

Alissa Silverman, Psy.D.

Licensed Psychologist

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Education

2002 – 2006	Psy.D. Chestnut Hill College Graduated with Academic Honors (GPA > 3.9); Student Body Representative to the Chair of the Psychology Department; Pennsylvania Psychological Association for Graduate Students Board of Directors. <u>Completed dissertation: (2006):</u> entitled <i>Assessing the Effectiveness of Aripiprazole on Insight and Psychopathology in First-Episode Psychosis.</i>
2000 – 2002	M.S. Chestnut Hill College Graduated with Academic Honors (GPA > 3.9).
1996 – 2000	B.A. University of Wisconsin-Madison Dean's List (GPA > 3.85); graduated with Distinction in College of Letters and Science (Top 10%); Psychology Honor Society; International Sociological Honor Society.

Training and Fellowship Appointments

2020 – Present	Exposure and Response Prevention for Obsessive - Compulsive Disorder Training EX/RP
2015 – 2016	Couples Group Psychotherapy Training and Certification.
2013 - 2017	VA Cognitive Processing Therapy Provider.
2012 - 2016	VA Social Skills Training for Serious Mental Illness Provider.
2006 – 2007	Post-Doctoral Fellowship Training, Blackwell Center for Adolescent Treatment, Philadelphia, PA.

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Additional Clinical Experience

2020 – Present	Exposure and Response Prevention for Obsessive - Compulsive Disorder Training (EX/RP)
2016 – Present	Certified Group Psychotherapist.
2013 – Present	Private Practice of Dr. Alissa Silverman, Psy.D., Silver Linings Psych, LLC, Walnut Street, Philadelphia, PA.
2007 – 2012	Center City Addiction Psychotherapy Practice - Group psychotherapy co-facilitator with individuals suffering from addictions, depression, panic attacks, and post-traumatic stress disorder.
2008 – 2009	Hugh S. Smith, Ph.D. and Associates P.C., Lancaster, PA; Completed Comprehensive Biopsychosocial Evaluations and Reviews (CBE's & CBR's) for children and adolescents, supervisor of Behavioral Specialist Consultants (BSCs), and other clinician's evaluations.
2007 – 2008	Clinical Director, Blackwell Center for Adolescent Treatment, Philadelphia, PA.
2007 – 2007	Assistant Clinical Director, Blackwell Center for Adolescent Treatment, Philadelphia, PA.
2005 – 2006	New Jersey Department of Corrections, Special Treatment Unit, Kearny, NJ, Group Psychotherapist for inpatient, sex offender treatment program.
2005 – 2006	Rutgers Camden Counseling Center, Primary Clinician, Camden, NJ.
2005 – 2006	Pre-Doctoral Internship, Ancora Psychiatric Hospital, Hammonton, NJ .
2003 – 2006	Friends Hospital, Philadelphia, PA; Group and Individual Therapist, Emergency Room Clinician, and Researcher.
2002 – 2003	Private Practice of Jane Iannuzzelli, M.Ed, M.A., Media, PA; Conducted Psychological Testing for the purposes of Custody Evaluations.

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2001 – 2002 Philadelphia Consultation Center, Philadelphia, PA; Therapist.

Faculty Appointments

2019 – Present Clinical Assistant Professor of Psychiatry,
University of Pennsylvania School of Medicine.

2009 – 2018 Clinical Associate of Psychiatry, University of Pennsylvania School
of Medicine.

Hospital and Administrative Appointments

2017 – Present Member, Psychology Hiring Board, Corporal Michael J. Crescenz
VA Medical Center.

2010 – Present Director, Psychology Practicum, Corporal Michael J. Crescenz VA
Medical Center.

2014 – Present Supervising Psychologist for staff psychologists, Corporal Michael
J. Crescenz VA Medical Center.

2014 – Present Lead Psychologist, Inpatient Psychiatry, Corporal Michael J.
Crescenz VA Medical Center.

2013 – 2018 Member, Hospital Professional Standards Board, Corporal Michael
J. Crescenz VA Medical Center.

2012 – 2020 Member, Psychology Department Professional Standards Board,
Corporal Michael J. Crescenz VA Medical Center.

2012 – 2014 Local Recovery Coordinator for Corporal Michael J. Crescenz VA
Medical Center.

2010 – Present Committee Member (for training and selection), Pre-Doctoral
Psychology Internship Program, Corporal Michael J. Crescenz VA
Medical Center.

2010 – Present Member of Psychology Internship Training Committee, Corporal
Michael J. Crescenz VA Medical Center.

2009 – Present Clinical Supervisor, Psychology Masters/Doctoral Level Students,

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Corporal Michael J. Crescenz VA Medical Center.

2009 – Present Clinical Educator, Psychiatry PGYI & II Residents at the University of Pennsylvania School of Medicine, Corporal Michael J. Crescenz VA Medical Center.

2008 – 2014 Clinical Psychologist, Inpatient Psychiatry, Corporal Michael J. Crescenz VA Medical Center.

Licensure

2020 – Present Authority to Practice Interjurisdictional Telepsychology (APIT) (Pending Approval)

2020 – Present Colorado, Active (License # PSY.005293)

2007 – Present Pennsylvania, Active (License # PSO16302)

Awards, Honors, and Membership in Honorary Societies

2011 Dean's Award for Excellence in Medical Student Teaching by an Allied Health Professional.

See Education for more

Membership in Professional and Scientific Societies

National Societies

2016 – Present American Group Psychotherapy Association

2016 – Present American Psychological Association

Major Teaching and Clinical Responsibilities at the University of Pennsylvania

2020 - Present Educator in a Group Supervision format around challenging clinical matters including but not limited to acute short-term psychotherapy, building rapport, and boundaries) for PGY I & II University of Pennsylvania Residents.

