

Birthday Teas

July 15 @ 2:30 pm
in Rose
July 22 @ 2:30 pm
in Camelia



HAPPY BIRTHDAY!

Edna C.	July 5	June A.	July 18
Bente M.	July 12	Leonard P.	July 24
Glyn D.	July 12	Gordon I.	July 28
Barbara L.	July 15		

BBQs IN JULY

We'll be hosting a Barbeque in two of the houses, hopefully on good weather days so we can enjoy them in the courtyards!

July 1st in Willow for lunch
BBQ hot dogs for Residents & Staff

July 16th in Camelia for lunch
BBQ hot dogs for Residents & Staff



RESPECT



Find out what it means to us

Our RESPECT In-Service was the perfect chance to share what "respect" means to all of us. Stay tuned for suggestions in the Buzz and on the reception TV from the staff & volunteers who attended, like...

Remember our Canadian manners and use "please", "thankyou" and "sorry" liberally!



PATIO UPDATE

All the house patios have been updated with new cushions and patio lights to create an inviting atmosphere for the residents in their home.

Our gardens are growing really well thanks to the little bit of sun, lots of rain and some help from the staff & residents.



SPIRITUAL HEALTH

Summer 2020 - July

TEAM COVERAGE:

Sunday - No Chaplain
Monday - Jeanne
Tuesday - Jeanne
Wednesday - Rob & Jeanne alt.
Thursday - Rob
Friday - Rob
Saturday - Rob

PROGRAMS:

Mondays - SPIRITUAL REFLECTIONS
Magnolia at 10 am | Camelia at 11 am
Tuesdays - SPIRITUAL REFLECTIONS
Rose at 10 am | Willow at 11 am
Thursdays - **SUMMER LOVIN'**
Magnolia at 10 am | Camelia at 11 am
Fridays - **SUMMER LOVIN'**
Rose at 10 am | Willow at 11 am

SUMMER 'LOVIN



Spring Bouquet has now become Summer Lovin' through the summer months, until restrictions are lifted for chapels and parties. It will still be lots of music, trivia & prizes, but the themes each week will be your favourite singers through the years. Feel free to offer your suggestions to Rob or Ross. So far, we've heard names like Elvis, Sinatra, Bing Crosby, Jim Reeves and Vera Lynn.

BUCHANAN LODGE



VISITATION RESTRICTIONS

Check the Covid-19 Update tab on the first page of our website for the latest info on visitation restrictions.

www.buchanan-lodge.com



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Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

JULY 2020

Precious Memories



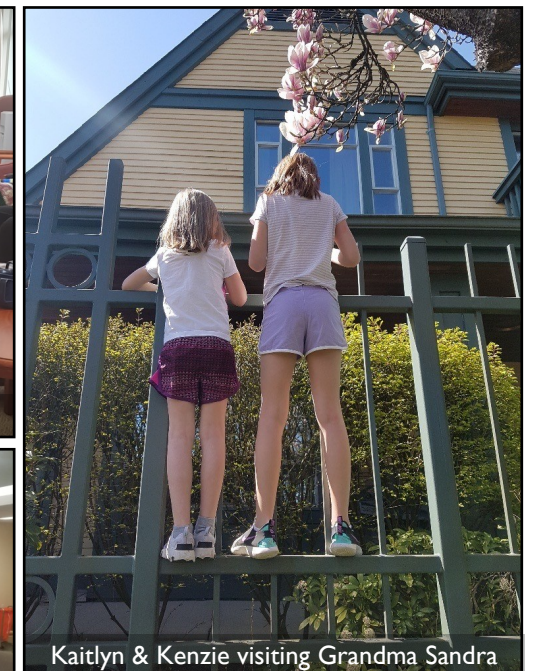
Shirley leading the singing in our Spring Bouquet



Kaitlyn & Kenzie visiting Grandma Sandra



Alice & John exercising their green thumbs outside



Eileen appreciating God's creativity!

Thought for July

One of Gershwin's greatest songs, with over 25,000 recordings, is "Summertime." While soulful in style, the lyrics speak of the promise inherent in the season: *Summertime and the livin' is easy; Fish are jumpin' and the cotton is high.*

SUMMERTIME and the livin's easy

Our senses seem to come alive in the summer, squinting at bright blue skies, feeling warm winds on our faces, listening to the song birds in full voice, breathing in the fragrance of roses and lilacs, and tasting the succulence of freshly-picked strawberries.

