JULY

MONTHLY CALENDAR

PACIFICO

MONTE	LY CALEND	AR			COASTA	LILIVING
SUN	MON	TUE	WED	THU	FRI	SAT
	STRETCHING LAB 3.00 pm JIU JITSU LITTLE ONES 5.00pm JIU JITSU FOR KIDS 5.40pm	ZUMBA CLASS 9.50arm FUNCTIONAL FITNESS 130pm DANZA FOR KIDS (Ages 4-0) 4.00pm DANZA FOR KIDS (Ages 9-12) 8.00pm MOBILITY & EMPOWERMENT 7004pm	STRETCHING LAB 300 pm JIU JITSU LITTLE ONES 5.00pm JIU JITSU FOR KIDS 5.40pm	LONGEV FUNCTIONAL FITNESS 130pm DANZA FOR KIDS (Ages 6-8) 400pm DANZA FOR KIDS (Ages 9-12) 6.00pm DANZA FOR KIDS (Ages 9-12) 6.00pm	SOUND HEALING GROUP SESSIONS 120pm SPECIAL BEG 5.00pm ALMA SANTA CASA SELVITA CASA SELVITA COUNTY 6.00pm	SOCCER FOR KIDS 8.30am FIRE & MUSIC LIVE MUSIC SPECIAL MENU S.00pm BEACH CLUB
7	STRETCHING LAB 3:00 pm JIU JITSU LITTLE ONES 5:00pm JIU JITSU FOR KIDS 5:40pm	ZUMBA CLASS 9:30Arm FUNCTIONAL FITNESS 13:0pm DANZA FOR KIDS (Ages 4-5) 4:00pm DANZA FOR KIDS (Ages 6-6) 5:00pm DANZA FOR KIDS (Ages 9-12) 6:00pm MOBILITY & EMPOWERMENT 7004pm	LONGEV STRETCHING LAB 3:00 pm JIU JITSU LITTLE ONES 5:00pm JIU JITSU FOR KIDS 5:40pm	LONGEV FUNCTIONAL FITNESS 130pm DANZA FOR KIDS (Ages 4-5) 4.00pm DANZA FOR KIDS (Ages 9-12) 6.00pm HOMEO WNERS EVENT 5.00pm - 6.00pm	SOUND HEALING GROUP SESSIONS 130pm	SOCCER FOR KIDS 830am FIRE & MUSIC LIVE MUSIC SPECIAL MENU 5,000pm BEACH CLUB
14	STRETCHING LAB 3,000 pm JIU JITSU LITTLE ONES 5,000pm JIU JITSU FOR KIDS 5,400pm	ZUMBA CLASS 93:30 Irrin FUNCTIONAL FITNESS 13:00 pm DANZA FOR KIDS (Ages 4-5), 4:00 pm DANZA FOR KIDS (Ages 9-3) 2:00 pm DANZA FOR KIDS (Ages 9-3) 2:00 pm MOBILITY & EMPOWEBMENT 700 pm	STRETCHING LAB 300 pm JIU JITSU LITTLE ONES 5:00pm JIU JITSU FOR KIDS 5:40pm	LONGEV FUNCTIONAL FITNESS 130pm DANZA FOR KIDS (Ages 4-5) A00pm DANZA FOR KIDS (Ages 6-8) 5.00pm DANZA FOR KIDS (Ages 6-9) 5.00pm DANZA FOR KIDS (Ages 9-12) 6.00pm	SOUND HEALING GROUP SESSIONS 130pm SPECIAL BEACH BASH CASA SELVITA 600pm	LIVE MUSIC SPECIAL MENU 5.00pm BEACH CLUB
21	LONGEV STRETCHING LAB 3:00 pm JIU JITSU LITTLE ONES 5:00pm JIU JITSU FOR KIDS 5:40pm	LONGEV ZUMBA CLASS 9:30am FUNCTIONAL FITNESS 120pm DANZA FOR KIDS (Ages 6-4) 4:00pm DANZA FOR KIDS (Ages 6-4) 5:00pm DANZA FOR KIDS (Ages 0:12) 6:00pm MOBILITY & EMPOWERMENT 7:00pm	STRETCHING LAB 300 pm JIU JITSU E ONES 500pm JIU JITSU FOR KIDS 540pm WINE TASTING Special Menu 600pm	LONGEV FUNCTIONAL FITNESS 130pm DANZA FOR KIDS (Ages 4-5) ACOpm DANZA FOR KIDS (Ages 9-12) 6-00pm THE ANNEXATION OF GUANACASTE. ALMA SANTA Special Promo	CHOUP SESSIONS 130pm SPECIAL SOOPM ALMA SANTA	SOCCER FOR KIDS 830am FIRE & MUSIC LIVE MUSIC SPECIAL MENU 5.00pm BEACH CLUB
28	LONGEV STRETCHING LAB 3:00 pm JIU JITSU LITTLE ONES 5:00pm JIU JITSU FOR KIDS 5:40pm	ZUMBA CLASS 9:30am FUNCTIONAL FITNESS 130pm DANZA FOR KIDS (Ages 4-5) 4:00pm DANZA FOR KIDS (Ages 6-9) 5:00pm DANZA FOR KIDS (Ages 9-12) 6:00pm	STRETCHING LAB 300 pm JIU JITSU LITTLE ONES 500pm JIU JITSU FOR KIDS 5.40pm			