
SWEETHEART RECIPES

Cupid Shuffle



BATH SALTS

- 10 drops Wild Orange
- 5 drops Bergamot
(or Lime)
- 5 drops Patchouli
- 5 drops Cedarwood
- 3 drops Ylang Ylang
- 3 drops Lavender

1 cup epsom salts

Combine in glass container
and shake well. Add 1/4 cup
per bath.

Blissfully Happy



PERFUME ROLLER

- 20 drops Balance
- 20 drops Serenity
- 4 drops Cinnamon Bark

Top with FCO in 10ml
roller bottle.

Happily Ever After



LINEN SPRAY

- 5 drops Ylang Ylang
- 5 drops Coriander
- 5 drops Bergamot
(or Wild Orange)
- 5 drops Geranium
- 3 drops Jasmine
or 5 drops Jasmine Touch

1 oz. witch hazel

1 oz. water

Combine in 2oz spray bottle.

LIVE *Naturally*

LIVENATURALLYTOOLS.COM