

Microneedling Aftercare

The skin may experience redness and be slightly inflamed following treatment. You may also experience skin tightness, and the skin may 'flake' in the first few days post treatment. Do not pick any flaking skin and allow it to shed naturally.

DO's

- Keep well hydrated as the procedure causes a temporary increase in water loss so keeping your skin hydrated and protected during the following days will aid your recovery experience.
- Keep skin in a hygienic condition to avoid any risk of infection.
- Apply sunscreen factor 50 post procedure and keep out of direct sunlight to maximise long term results.
- Ensure you have a clean pillowcase on your bed and use clean towels.

DON'Ts

- Don't touch the skin unnecessarily immediately post treatment to avoid any infection.
- Don't apply makeup for 24 hours post treatment.
- Don't use harsh perfumed, astringent, AHA or alcohol containing products in the area for 24-48 hours post treatment.
- Don't go swimming or be in contact with chlorinated water for 4-5 days post treatment.
- Don't engage in any heavy exercise for 24-48 hours after treatment.
- Don't have any other clinical treatments for a period of 2-4 weeks post treatment. Speak to your practitioner for precise advice on how best to combine other treatments you may be having or may want to start having
- Don't shave or use any after-shave type products over the area that has been treated for 12-48 hours post treatment.

If you have any problems or queries regarding your treatment, please call us on 01707 662 477.