Wellness Upgrades

A Full Spectrum Heater to Enhance your Experience

Types of Infrared Light

Near Infrared

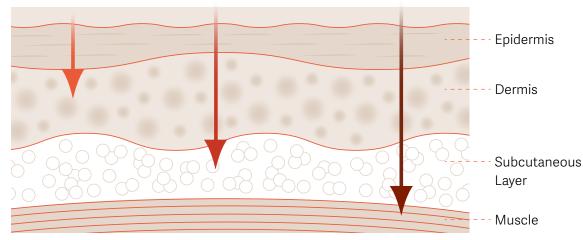
The shortest wavelength which is absorbed just below the surface of the skin creating a sweat that promotes healing and revitalization.

Mid Infrared

A longer wavelength that can penetrate deeper into the body's soft tissue increasing circulation, releasing oxygen to reach injured areas.

Far Infrared

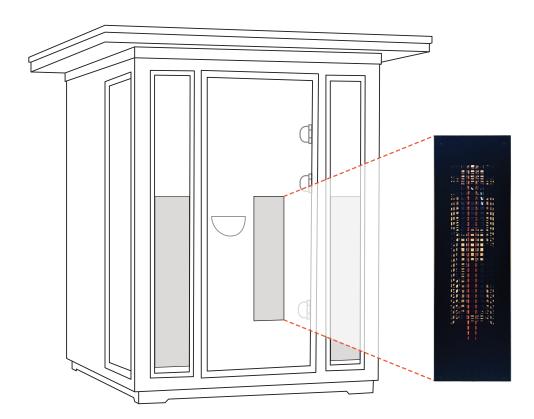
The longest wavelength which penetrates the fat cells causing vasodilation, where the fat cells vibrate to expel toxins, and activate metabolic stimulation.



Skin Anatomy

Full Spectrum Heaters

Maximize your potential for well-being with every session in your Clearlight* Infrared Sauna by adding one of our optional Full Spectrum Heaters to any Clearlight* Sauna model. Feel an additional 300 watts of deep penetrating near, mid and far infrared to soothe aching muscles, relax your body and take your sauna session to the next level.



Our door heater is designed to safely and securely plug into a special built-in receptacle in the front of your sauna. Every Clearlight* sauna has this feature built in at the factory to allow you to take advantage of this and any future upgrades as they are designed.