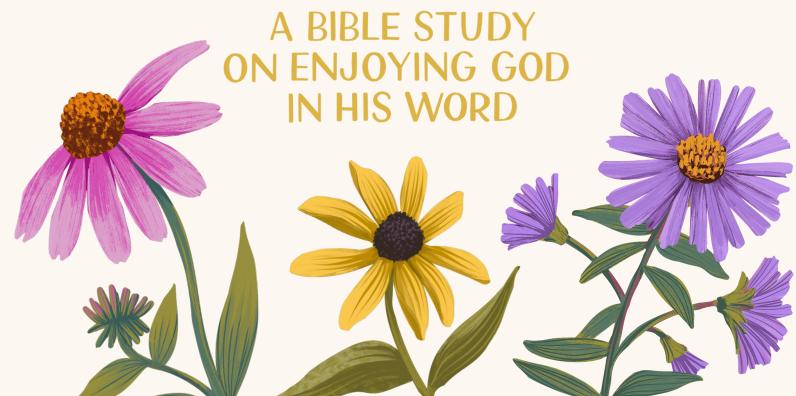
A LEADER GUIDE FOR





A Note from Gretchen

DEAR SISTER,

Thank you for your willingness to lead a group of women through this Bible study. God sees you, and he is greatly honored by your heart to serve him through serving others. I believe God is going to do a mighty work in your group as you meet together weekly to share what you're learning and to encourage one another in the Lord.

Maybe this is your first time leading a group and you're nervous just thinking about it, or maybe you're a seasoned Bible study leader and already feel comfortable in this setting. Either way, come to the Lord with open hands and a humble heart as you seek to pour into the women around you. Recognizing how small we are and how great God is is the best place to start. As you lead, prayerfully ask God to direct your time together in his Word, trusting the Holy Spirit to guide you into all truth (John 16:13) and to convict and transform your hearts. May what you learn in *Sweeter than Honey* grow your love for God and his Word as you gather to discuss it with your group each week.

Before you begin, I want to pray for you.

Father, you are high and holy, yet you are also near and always with us. The treasures you have stored up within your Word are innumerable. We want to spend our days digging for treasure and dining at your table. Thank you for the woman leading this study. Thank you for her heart to serve you and to teach others the truth of the gospel. I pray you would first change her own heart as she studies and, in turn, that you would give her the strength to teach and lead the women around her. As they study your Word together, open their eyes to behold wondrous things from your law (Ps. 119:18). I pray Christ would be glorified through this study and in all their lives. In Jesus' mighty name, amen.

YOUR SISTER,

Founder of Well-Watered Women

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Leading a Group

- Create a space that's welcoming. If you're meeting in your home, don't feel that everything has to look perfect each week. God can use the everyday mess or imperfect home decor to bring freedom to another woman. If you're meeting in a church or another local area, try to find a spot without distractions that will be a safe place for women to talk and participate in the group.
- Structure your meeting time. When you keep a set schedule for each meeting, including consistent start and end times, it creates clear expectations and honors everyone's time. You may encourage women to come early or set up times outside of Bible study for deeper fellowship.
- Remember that you set the level of vulnerability for your group. Allow space for multiple women to respond to a question before you share your own response. When you respond, offer honest answers. If you're not sure of the answer to the question or women offered different answers than you, encourage discussion among the group. Share openly about how you responded to application questions and what God is teaching you through his Word.

Recommended Group Schedule

- Give any group announcements and open in prayer.
- · Watch the weekly video available at TyndaleChristianResources.com.
- Break into small groups, if applicable.
- Discuss video questions found on the Viewer Guide pages within your study.
- Discuss Bible study questions from the previous week. This guide provides recommended questions, but you have the freedom to choose your own questions as you study as well.
- Close in prayer. If you have time, you could ask for prayer requests. Or you might find it best to pass out
 notecards for women to write their prayer requests during the small group time and the leader can email
 them out to the group later.



Introductory Session

GATHER YOUR GROUP

Try to gather your group on time during this first session. It will set the expectation that meeting times will be observed in future sessions. If your group consists of one large group that breaks off into smaller groups, bring everyone together now.

OPEN IN PRAYER

EXPLAIN THE DETAILS

Share dates and times that you'll meet so your group members can commit to being there.

Open the study together and go through the layout. Remind women that they should attend each weekly meeting, even if they aren't able to finish their study work that week.

