


LANGUAGE BUILDING ACTIVITIES

PLAY DOUGH



Tell me more,
tell me more!

PUZZLES



Start with simple peg puzzles

Show your child the puzzle naming each animal/object of the puzzle. You can also say the noises they make too (cars, animals, etc.).

Take the pieces off and given them to your child.

Ask for each item saying "I want ___ please".

Repeat until you have put all the pieces back on the puzzle. Switch roles, you keep the pieces and have your child request either using the name of the piece or by saying "more" or "more please".

Offer different colors and let your child pick which color they want. This is a great opportunity to hand the tub of play dough to your child knowing that they probably will not be able to open it on their own. Wait a few seconds to see if they can ask for help or sign help on their own if not then use a prompt such as "Oh! Did you need help?" Wait to see if they respond. If not, then provide phonemic cue "h__". Wait, then provide a model if needed.

After you open the tub, give your child a little bit of play dough encouraging them to ask for more.

While playing with play dough, utilize self-talk talking about everything that you are doing; roll, push, smash, cut, etc. You can also use parallel talk, describing what your child is doing.

For example, "You are cutting".

Use cookie cutters or play dough cutters to make different shapes and items. Label the different things you make! Comment on the color and size "Wow! That is a BIG circle."



BOOK WALK

Simple picture books work great for this activity. Provide a choice and let your child pick a book they are interested in. The idea behind this activity is to talk about the pictures rather than reading the story.

Show your child the book. Practice saying open.

Look at each page slowing pointing to each picture and naming the items in the pictures. If there are animals in the story practice making the noises that the animals say. You can also label actions as well (run, jump, eat, sleep).



Strategies to try:

Self-Talk

Parallel Talk

Expand

Follow the Lead



have fun

Dear Sister Therapy

PEDIATRIC SPEECH AND OCCUPATIONAL THERAPY

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