

Parents of Neurodivergent Transitional Age Youth

- *Information and tools to guide next steps*
- *Promote confidence and independence*
- *Experience-based guidance and resources*

We invite you to our workshops for **parents of neurodivergent young adults**. Led by Erin Shaheen, these workshops draw from her professional background as a disability advisor and her personal experience parenting a neurodivergent young adult, offering a unique space of **compassionate, practical support**. With content designed to provide a focused space for identifying key strategies and resources, you will leave feeling better equipped and supported to guide your child toward a **successful and independent launch**.

"Children learn how to make good decisions by making decisions, not by following directions." Alfie Kohn, Author and Lecturer on Education



Preparing for College and University

For parents whose neurodivergent child is attending post-secondary in the fall



Facilitator: Erin Shaheen

Two-part virtual workshop

Saturday August 9th and 16th, 2025 1-2:30pm

Registration Deadline: August 2nd, 2025

\$165 (tax included), nonrefundable after deadline



REGISTER NOW

What you'll gain:

- > Knowledge on funding, housing, accommodations, learning and peer support programs**
- > Tips to balance independence and academic success**
- > Skills to encourage executive functioning and self-advocacy**
- > Feel more equipped, connected and confident**

Examples based on local institutions with guidance and support to apply concepts to institutions across Ontario