SHARE THE GUIDELINES OF THE GROUP

Sample guidelines:

- This group is a confidential, safe place, unless there is any indication of harm or danger.
- This group is a commitment.
- This group is a place to ask questions, encourage one another, and seek Christ together. It's a place where we will speak life, hope, and freedom into others, not a place to gossip.

WATCH INTRODUCTORY SESSION VIDEO

Instruct everyone to open to page 7 to take notes on the video session.

BREAK INTO SMALL GROUPS, IF APPLICABLE

DISCUSS INTRODUCTORY SESSION VIDEO

Pass around a sheet of paper for women to write down their contact information and share yours with the group.

Share with your group a little bit about how you came to know Jesus and why you're leading the group. Remember, women will follow your lead about how to share. Be open and vulnerable, but keep this brief.

Review the Introductory Session Video questions (page 7) together as a group.

Look through the next week of study together so women know what to expect. Let them know each day will take about thirty minutes to complete, but encourage them to come to the weekly meeting even if they haven't had time to complete their study at home.

Pray for your time together studying God's Word.

WEEK ONE

Study the Word

OPEN IN PRAYER

WATCH SESSION ONE VIDEO

BREAK INTO SMALL GROUPS, IF APPLICABLE

DISCUSS QUESTIONS ON SESSION ONE VIEWER GUIDE (PAGE 27)

DISCUSS WEEK ONE OF BIBLE STUDY

Day One | Sweeter than Honey

What are you tempted to desire more than God's Word? (page 11)

Share two or three of the mental struggles you selected from the list that often keep you from reading God's Word. (page II)

Day Two | Gather

How are the actions described in the shall statements of verses 6–9 necessary for keeping the command to love God with all your heart, soul, and might? (page 14)

What do you think is Moses' purpose for speaking the shall statements in verses 6–9 to the Israelites? (page 14)

Look back at verses i-3. Why should the Israelites work so hard to understand and remember God's commands? (page i4)

How might the main idea of Deuteronomy 6:4–9 apply to your circumstances? (page 14)

Day Three | Digest

Why are the contrasting descriptions of the righteous person and the wicked person so effective? (page 18)

What does the image of the tree show about a person who delights in and meditates on God's Word? (page 18)

Consider the passage that you read yesterday. Return to your answers or to Deuteronomy 6:1–9. What ideas or principles in the Deuteronomy passage are echoed in Psalm 1? (page 18)

How might the main idea of Psalm 1 apply to your circumstances? (page 18)

Day Four | Grow

What is different about the descriptions of how God speaks in verses I-6 and the descriptions of how God speaks in verses 7-II? (page 22)

How do you think seeing evidence of God in creation is different from learning about him in his Word? (page 22)

Look back at the benefits of God's Word you wrote in the chart. What words would you use to describe a person who is experiencing those benefits? (page 22

How might the main idea of Psalm 19 apply to your circumstances? (page 23)

Day Five | Enjoy

What themes did you notice in these verses? (page 25)

Which verse would you choose as the best example of these themes? (page 25)

What is the main idea of these passages on God's Word? (page 26)

How might the main idea of today's reading apply to your circumstances? (page 26)



WEEK TWO

The Unchanging Word

OPEN IN PRAYER

WATCH SESSION TWO VIDEO

BREAK INTO SMALL GROUPS, IF APPLICABLE

DISCUSS QUESTIONS ON SESSION TWO VIEWER GUIDE (PAGE 47)

DISCUSS WEEK TWO OF BIBLE STUDY

Day One | Historical Context

What do you know about the apostle Paul? If you don't know his background, read Acts 9:1-19. (page 30)

Summarize the concerns Paul has for the church in Ephesus. (page 30)

How would you describe Paul's relationship with the church in Ephesus based on this passage? (page 30)

Based on what you know about the apostle Paul, why do you think he begins his letter to the Ephesians with the content in Ephesians 1:1–14? (page 31)

Day Two | Literary Context

Read Acts 18:24–28. What happens in Ephesus to lead some people to have an incomplete understanding of the gospel? (page 33)

Share the important details you learned about the people of Ephesus from Acts 19:1–20:1. (page 34)

Based on what you learned about the church in Ephesus, what parts of Ephesians 1:1–14 may have been particularly important for them to grasp? Why? (page 34)

Day Three | Old Testament Genres

What are the main themes of the book of Ephesians? (page 38)

What is the primary purpose or message of the book of Ephesians? (page 38)

What details are mentioned in the video about Ephesians 1:1–14? (page 39)

