

Week One:

Podcast: Finding your confidence as a stylist

<https://thethrivingstylist.com/podcast/008?rq=confidence>

Blog: 9 things to know after you graduate cosmetology school

<https://thethrivingstylist.com/blog/2020/1/14/9-things-to-know-after-you-graduate-cosmetology-school?rq=school>

Week Two:

Podcast: Full proof way to nail any consultation

<https://thethrivingstylist.com/podcast/012?rq=consultation>

Blog: 7 habits of highly successful stylists right now

<https://thethrivingstylist.com/blog/2020/10/7/7-habits-of-highly-effective-stylists-right-now?rq=7%20habits>

Additional Videos: Calura Gloss Knowledge

<https://www.youtube.com/watch?v=DESSd-iCxiY&feature=youtu.be>

Amika Product Knowledge Certification:

<https://loveamika.com/pages/education-landing>

** scroll down to online academy, enroll, get certified! **

Week Three:

Blog: 7 limiting beliefs that will totally hold you back

<https://thethrivingstylist.com/blog/2020/2/18/7-limiting-beliefs-that-will-totally-hold-you-back?rq=7%20limiting>

Week Four:

Podcasts:

2021 Emerging social media trends

<https://thethrivingstylist.com/podcast/153>

How Clients are finding stylists today

<https://thethrivingstylist.com/podcast/144?rq=how%20clients%20are%20finding%20stylists>

Blog: How to write powerful affirmations

<https://thethrivingstylist.com/blog/2020/1/28/how-to-write-powerful-positive-affirmations?rq=powerful%20affirmations>

Other: Jamie Dana hashtag workbook

https://convertkit.s3.amazonaws.com/assets/documents/9140/2202251/Hashtag_Workbook_for_Hairstylists__Jamie_Dana.pdf

Week Five:

Video: Blonding hair tutorial

<https://www.youtube.com/watch?v=JhX20YXnbwY>

Blog: 6 lessons that changed my life

<https://thethrivingstylist.com/blog/2019/11/14/10-lessons-in-success-that-changed-my-life?rq=10%20lessons>

Week 6:

Podcast: Be, Do, Have

[https://thethrivingstylist.com/podcast/069?rq=be.%20do.%20have.](https://thethrivingstylist.com/podcast/069?rq=be.%20do.%20have)

Video: Foil placement tips

<https://www.youtube.com/watch?v=sGVMlID3Vlc>

Week 7:

Video: BTC university, hair and makeup by steph: bridal hair

** you will need the log in information from kaylee **

<https://www.btcuniversity.com/learn/dashboard>

Log in info:

kaylee@upliftedsalon.com

Pass: hotpink1

Week 9:

Video: BTC university, textured bob

<https://www.btcuniversity.com/courses/btc-live-textured-a-line-bob-by-styled-by-carolynn>

Week 10:

Updated 1/4/2021