Last year, some of our Buchanan residents experienced all of those senses while touring the Krause Berry Farm. This year, we should at least enjoy a Strawberry Shortcake Day in the courtyards. The Krause experience reminds me of my own frequent visits to my grandparent's farm in Langley, of picking fruit off the vine and trees, and then helping mom make fresh-baked berry pies. With the work came the privilege of sampling the "fruits" of our labours hot out of the oven!

But mom also taught me to store up the abundance of summer for the lean winter months ahead. She introduced me to ciders, jams, and preserves, and just thinking about those precious moments with my mom makes me want to pass on this kind of training to my grandchildren. We were doing more than canning fruits and making memories – I was learning a spiritual principle!

Proverbs 10:5 says: *He who gathers in summer is a son who acts wisely, but he who sleeps in harvest is a son who acts shamefully.* Jesus said in Matthew 24:32: *Now learn the parable from the fig tree: when its branch has already become tender and puts forth its leaves, you know that summer is near.*



Reg & Sigrid livin' easy at Krause Berry Farm!

The seasons speak to us of the phases of life. We need to invest what God gives us today in the days ahead. The Bible calls it laying up treasures in Heaven, but for the sake of this analogy, let's call it laying up preserves. The promise is right there in Gershwin's lyrics: *One of these mornins, you're gonna rise up singin'; you're gonna spread your wings and you'll take to the sky.* Eternal summertime awaits those who plan ahead for a future in Heaven.

~ Chaplain Rob

The actual stats below may be dated but they are still true ...

Canadian Stereotypes

That Are Actually True



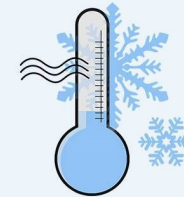
Eat all the maple syrup

Did you know that Canada produces **80%** of the world's pure maple syrup? In 2015 alone, the **10,847** maple farms found in Canada produced **8,908** gallons of maple syrup.



For the love of hockey

Did you know that nearly three-quarters of Canadians watched at least part of the Stanley Cup playoffs this year? That's not all; the team with the second-highest fan attendance at games was the Montreal Canadiens, with **872,808** people total throughout the seasons (that's an average of **21,808** people per game).



Brutal winters

Winnipeg and Yellowknife were named as two of the Top 5 coldest cities in the world according to AccuWeather in 2016. The title of snowiest cities, however, went to Saguenay, Quebec City and St. John's.



Sorry, but we're polite

Canada was the named the number one country with the best reputation in 2015 by the Reputation Institute.



We love Tim Hortons

Nearly **8 out of every 10** cups of coffee sold in Canada are poured at Tim Hortons. Every year more than **2 billion** cups of coffee are sold through the franchise.



We celebrate Canada on July 1st but we should be grateful every day to be Canadian! While other nations talk about national "pride," a better emotion to have and one that describes the polite people of this, the most respected nation of the world, is "gratitude."

We are grateful for:

- Spectacular mountains
- Water, water everywhere
- Four scenic seasons
- Maple syrup & poutine
- Kind & thoughtful people
- Peace keeping reputation (except in hockey)
- National medical care
- Freedom of faith
- God's dominion sea to sea

As we sing our national anthem this year let's make it our prayer:
God keep our land glorious & free.
For His dominion we are truly grateful!

The Canadian

Hey,

I am not a lumberjack or a fur trader.

I don't live in an igloo or own a dogsled,

and I don't know Jimmy or Suzy or Sally from Canada although I am certain they are really, really nice.

I have a Prime Minister, not a President.

I speak English and French, not American.

I pronounce it "about", not "aboot".

I can proudly sew my nation's flag on my backpack.

I believe in Peacekeeping, not policing,

Diversity, not assimilation,

And that the Beaver is a proud and noble animal.

The toque is a hat,

A Chesterfield is a couch,

And "Z" is pronounced "zed", not "zee", "zed".

Canada is the second largest land mass, the first nation of hockey and THE BEST PART OF NORTH AMERICA!

My name is Joe, and I AM CANADIAN!