

THE CLARITY MODEL

A COMPASSIONATE APPROACH TO UNDERSTANDING COMPLEX BEHAVIOR



DO BEHAVIORS FEEL MORE COMPLEX THAN EVER? ARE YOU NOTICING AN INCREASE IN AGGRESSION? ARE MORE CHILDREN REFUSING OR WITHDRAWING AFTER REQUESTS? DO YOU FEEL LIKE YOU NEED MORE TOOLS TO UNDERSTAND HOW TO RESPOND?

If you're struggling with challenging behavior, you're not alone. Children's behavior has become more complex, adding to the already-heavy weight that professionals carry.

Dr. Amy, psychologist and expert in relational health, created The CLARITY Model as a direct response to professional overwhelm when it comes to understanding both externalizing (acting out) and internalizing (withdrawal or refusal) behavior.

The CLARITY Model helps you discern tough behavior, respond with more compassion, and feel more competent. Here's what the workshop entails:

- Half-day training for professionals
- Deep dive into understanding challenging behaviors
- Case-based scenarios for better integration of skills
- A new, strength-based model that gives actionable tools, not just ideas
- Less overwhelm and stress related to complex behaviors

"THE CLARITY MODEL WAS THE BEST TOOL I LEARNED DURING THIS CONFERENCE. I'M TAKING IT BACK TO MY COLLEAGUES. I'LL REFER TO IT ALL OF THE TIME, THANK YOU!"

~ HEAD START EDUCATOR

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