What role or purpose does Ephesians 1:1–14 play in the larger message of the book of Ephesians? (page 39)

Day Four | New Testament Genres

What word is repeated three times in verse 3? What literary style is this passage written in based on this clue? (page 42)

Verses 3–14 are one long sentence in the original Greek language. Do you think this sentence is a statement of fact or a command? Why? (page 43)

Share the Old Testament images or concepts you noticed. (page 43)

What response do you think Paul is aiming to create in the hearts of the Ephesians? (page 43)

Day Five | Pay Attention

Share your summary, paraphrase, or outline of this passage. (page 45)

Look back at any repetition you noticed. Why might Paul be drawing attention to these concepts? Share your summaries of what he says about each repeated concept. (page 45)

What themes or details are standing out to you based on what you observed about the text? (page 45)



WEEK THREE

The Good News of the Word

OPEN IN PRAYER

WATCH SESSION THREE VIDEO

BREAK INTO SMALL GROUPS, IF APPLICABLE

DISCUSS QUESTIONS ON SESSION THREE VIEWER GUIDE (PAGE 69)

DISCUSS WEEK THREE OF BIBLE STUDY

Day One | Creation

What do you think is the purpose of this repetition? (page 51)

In verses 26–31, the pattern is no longer followed. What do you think is the significance of this break in the repetition? (page 51)

What is the main idea of Genesis 1? (page 52)

What did you learn about God, Jesus Christ, or the gospel from today's study? (page 52)

Day Two | Fall

Read Romans 1:21–25. What is humanity's deepest problem? (page 56)

Read Hebrews 2:14-15. How was the hope of Genesis 3:15 fulfilled in Jesus Christ? (page 56)

What is the main idea of Genesis 3? (page 56)

What did you learn about God, Jesus Christ, or the gospel from today's study? (page 56)

Day Three | Redemption

What does it prove that Jesus' death and resurrection fulfilled what was written in the Old Testament and what Jesus said about himself? (page 60)

Read Ephesians 2:4–8. What was accomplished through the grace offered by Jesus' death and resurrection? How are people saved? (page 6o)

What is the main idea of these passages on the death and resurrection of Jesus? (page 60)

What did you learn about God, Jesus Christ, or the gospel from today's study? (page 61)

Day Four | Consummation

How does God's future dwelling place offer hope to his people still living in a broken world? (page 64)

Read I Peter I:3-5. Describe the hope of believers. How do believers receive this hope? How is it secured? (page 64)

What is the main idea of these passages on the consummation? (page 64)

What did you learn about God, Jesus Christ, or the gospel from today's study? (page 64)

Day Five | Patterns of the Redemption Story

Share how you saw the pattern of creation displayed in Ephesians 1:1-14. (page 67)

Share how you saw the pattern of the fall displayed in Ephesians 1:1–14. (page 67)

Share how you saw the pattern of redemption displayed in Ephesians 1:1–14. (page 67)

Share how you saw the pattern of consummation displayed in Ephesians 1:1–14. (page 67)

What did you learn about God, Jesus Christ, or the gospel from today's study? (page 68)



WEEK FOUR

Transformed by the Word

OPEN IN PRAYER

WATCH SESSION FOUR VIDEO

BREAK INTO SMALL GROUPS, IF APPLICABLE

DISCUSS QUESTIONS ON SESSION FOUR VIEWER GUIDE (PAGE 87)

DISCUSS WEEK FOUR OF BIBLE STUDY

Day One | Cross-References

Ask each woman to choose one of the cross-references she looked up, read it out loud, and share what connection she saw between that cross-reference and Ephesians 1:1–14. (page 72)

What did you learn about God, Jesus Christ, or the gospel from today's study? (page 73)

Day Two | Digest the Main Idea

What is Paul talking about in Ephesians 1:1–14? (page 76)

What is Paul saying about it? (page 76)

What is the main idea of this passage? (Remember: combine your two answers above into one sentence and you have your main idea.) (page 76)

What supporting evidence can you offer? (page 76)

Day Three | Seeing God's Character in All of Scripture

Review the list of God's attributes and share which ones you see in Ephesians 1:1-14. (page 80)

What did you learn about God from today's study? (page 80)

Share how you chose to respond to God's Word today. (page 81)



Day Four | Seeing Jesus Christ in All of Scripture

How does this passage utilize a principle, teaching, or event from the life of Jesus? (page 83)

How does this passage show Jesus' impact on a believer's past, present, or future? (page 83)

