ZI BRIDAL JOURNEYS

Bride Radiance

Bridal Soirée

Spend a relaxing day of stress-free pampering with your bridal party in our private party suite. Each person receives a Mini Massage, Facial Cocktail, a Bella Express Manicure and Pedicure. Includes spa lunch, glass of wine or juice. (minimum 3 people)

 $2\frac{1}{2}$ hours.....\$235 per person

The Polished Groom

COUPLE'S JOURNEYS

Indulge your senses in the privacy of our couple's suite with the following choices:

Sweet Romance

A relaxing side by side Customized Massage and a glass of wine or beverage. 60 minutes.......\$200 per couple

Romantic Escape

Ultimate Indulgence

All packages include a glass of wine or beverage of choice.
*Prices subject to change without notice.

1859 N. Lakewood Dr, Suite 302

Coeur d'Alene, ID 83814

Phone: 208-765-9400

Toll Free: 866-910-9400

zispas.com

ZI DAY ESCAPES

Body & Sole

A refining journey to balance and relax the body and pamper your feet. Enjoy a 60 minute full body Customized Massage followed by our Seasonal Pedicure.

2 hours......\$160

The Perfect Gift

The perfect balance to relaxation. Enjoy a 60 minute full body Customized Massage followed by a Spa Facial.

2 hours.....\$220

Breathe

Open the mind and calm the senses. This package features elements to relax and reduce stress. Start with our Spa Facial to nourish the skin, then enjoy a Customized Massage for the ultimate relaxation and our Seasonal Pedicure. End with a delicious spa lunch and a glass of wine.

3½ hours.....\$280

Queen for a Day

A royal journey to empower your senses of well being, this day features elements to Renew, Rebalance, and Revitalize. Nourish and Soothe with our Jasmine Rose Herbal Wrap followed by a full body Customized Massage, Spa Facial, Seasonal Pedicure and Manicure ending with a healthy spa lunch.

5 hours.....\$445

Day of Bliss

ZI MAN ESCAPES

King for the Day

Enjoy a 60 minute Customized Massage followed by a therapeutic Foot Reflexology. 90 minutes......\$160

The Royal Treatment

 GIRLS DAY OUT

Perfect for Mothers, Daughters, Girlfriends, Special Occasions, Birthdays, Office Parties, Bridal and Bachelorette Parties. (minimum of 2 people with 2 treatments each)

Create your own escape from reality and choose 2 services from the following list, each at 25 minutes, plus a cheese/fruit tray: 50 minutes.......\$130 per person

■ Mini Massage

Mini Facial Cocktail

■ Foot Reflexology

■ Haircut Design

Make-up Application

■ Bella Express Pedicure

 $\blacksquare Z^i$ Manicure

Or choose 2 one hour treatments from the following services, plus a spa lunch: 2 hours.......\$225 per person

■ Customized Massage ■ Foot Reflexology (50 min.)

Foot Kelles

■ Herbal Wrap

■ Spa Facial

Walk in the Woods
Pedicure

Tranquility Body Polish

ZI TEEN ESCAPE

Enjoy our Facial Cocktail, followed by a Bella Express Pedicure.

We also invite teens to experience educational facials as well as purifying treatments. Learn how to care for your skin with a free skin care lesson included in each facial.

Teen Facial: Deep Pore-Cleansing Facial 60 minutes......\$110

Z: MATERNITY JOURNEY

Pure Heaven

Enjoy a customized pregnancy massage, followed by a Spa Facial, then break for a healthy spa lunch, and end with a Seasonal Pedicure. 3½ hours\$290



Knowing that the rigors and trials of everyday life can side track people on their own journeys, Zi Spa was created as a path to a CALMER, MORE PEACE-FILLED LIFE.

Zi Spa is a 6,000 square-foot OASIS, which boasts spectacular views of the Spokane River and represents the first Spa of its kind in the Inland Northwest. Zi Spa (Zi translates to "elements of water") offers a UNIQUE menu of services aimed at soothing the body, mind, and soul, including a Zen Lounge, Couple's Suite, a variety of massages, facials and a FULL-SERVICE SALON to name a few.

FACIALS

Signature Sublime

Addresses loss of elasticity, fine line, wrinkles, sun spots, dehydration and dullness. Effectively stimulates cellular regeneration, restores fullness and redefines the volume of the face. Immediately bestows a visibly firm, plumped and even-toned face, neck and decollete.

Spa Facial

A prescription facial according to your skin condition and concerns, whether it be deep purification, intense hydration or soothing remedy. Rebalance the skin with a customized facial leveraging the power of natural-origin active ingredients. Additionally, enjoy an assortment of different massage techniques designed to provide recovery from stress 60 minutes\$110

Clinical Facial

Reveal vibrant, younger looking skin while actively correcting imperfections and protecting against further damage. Provides active cellular renewal and nutritional replenishment for depleted 60 minutes\$135

Advanced Corrective Treatments

15% discount applies to a prepaid series of 3 or more microderm and peel treatments.

Microderm Treatment: A non-invasive, non-surgical treatment for skin that shows signs of aging, fine lines, pigment spots or acne scarring. Dead skin cells are whisked away, revealing healthy cells below for a renewed complexion. A series is recommended for optimum results. 30 minutes\$120

Skin Medica Peels: Perfect for aging, fine lines, sun damage and acneic skin

Mild	\$110
Medium	\$150
Aggressive	\$170

Microneedling

Microneedling, also called Collagen Induction Therapy, helps reduce fine lines and wrinkles, boosts collagen production, and elevates the overall texture of your skin. Package pricing available............\$295

Dermaplaning

Dermaplaning is a facial exfoliation treatment that carries the added bonus of removing fine vellus hairs, often referred to as "peach fuzz." Our estheticians use a straight-edged blade to gently remove the top layer of dead skin cells, revealing the brighter, smoother skin underneath. There is no downtime and dermaplaning can easily be combined with other facial treatments.

