Colleen Keller, LCSW

colleen@silverliningspsych.com 484-206-4264

CLINICAL EXPERIENCE:

Silver Linings Psych, Philadelphia, PA

May 2022 - present

Individual and Couples Therapist

 Provides individual and couples therapy utilizing several evidence-based practices including Cognitive-behavioral Therapy (CBT), the Gottman Method, Motivational Interviewing, and Dialectical Behavior Therapy (DBT)

School District of Philadelphia, Philadelphia Virtual Academy (PVA), Philadelphia, PA

September 2019-present

STEP Clinical Coordinator

- Provides individual, group, and family therapy to students and families
- Manages STEP program for K-12 virtual school to provide mental health support and connection to resources for students and families
- Supervises STEP team members including a School Behavioral Consultant, Case Manager, and Family Peer Liaison

Penn Medicine, Penn Presbyterian Medical Center, Philadelphia, PA

August 2017-September 2019

Addictions Counselor, Inpatient Psychiatric Unit/Outpatient Substance Abuse Treatment Program

- Functioned as a member of interdisciplinary treatment team on inpatient dual diagnosis unit
- Facilitated evidence-based group and individual psychotherapy on inpatient and outpatient units, with an emphasis on Cognitive Behavioral Therapy (CBT), Seeking Safety, and Motivational Interviewing
- Led weekly consultation group to train clinicians on implementing CBT

United Communities Southeast Philadelphia, Philadelphia, PA

September 2016 - August 2017

Case Management Intake Specialist

- Provided clinical case management to families referred to the Family Empowerment Services program by the Department of Human Services (DHS)
- Conducted psychosocial assessments focused primarily on substance abuse and mental health needs

SODAT, Inc., Camden, NI

August 2015 - May 2016

Counselor Intern

- Facilitated evidence-based group and individual psychotherapy to clients with co-occurring mental health and substance use disorders
- Conducted psychosocial assessments
- Formulated treatment and discharge planning

Camden County Partnership for Children, Voorhees, NI

August 2014 - May 2015

Intern

- Conducted weekly group psychotherapy sessions with adolescents
- Performed home visits to assess case management needs
- Supported clients involved in adolescent drug court

EDUCATION:

Master of Social Work, Rutgers University, Camden, NJ, May 2016

Clinical concentration with a mental and behavioral health area of emphasis

Bachelor of Arts, Rowan University, Glassboro, NJ, May 2005

LICENSURE:

<u>Licensed Clinical Social Worker</u>, Commonwealth of Pennsylvania: CW022927 <u>Licensed Master Social Worker</u>, State of New York: 115478-01

PROFESSIONAL CERTIFICATIONS:

Beck Community Initiative (BCI) Skilled Cognitive Therapist in a Community Setting, July 2018

- Completed 22 hours of cognitive therapy workshops and six months of training in Cognitive-behavioral Therapy (CBT)
- Facilitated weekly consultation group to train new therapists in CBT

Gottman Method Couples Therapy Level 1, August 2022