What did you learn about Jesus Christ from today's study? (page 84)

Day Five | Grow in Godliness

How might the main idea of Ephesians 1:1–14 apply to your circumstances? (page 86)

Share how you chose to respond to God's Word today. (page 86)



WEEK FIVE

The Word in Every Season

OPEN IN PRAYER

WATCH SESSION FIVE VIDEO

BREAK INTO SMALL GROUPS, IF APPLICABLE

DISCUSS QUESTIONS ON SESSION FIVE VIEWER GUIDE (PAGE 107)

DISCUSS WEEK FIVE OF BIBLE STUDY

Day One | Study the Bible from Start to Finish

How does Ruth show kindness to Naomi? (page 91)

How does Boaz show kindness to Ruth? (page 91)

Look again at Ruth 2:19–21. Do you agree with Naomi's assessment of God's actions toward her in verse 20? Why or why not? (page 91)

What does this story display about God's relationship with his covenant people? (page 91)

Day Two | Study the Bible by Theme

Share how you saw the pattern of creation displayed in the book of Ruth. (page 95)

Share how you saw the pattern of the fall displayed in the book of Ruth. (page 95)

Share how you saw the pattern of redemption displayed in the book of Ruth. (page 95)

Share how you saw the pattern of consummation displayed in the book of Ruth. (page 95)

What did you learn about God, Jesus Christ, or the gospel from today's study? (page 96)

Day Three | Study the Bible Verse by Verse

What does the change in Naomi demonstrate about redemption? (page 98)

Now look back at Ruth 4:13–17. Considering the larger context of the book of Ruth that you just identified, what is the main idea of this passage? (page 98)

What attributes of God are displayed in Ruth 4:13–17? (page 99)

What people in this story show us a glimpse of who Jesus will be? How will Jesus Christ be even better? (page 99)

Day Four | Study the Bible by Topic

What themes or details are repeated across all these verses? (page 102)

What is different from the redemption that happens in the book of Ruth and the redemption described in the New Testament verses you read today? (page 102)

How would you explain or define New Testament redemption according to the verses you read today? (page 102)

Day Five | Stay in the Bible in Hard Seasons

What connections do you see between the themes of this psalm and the themes of the book of Ruth? (page 105)

What attributes of God do you see displayed in Psalm 103? (page 105)

What glimpses of Jesus or the gospel do you see in Psalm 103? (page 105)

Which verses from Psalm 103 did your soul need today? (page 106)



WEEK SIX

The Word in Everyday Life

OPEN IN PRAYER

WATCH SESSION SIX VIDEO

BREAK INTO SMALL GROUPS, IF APPLICABLE

DISCUSS QUESTIONS ON SESSION SIX VIEWER GUIDE (PAGE 129)

DISCUSS WEEK SIX OF BIBLE STUDY

Day One | Linger in the Word

Why was it important for the disciples to learn about abiding in Christ right before Jesus died on the cross? (page 112)

What is the main idea of this passage? (page 112)

How is biblical meditation a form of abiding in God's Word? (page 112)

How might the main idea of John 15:1–11 apply to your circumstances? (page 113)

Day Two | Pray the Word

How does abiding in Christ and his words abiding in us transform the way we ask for something? (page 116)

How does it transform what we ask for? (page 116)

Why does abiding in Christ and his words abiding in us make the sweeping promise "it will be done for you" possible? (page 116)

How do prayer and studying God's Word work together? (page 117)

Day Three | Love the Word

What kind of relationship does Jesus encourage his disciples to have with his words? (page 119)

Why is obedience a fruit of abiding in Christ and his words abiding in you? (page 119)

Read I John 2:3-6. What evidence demonstrates that a believer is in Christ? (page 120)

What did you learn about God, Jesus Christ, or the gospel from today's study? (page 120)

Day Four | Fellowship in the Word

Read Colossians 3:16. What actions of fellowship are the result of the Word of Christ dwelling richly within us? (page 124)

What is the main idea of this passage? (page 124)

What did you learn about God, Jesus Christ, or the gospel from today's study? (page 125)

How might the main idea of John 15:12–17 apply to your circumstances? (page 125)

Day Five | The Fruit of the Word

Look at verse 11. What do you think the phrase *these things* refers to? (page 127)

What connection does this passage make between abiding, fruit, and love? (page 127)

What connection does joy have to this relationship between abiding, fruit, and love? (page 127)

Share how you chose to respond to God's Word today. (page 128)

