

GRADES 1-6 TRADITIONAL MÉTIS PLANTS



Teacher Prompts

1. How did this lesson deepen your understanding of Métis culture and traditions?
Example: It highlighted the importance of traditional knowledge systems and the role of plants in Métis culture for food, medicine, and tools.
2. What insights did you gain about integrating Indigenous perspectives into your teaching practice?
Example: Indigenous perspectives emphasize reciprocity, respect for the land, and oral traditions, which can enrich cross-curricular learning.
3. How did students respond to the idea of reciprocity with the land?
Example: Many expressed curiosity and a sense of responsibility toward nature after discussing reciprocity.
4. What strategies could you use to further connect students to the concept of gratitude toward nature?
Example: Encourage reflective journaling, gratitude circles, or planting native species to give back to the environment.
5. How can you extend the learning from this lesson into future units or themes?
Example: Incorporate environmental sustainability, plant science, or cultural storytelling into future lessons.
6. What surprised you most about the students' engagement during the nature walk or other hands-on activities?
Example: Students showed enthusiasm for observing and identifying plants, often noticing new and unanticipated details.
7. What follow-up questions could you ask students to explore their curiosity further?
Example: Questions such as "How do these plants adapt to Alberta's climate?" or "What other cultures use similar plants?"
8. What opportunities did you notice for students to take ownership of their learning?
Example: Students showed initiative in designing their herb gardens and creating unique recipes.
9. What connections did students make between traditional Métis plants and environmental sustainability?
Example: They recognized sustainable harvesting practices and the role of native plants in preserving ecosystems.
10. How did this lesson help students build respect for Indigenous knowledge systems?
Example: By demonstrating the depth and practicality of Métis traditions, students gained a greater appreciation for Indigenous wisdom.