45 minutes \$120

Signature Hudrafacial

Uncover a new layer of skin with gentle exfoliation and relaxing resurfacing. Remove debris from pores with painless suction Nourish with intense moisturizers that quench the skin. And finally, saturate the skins surface with antioxidants and peptides to maximize your glow.

30 minutes							 	\$	179
Special Pricin	ng:	3 for	\$499	. 6	for	\$950	12 fc	or \$1,	788

Platinum Hudrafacial

All the love of our Signature treatment, plus a deeply infused serum of your esthetician's expert selection, LED light therapy, and light suction lymphatic drainage.

60 minutes		\$249
Special Pricing:	3 for \$675 ·	6 for \$1,275

WAXING, TINTING & ENHANCEMENTS

Tinting Lashes	\$40	Back	\$70
Tinting Brows	\$20	Bikini	\$45
Brow	\$25	French	\$55
Lip or Chin	\$15	Brazilian	\$80
Dermaplaning\$40 Ad	dd on	Eye Treatment \$40 Ac	dd on

BODY TREATMENTS

Signature Tranquility Body Journey

A Total Tranquility Experience...begins with a full body tranquility sugar scrub exfoliation to renew the skin. A warm coconut oil hair conditioning treatment is used, then indulge in an infinity SOK laden with tranquility bath oil, while sipping a beverage of choice. Emerge from the bath for a soothing, full body massage with velvety, rich tranquility essential oils. This is truly a unique journey.

Thermal Mud Detox Journeu

A delicate, warm, liquid exfoliation is smoothed onto the skin before thermal, Tuscan-imported Bagni Di Pisa Mud is massaged into the skin. As the body is wrapped, the detoxification and anti-cellulite benefits begin before experiencing a D-Age cream full body massage. 2 hours.....\$250

Full Body Polish

Start with a full body exfoliation, then experience a Green Tea E	3ody
Butter Massage to soothe, hydrate, and restore your skin.	
90 minutes	\$170
Rosemary Body Polish: Mild, 60 minutes	\$115
Tranquility Scrub: Vigorous, 60 minutes	\$115

Body Wraps

Jasmine Rose Herbal Tea Wrap: Start this detoxing wrap with dry brushing which stimulates lymphatic system, exfoliates, and reduces cellulite. Take the dry brush home as a gift for continued use. 60 minutes.....\$115 90 minutes.....\$170

MASSAGE THERAPY

Traditional massage stimulates the immune system, reduces stress of mind and body, and increases mobility and agility. Over 80% of disorders and disease are believed to be connected or caused by stress. Our experienced professionals will help release the stress and tension from your body.

Customized

Customized r	massage to meet your	specific needs.	
60 minutes	\$100	90 minutes	\$155

Dragon Ice Pain Relieving Massage

This topical pain relieving massage delivers fast, cooling relief on contact to soothe muscle pain, strains, and achy joints. 60 minutes\$110

Stone Massage

60 minutes.....\$110

Warm stones are used to obtain deep relaxation and improved sleep quality as they soothe tense, sore muscles. Pregnancy Massage: Assists in relieving lower back and hip pain, water retention and sciatica problems.

Deluxe Reflexology: Rich Chia seed scrub eliminates dead skin and hydrates feet while using the ancient art of reflexology. Stress and pain are alleviated through pressure point massage on your hands, feet and scalp. Complete with revitalizing leg gel for immediate relief for tired, swollen legs.

90 minutes..... \$160

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HAND & FOOT JOURNEYS

ll manicures and pedicures include basic gro il shaping, scrub and hydrating massage, an	ooming, cuticle care, d your choice of polish
Manicure.	\$50
ignature "Walk in the Wood	ds"
our journey begins with a warm detoxifying fo	oot bath, nail shaping

and cuticle care, followed by a heel and foot exfoliation with a sugary scrub for a polished look. Enjoy a relaxing foot and leg massage with a thick, luxurious cream, and a paraffin wax treatment for a silky smooth finish. While relaxing, enjoy a Zi-Mosa. (excludes gel polish). Signature Manicure - 50 minutes\$60

Signature Pedicure - 60 minutes \$80

Nail Enhancements	
Shellac Gel Polish	\$50
Remove and Redo	\$60
Paraffin Wrap - Hands or Feet	\$10 Add on
Callus Remover	\$10 Add on

EXPRESS

When short on time, choose one of Zi Spa's Express Services. All treatments are 95 minutes

Facial Cocktail	\$65
Neck Shoulder Back Massage	\$65
Bella Express Manicure	\$45
Bella Express Pedicure	\$50
Foot Reflexology	\$65

SALON SERVICES *Starting prices vary by stylist Women's Haircut.....\$65 Men's Haircut \$40 Child's Haircut (under 10) starting at \$45

Shampoo/Style from\$45 Partial Weave starting at \$95 Full Weave starting at \$125 All Over Color starting at \$90

Regrowth Color......\$70 Make-up Application.....\$65 Updos starting at \$80 Bridal Updos starting at \$125

Bridal Make-up Application\$100 Airbrush Makeup Brides (includes prebridal consult).......... \$175

Balayage starting at \$150 Hair Extensionsupon consultation

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