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2018 – 2020	Sole coordinator of the weekly didactic case conference series at the CMCVAMC for the University of Pennsylvania PGY I & II Residents and Medical Students on inpatient psychiatry.
2011 – 2014	Group leader in the Substance Abuse and Mental Status portions of the pre-clinical medical student curriculum for the University of Pennsylvania medical students.
2012 – 2016	Lecturer for annual spring training on serious mental illness and group psychotherapy for psychology master and doctoral students.
2009 – Present	Group Psychotherapy Didactic Training for the University of Pennsylvania PGY I & II Residents and Medical Students.
2009 – Present	Supervisor for Psychology Masters & Doctoral level students.
2009 – Present	Educator for Group Psychotherapy and other clinically related matters for PGY I & II University of Pennsylvania Residents and Medical Students.

Lecture by Invitation

2006	April 2006, presented and provided training for <i>Assessing the Effectiveness of Aripiprazole on Insight and Psychopathology in First-Episode Psychosis</i> to the psychology department staff at Ancora Psychiatric Hospital.
2005	June 2005, presented dissertation data <i>Assessing the Effectiveness of Aripiprazole on Insight and Psychopathology in First-Episode Psychosis</i> , at a conference held by Dr. Aaron Beck located in Philadelphia, PA.

Poster Presentations

2007	August 2007, poster presented entitled <i>Contingency Management of Attention Among Cognitively Impaired, Psychiatric Inpatients</i> . This poster was presented at the American Psychological Association conference in San Francisco, CA. Silverman, A., Jessani, M, and Josiassen, R.
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- 2005 June 2005, poster presented entitled *Switching to Aripiprazole for Partial Responders to Olanzapine*. This poster was presented at the New Clinical Drug Evaluation Unit conference, sponsored by the National Institute of Mental Health, in Boca Raton, Florida. Silverman, A., Falcanero, L, and Josiassen, R.
- 2005 April 2005, presented poster presentations entitled *Exploring the Heterogeneity of Schizophrenia Early in the Course of Illness* and *Neurocognitive Improvement with Normalization of Serum Sodium in Patients with Chronic Hyponatremia*. These posters were presented at the International Congress on Schizophrenia Research in Savannah, Georgia. Silverman, A., Falcanero, L, and Josiassen, R.
- 2000 April 2000, the paper, "*The McGill Pain Questionnaire Abridged: Validation in a Clinical Sample*," by Fernandez, E., Silverman, A., Kaplan, S., Wright, K., was accepted to and presented at the Society of Behavioral Medicine Conference in Nashville, TN.

Research Experience

- 2003 – 2005 Research Associate, Arthur P. Noyes Research Foundation, Norristown State Hospital, Norristown, PA. Clinical Coordinator for four (4) studies involving the treatment of schizophrenia, other psychotic disorders, and bipolar illness.
- 1999 – 2000 Research Assistant for Joseph Newman Ph.D., Professor of Psychology, University of Wisconsin, Madison, WI; Focus – Psychopathology and Anxiety.
- 1999 Research Assistant for Ephrem Fernandez Ph.D., Associate Professor of Psychology, Southern Methodist University, Dallas, TX; Focus – Emotional Suffering in Chronic Pain and the Management of Chronic Pain.
- 1998 – 1999 Research Assistant for Sumie Okazaki Ph.D., Assistant Professor of Psychology, University of Wisconsin, Madison, WI; Focus – The Role of Culture and Ethnicity in Emotion, Personality, and Psychopathology.

Research Activities

- 2005 Attended Good Clinical Practice training, certified in regulatory compliance issues through the clinical trials network at the University of Pennsylvania.
- 2004 Attended a workshop sponsored by The American Society of Clinical Psychopharmacology, Inc., The National Institute of Mental Health, and the Zucker Hillside Hospital focusing on the general problems and challenges of designing and implementing clinical trials.
- 2004 Attended a private seminar conducted by Dr. Aaron T. Beck on utilizing Cognitive-Behavioral Therapy in the treatment of Schizophrenia. Weekly Cognitive-Behavioral Therapy workshops were conducted at the Arthur P. Noyes Research Foundation with two members from Dr. Beck's research team.
- 2003 Attended an investigator meeting in Atlanta, GA for Bristol-Myers Squibb to be trained in coordinating two studies involving the intramuscular formulation, aripiprazole, for acute agitation.
- The first study was a randomized, double-blind comparison of the efficacy and safety of aripiprazole intramuscular formula, haloperidol, or placebo in the treatment of acutely agitated patients with a diagnosis of schizophrenia or schizoaffective disorder.
- The second study was a randomized, double-blind comparison of the efficacy and safety of aripiprazole intramuscular formula, lorazepam, or placebo in the treatment of acutely agitated patients diagnosed with bipolar disorder, manic or mixed.

Community Service

- 1997 – 2000 Domestic Abuse Intervention Services, Madison, WI
- 2017 – Present City Litter Collecting – Effort to keep the Streets of Philadelphia Clean

Last Updated November 2020