
FRIED CHICKEN BURGER	\$ 29
Fried chicken, lettuce, cheese and ranch on a potato bun with chips	
TACOS (VO)	\$ 28
Fried chicken, lettuce, cheese, guacamole and fermented chillies	
CALAMARI SALAD (GF)	\$ 28
Crispy fried calamari, asian slaw, pickled ginger, red chillies, cashews and honey soy dressing	
GRAIN SALAD (V, VGO)	\$ 24
Mixed grains, spinach, sweet potato, currants, slivered almonds, Persian feta with a lemon sumac yoghurt dressing	
+ Lamb \$6	
+ Chicken \$6	
MEXI BOWL (VGO, VO)	\$ 26
Chicken, brown rice, mexi-beans, guacamole, pico de gallo, sweet corn and lime crema	
CHICKEN & CHIPS (GF)	\$ 22
MG popcorn chicken, served with coleslaw, chips and a side of ranch	

VEGAN (VG) OR VEGAN OPTION (VGO)
VEGETARIAN (V) OR VEGETARIAN OPTION (VO)
GLUTEN FREE (GF) OR GLUTEN FREE OPTION (GFO)
DAIRY FREE OPTION (DFO)



SOMETHING SMALL

TOAST	\$ 9
Sourdough, multigrain or fruit bread	
+ Gluten free \$2	
Vegemite, peanut butter, house made jam, nutella, butter or honey	
MG BANANA BREAD	\$ 9
Toasted with butter	
TOASTED CROISSANT	\$ 6
+ Just cheese \$2	
+ Ham and cheese \$4	
+ Tomato \$2	
HERB SALTED CHIPS	SMALL \$7
Aioli & tomato sauce	LARGE \$12
POPCORN CHICKEN (GF)	\$ 16
Ranch sauce & paprika	

SENIORS MENU

(For Seniors Only)

SENIORS SMASHED AVO (V, GFO)	\$ 19
Smashed avocado, poached egg, Persian feta, dukkah and lemon on a slice of multigrain toast	
+ Extra egg \$3	
+ Bacon \$5	
+ Smoked salmon \$7	
SENIORS BENEDICT (GFO)	\$ 19
Pulled pork, poached eggs, apple chutney and apple cider hollandaise on a slice of sourdough toast	
+ House made hashbrown \$5	
FRIED FISH & CHIPS	\$ 19
With coleslaw and aioli	

Kitchen Hours

Monday - Friday (7am-2.30pm)

Weekends and Public Holidays (8am-2pm)

At Middle Ground we accommodate food allergies and intolerances to the best of our ability, please advise our staff of your requirements.
Please note we are unable to guarantee that our dishes will be completely allergen free as there is always a risk of cross-contamination and potential traces.
15% surcharge on public holidays. No alternation to the menu for groups larger than 6 people on public holidays or weekends.
1.3% surcharge applies on all card payments

MIDDLE GROUND

CAFE & EVENTS

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